

CHAPTER V

CONCLUSIONS AND RECOMMENDATIONS

A. Conclusion

Based on the results of the data and the average percentage of the learning process can be concluded that the roll backroll roll backroll through a variety of materials such as support peer learning , relay games and games "get it ball " can provide significant influence on the learning process in a backroll roll material for Private high school class XI of SMA Harapan 2 Medan field with average value of 72 % on the initial conditions (not completed) , on the implementation of the post -test I value students' average initial test increased to 50 % (not complete) , and the post - implementation II test score average student has reached 86.84 % (Completed) .

B. Suggestion

Based on the above conclusions , the researchers suggest :

- 1 . In order for Physical Education teachers should roll backroll implementation of learning gymnastics floor variation presented in the form of learning .
- 2 . Private high school in order to SMA Harapan 2 Medan more enterprising and eager to absorb the material, especially backrollon learning gymnastics floor .
- 3 . Phsycal education that teachers at school noticed and develop better teaching methods .

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