ABSTRAK

INES MANALU. Pengaruh Kegiatan Tari Anak Kontemporer Terhadap Kemampuan Motorik Kasar Anak Usia 5–6 Tahun Di TK Sandhy Putra. Skripsi. Medan: Fakultas Ilmu Pendidikan Universitas Negeri Medan 2026.

Penelitian ini bertujuan untuk mengetahui pengaruh kegiatan tari anak kontemporer terhadap kemampuan motorik kasar aspek lokomotor anak usia 5–6 tahun di TK Sandhy Putra. Penelitian ini menggunakan pendekatan kuantitatif dengan jenis penelitian kuasi eksperimen dan desain *Nonequivalent Control Group Design*. Populasi penelitian berjumlah 44 anak kelompok B TK Sandhy Putra, sedangkan sampel penelitian berjumlah 30 anak yang dipilih menggunakan teknik *purposive sampling*, terdiri atas 15 anak pada kelas eksperimen dan 15 anak pada kelas kontrol. Kelompok eksperimen diberikan perlakuan berupa kegiatan tari anak kontemporer, sedangkan kelompok kontrol mengikuti pembelajaran melalui permainan tradisional engklek. Pengumpulan data dilakukan menggunakan lembar observasi kemampuan motorik kasar berdasarkan *Test of Gross Motor Development*-2 (TGMD-2). Data dianalisis menggunakan statistik nonparametrik dengan uji *Mann–Whitney* pada taraf signifikansi 0,05. Hasil penelitian menunjukkan bahwa kemampuan motorik kasar anak pada kedua kelompok mengalami peningkatan setelah diberikan stimulasi yang berbeda, namun peningkatan pada kelompok eksperimen lebih tinggi dibandingkan kelompok kontrol. Hasil *posttest* menunjukkan bahwa kelompok eksperimen memperoleh nilai rata-rata sebesar 36 dengan kategori Berkembang Sesuai Harapan (BSH), sedangkan kelompok kontrol memperoleh nilai rata-rata sebesar 21 dengan kategori Mulai Berkembang (MB). Hasil uji *Mann–Whitney* menunjukkan nilai Asymp. Sig. (2-tailed) < 0,001 atau p < 0,05, sehingga H□ ditolak dan H□ diterima. Dengan demikian, kegiatan tari anak kontemporer berpengaruh signifikan terhadap kemampuan motorik kasar aspek lokomotor anak usia 5–6 tahun di TK Sandhy Putra.

Kata Kunci : Tari Anak Kontemporer, Motorik Kasar, Gerak Lokomotor, Anak Usia 5–6 Tahun.

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ABSTRACT

INES MANALU. The Effect of Contemporary Children's Dance Activities on Gross Motor Skills of Children Aged 5–6 Years at TK Sandhy Putra. Skripsi. Medan: Faculty of Education. State University of Medan. 2026.

This study aimed to determine the effect of contemporary children's dance activities on the locomotor aspect of gross motor skills among children aged 5–6 years at TK Sandhy Putra. This study employed a quantitative approach using a quasi-experimental method with a Nonequivalent Control Group Design. The population consisted of 44 children in Group B of TK Sandhy Putra, while the sample comprised 30 children selected through purposive sampling, including 15 children in the experimental group and 15 children in the control group. The experimental group received treatment in the form of contemporary children's dance activities, whereas the control group participated in traditional hopscotch (engklek) games. Data were collected using a gross motor skill observation sheet based on the Test of Gross Motor Development-2 (TGMD-2). The data were analyzed using nonparametric statistics through the Mann–Whitney test at a significance level of 0.05. The findings showed that gross motor skills improved in both groups after receiving different types of stimulation, but the improvement in the experimental group was greater. The posttest mean score of the experimental group was 36 (Developing as Expected), while the control group obtained a mean score of 21 (Beginning to Develop). The Mann–Whitney test yielded an Asymp. Sig. (2-tailed) value of <0.001 ($p < 0.05$), indicating that contemporary children's dance activities had a significant effect on the locomotor aspect of gross motor skills among children aged 5–6 years at TK Sandhy Putra.

Keywords : Contemporary Children’s Dance, Gross Motor Skills, Locomotor Movement, Children Aged 5–6 Years.

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