

## ABSTRAK

**SUGITA LIDYA THERESIA LINGGA. Pengaruh Layanan Bimbingan Klasikal Terhadap Perencanaan Karir Pada Siswa Kelas XI Teknik Komputer dan Jaringan di SMK Negeri 1 Lintongnihuta Tahun Ajaran 2025/2026. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan 2026.**

Penelitian ini dilaksanakan untuk menganalisis pengaruh layanan bimbingan klasikal terhadap perencanaan karir siswa kelas XI Program Keahlian Teknik Komputer dan Jaringan (TKJ) di SMK Negeri 1 Lintongnihuta Tahun Ajaran 2025/2026. Permasalahan yang dikaji dalam penelitian ini adalah apakah layanan bimbingan klasikal berpengaruh terhadap perencanaan karir siswa kelas XI TKJ di SMK Negeri 1 Lintongnihuta Tahun Ajaran 2025/2026. Penelitian menggunakan pendekatan kuantitatif dengan metode eksperimen semu (*Quasi Experiment*) melalui rancangan *One Group Pretest-Posttest Design*. Subjek penelitian terdiri atas 33 siswa kelas XI TKJ 1. Berdasarkan hasil pengukuran awal (*pre-test*), diketahui bahwa 24 siswa berada pada kategori perencanaan karir rendah dan 9 siswa berada pada kategori sedang. Pengumpulan data dilakukan menggunakan angket perencanaan karir yang berjumlah 35 butir pernyataan. Hasil pengujian instrumen menunjukkan bahwa 31 butir pernyataan dinyatakan valid, sedangkan 4 butir lainnya tidak memenuhi kriteria validitas. Uji reliabilitas menghasilkan koefisien sebesar 0,904 yang menunjukkan bahwa instrumen memiliki tingkat reliabilitas yang sangat tinggi. Angket diberikan kepada responden sebelum dan sesudah pelaksanaan layanan bimbingan klasikal. Teknik analisis data yang digunakan meliputi uji normalitas dan uji *Wilcoxon Signed Rank Test* untuk menguji pengaruh perlakuan terhadap perencanaan karir siswa. Hasil penelitian menunjukkan adanya peningkatan perencanaan karir setelah pemberian layanan bimbingan klasikal. Rata-rata skor perencanaan karir siswa sebelum perlakuan sebesar 57,03, sedangkan setelah perlakuan meningkat menjadi 104,52. Dengan demikian, terjadi peningkatan skor rata-rata sebesar 47,49 atau sebesar 45,38%. Hasil pengujian hipotesis menunjukkan nilai Asymp. Sig. (2-tailed) sebesar 0,000 dengan taraf signifikansi 0,05 dan nilai Z sebesar -5,014. Karena nilai signifikansi yang diperoleh lebih kecil dari 0,05 ( $0,000 < 0,05$ ), maka hipotesis alternatif ( $H_a$ ) diterima dan hipotesis nol ( $H_0$ ) ditolak. Berdasarkan hasil tersebut dapat disimpulkan bahwa layanan bimbingan klasikal berpengaruh secara signifikan terhadap perencanaan karir siswa kelas XI Program Keahlian Teknik Komputer dan Jaringan di SMK Negeri 1 Lintongnihuta Tahun Ajaran 2025/2026.

**Kata Kunci : Layanan Bimbingan Klasikal, Perencanaan Karir, Siswa SMK.**

## **ABSTRACT**

**SUGITA LIDYA THERESIA LINGGA. The Effect of Classical Guidance Services on Career Planning Among Grade XI Computer and Network Engineering Students at SMK Negeri 1 Lintongnihuta T.A 2025/2026. Skripsi. Medan: Faculty of Education. State University of Medan. 2026.**

This study aimed to examine the effect of classical guidance services on the career planning of XI grade students in the Computer and Network Engineering (TKJ) Department at SMK Negeri 1 Lintongnihuta during the 2025/2026 academic year. The research problem addressed in this study was whether classical guidance services significantly affected the career planning of eleventh-grade students in the Computer and Network Engineering Department at SMK Negeri 1 Lintongnihuta. This study employed a quantitative approach using a quasi experiment method with a One-Group Pretest–Posttest Design. The participants consisted of 33 students from Class XI TKJ 1. Based on the pre-test results, 24 students were categorized as having low career planning, while 9 students were categorized as having moderate career planning. Data were collected using a career planning questionnaire consisting of 35 statement items. The validity test showed that 31 items were valid and 4 items were invalid. The reliability coefficient was 0.904, indicating that the instrument had a very high level of reliability. The questionnaire was administered before (pre-test) and after (post-test) the implementation of classical guidance services. Data analysis techniques included the normality test and the Wilcoxon Signed-Rank Test to determine the effect of the treatment on students' career planning. The findings revealed a significant improvement in students' career planning after receiving classical guidance services. The mean score increased from 57.03 in the pre-test to 104.52 in the post-test, resulting in an increase of 47.49 points or 45.38%. The results of hypothesis testing showed an Asymp. Sig. (2-tailed) value of 0.000 at a significance level of 0.05 and a Z-value of -5.014. Since the significance value was lower than 0.05 ( $0.000 < 0.05$ ), the alternative hypothesis ( $H_a$ ) was accepted and the null hypothesis ( $H_0$ ) was rejected. Therefore, it can be concluded that classical guidance services had a significant effect on the career planning of XI grade students in the Computer and Network Engineering Department at SMK Negeri 1 Lintongnihuta during the 2025/2026 academic year.

**Keywords : Classical Guidance Services; Career Planning; Vocational High School Students**