ABSTRAK

SRI RIZKI RAHMAWATY SARAGIH. Pengaruh Layanan Konseling Kelompok Teknik Problem solving Terhadap Pengurangan Perilaku Membolos Siswa Kelas XI di SMA N 6 Pematangsiantar T.A 2024/2026. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2026.

Penelitian ini bertujuan untuk mengetahui dan menganalisis pengaruh konseling kelompok teknik problem solving terhadap perilaku membolos siswa kelas XI SMA N 6 Pematangsiantar. Pendekatan penelitian ini yaitu pra eksperimen dengan desain penelitian Kelompok Tunggal (desain one group pretest-posttest). Subjek dalam penelitian ini adalah siswa kelas XI M-3, XI M-6 dan XI M-10 di SMA N 6 Pematangsiantar dengan total pupulasi ada 30 responden dan melalui screening data diperoleh 10 siswa yang akan menjadi subjek penelitian pada layanan konseling kelompok teknik problem solving. Metode pengumpulan data menggunakan kuesioner tertutup dengan skala perilaku membolos siswa. Data skor rata-rata keseluruhan pre-test 160,100 dan post-test 115,400 dengan selisih penurunan sebesar 44,700 atau 27,92% . Analisis data penelitian ini menggunakan Uji Wilcoxon sebagai uji hipotesis. Berdasarkan hasil analisis data dengan uji Wilcoxon dengan bantuan SPSS Statistic versi 25 diketahui bahwa nilai Asymp Sig. (2-tailed) lebih kecil dari 0,05 atau 0,012 < 0,05 dan nilai Z adalah -2,527. Artinya ada perubahan selisih penurunan perilaku membolos siswa yang tinggi ke rendah setelah diberikan layanan konseling kelompok teknik problem solving. Dengan kata lain hipotesis dalam penelitian ini diterima. Berdasarkan hasil penelitian menunjukan bahwa terdapat pengaruh layanan konseling kelompok teknik problem solving terhadap pengurangan perilaku membolos siswa kelas XI di SMA N 6 Pematangsiantar.

Kata Kunci : Perilaku Membolos, Konseling Kelompok, Problem solving

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ABSTRACT

SRI RIZKI RAHMAWATY SARAGIH. The Effect of Problem-Solving Group Counseling Services on Reducing Truancy in Grade XI Students at SMA N 6 Pematangsiantar, Academic Year 2024/2026. Skripsi. Medan: Faculty of Education, State University of Medan. 2026.

This study aims to determine and analyze the effect of problem-solving group counseling on truancy in grade XI students at SMA N 6 Pematangsiantar. The research approach was pre-experimental with a single-group research design (one group pretest-posttest design). The subjects were grades XI M-3, XI M-6, and XI M-10 students at SMA N 6 Pematangsiantar, with a total population of 30 respondents. Through data screening, 10 students were selected as research subjects for the problem-solving group counseling service. The data collection method used a closed-ended questionnaire with a truancy behavior scale. The overall average pre-test score was 160.100 and the post-test score was 115.400, with a decrease of 44.700, or 27.92%. This research data analysis used the Wilcoxon test to test the hypothesis. Based on the results of the data analysis using the Wilcoxon test with SPSS Statistics version 25, the Asymp Sig. (2-tailed) value was less than 0.05 (0.012 < 0.05), and the Z value was -2.527. This means there was a difference in the decrease in truancy behavior of students from high to low levels after being provided with problem-solving group counseling services. In other words, the hypothesis in this study was accepted. The results of the study indicate that problem-solving group counseling services have an effect on reducing truancy behavior in 11th-grade students at SMA N 6 Pematangsiantar.

Keywords: Truancy Behavior, Group Counseling, Problem solving

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