

## DAFTAR GAMBAR

Gambar	Hal
1. Tendangan dengan Punggung Kaki .....	12
2. Skema Sistem Tangga .....	13
3. Latihan <i>Pressure Shooting Drill</i> Variasi I .....	17
4. Latihan <i>Pressure Shooting Drill</i> Variasi II .....	18
5. Latihan <i>Pressure Shooting Drill</i> Variasi III .....	19
6. Latihan <i>Shooting After Receiving</i> Variasi I .....	21
7. Latihan <i>Shooting After Receiving</i> Variasi II .....	22
8. Latihan <i>Shooting After Receiving</i> Variasi III .....	23
9. Diagram Lapangan Tes Menendang Bola Ke Sasaran .....	31
10. Foto Dokumentasi Penelitian .....	80

THE  
*Character Building*  
UNIVERSITY