

ABSTRAK

NOVI FHITRI ADE. Pengaruh Permainan *Table Football World* Terhadap Kemampuan Motorik Halus Siswa Kelas I SD Negeri 066056 Medan Denai. Skripsi. Medan: Fakultas Ilmu Pendidikan Universitas Negeri Medan, 2026.

Penelitian ini dilatarbelakangi oleh pentingnya pengembangan kemampuan motorik halus pada siswa sekolah dasar, khususnya siswa kelas I yang masih berada pada tahap perkembangan koordinasi gerak. Kemampuan motorik halus berkaitan dengan koordinasi otot-otot kecil yang melibatkan ketepatan gerakan, koordinasi mata dan tangan, serta kontrol otot dan jari tangan. Kemampuan ini perlu distimulasi melalui kegiatan pembelajaran yang tepat agar dapat berkembang secara optimal. Berdasarkan hasil wawancara, masih terdapat beberapa siswa yang mengalami kesulitan dalam mengontrol gerakan tangan dan jari dengan baik, sehingga kemampuan motorik halus siswa perlu ditingkatkan. Salah satu media yang dapat digunakan untuk melatih kemampuan tersebut adalah permainan *Table Football World*. Penelitian ini bertujuan untuk mengetahui pengaruh penggunaan media permainan *Table Football World* terhadap kemampuan motorik halus siswa kelas I SD Negeri 066056 Medan Denai. Penelitian ini menggunakan pendekatan kuantitatif dengan desain *Quasi Experimental* berbentuk *Nonequivalent Control Group Design*. Sampel penelitian terdiri dari dua kelas, yaitu kelas eksperimen dan kelas kontrol yang masing-masing berjumlah 17 siswa. Pengumpulan data dilakukan melalui tes praktik kemampuan motorik halus pada saat *pretest* dan *posttest*, kemudian dianalisis menggunakan uji *Independent Sample t-Test*. Hasil penelitian menunjukkan bahwa nilai rata-rata *posttest* kelas eksperimen sebesar 82, sedangkan kelas kontrol sebesar 72. Hasil uji hipotesis menunjukkan nilai Sig. (2-tailed) sebesar $0,001 < 0,05$, sehingga H_0 ditolak dan H_a diterima. Dengan demikian dapat disimpulkan bahwa penggunaan media permainan *Table Football World* berpengaruh signifikan terhadap kemampuan motorik halus siswa kelas I SD Negeri 066056 Medan Denai.

Kata Kunci: Pengaruh, *Table Football World*, Motorik Halus

ABSTRACT

NOVI FHITRI ADE. The Effect of the Table Football World Game on the Fine Motor Skills of First Grade Students at SD Negeri 066056 Medan Denai. Skripsi. Medan: Faculty of Education, State University of Medan, 2026.

This research is motivated by the importance of developing fine motor skills in elementary school students, particularly first-grade students who are still in the stage of motor coordination development. Fine motor skills are related to the coordination of small muscles involving movement accuracy, eye-hand coordination, as well as muscle and finger control. These skills need to be stimulated through appropriate learning activities so they can develop optimally. Based on the interview results, there are still some students who experience difficulties in controlling their hand and finger movements properly; thus, students' fine motor skills need to be improved. One of the media that can be used to train these skills is the Table Football World game. This research aims to determine the effect of using the Table Football World game media on the fine motor skills of first-grade students at SD Negeri 066056 Medan Denai. This research uses a quantitative approach with a Quasi-Experimental design in the form of a Nonequivalent Control Group Design. The research sample consisted of two classes, namely the experimental class and the control class, each comprising 17 students. Data collection was carried out through practical tests of fine motor skills during the pretest and posttest, which were then analyzed using the Independent Sample t-Test. The research results showed that the posttest mean score of the experimental class was 82, while the control class was 72. The hypothesis test results showed a Sig. (2-tailed) value of $0.001 < 0.05$, so H_0 is rejected and H_a is accepted. Thus, it can be concluded that the use of the Table Football World game media has a significant effect on the fine motor skills of first-grade students at SD Negeri 066056 Medan Denai.

Keywords: Effect, Table Football World, Fine Motor Skills.

