

ABSTRAK

MarioNaris Alfonso Pakpahan, (NIM 6213311066). Survei Keterampilan Sosial Siswa Dalam Kegiatan Ekstrakurikuler Olahraga Siswa Kelas X Di SMA Swasta Santo Petrus Sidikalang. (Pembimbing Skripsi: Eva Faridah) Skripsi : Fakultas Ilmu Keolahragaan Universitas Negeri Medan 2026.

Tujuan penelitian ini untuk mendeskripsikan Keterampilan Sosial Siswa Dalam Kegiatan Ekstrakurikuler Olahraga Siswa Kelas X Di SMA Swasta Santo Petrus Sidikalang. Dalam penelitian ini digunakan metode deskriptif kuantitatif, yaitu suatu metode penelitian yang bertujuan untuk menggambarkan hasil data secara sistematis, faktual, dan akurat. Penelitian ini dilakukan untuk mengetahui secara rinci gambaran keterampilan sosial siswa dalam kegiatan ekstrakurikuler olahraga siswa Kelas X Di SMA Swasta Santo Petrus Sidikalang. Metode ini dipilih karena sesuai untuk mengukur tingkat keterampilan sosial siswa dengan menggunakan instrumen berupa angket yang disebarakan kepada responden yang akan diuji validitas dan reabilitas dalam uji prasyarat sehingga hasilnya dapat dianalisis secara statistik, yaitu uji analisis data untuk mencari hasil berupa presentase, untuk menggambarkan kecenderungan motivasi berprestasi mereka. Sampel dalam penelitian ini adalah Siswa dalam Kegiatan Ekstrakurikuler Olahraga Kelas X yang didapat ada 50 siswa. Instrumen yang digunakan dalam penelitian ini adalah angket keterampilan sosial. Data diperoleh bahwa tingkat keterampilan sosial siswa berada dalam kategori "Cukup". Persentase cukup di angka 56%, sedangkan kategori "Baik" berada pada rentang 36%, Selanjutnya kategori kurang baik ada di angka 8%. Hal ini menunjukkan bahwa para siswa memiliki tingkat keterampilan sosial dalam ekstrakurikuler dengan kategori cukup baik, seperti keinginan untuk ramah, sopan, disiplin, dan peduli sosial

Kata Kunci : Survei, Keterampilan Sosial, Ekstrakurikuler, SMA



ABSTRACT

Mario Naris Alfonso Pakpahan (Student ID: 6213311066). A Survey of Students' Social Skills in Sports Extracurricular Activities among Grade X Students at Santo Petrus Private Senior High School, Sidikalang. (Thesis Supervisor: Eva Faridah) Undergraduate Thesis: Faculty of Sport Sciences, Universitas Negeri Medan, 2026.

The purpose of this study was to describe the profile of students' social skills in sports extracurricular activities among Grade X students at Santo Petrus Private Senior High School, Sidikalang. This study employed a quantitative descriptive research method, which aims to systematically, factually, and accurately describe data concerning facts and characteristics of a particular population. This research was conducted to obtain a detailed description of students' social skills in sports extracurricular activities among Grade X students at Santo Petrus Private Senior High School, Sidikalang. This method was selected because it is appropriate for measuring the level of students' social skills using an instrument in the form of a questionnaire distributed to respondents, allowing the results to be statistically analyzed to describe tendencies in their achievement motivation. Data were collected through the distribution of a questionnaire consisting of 10 items. This study was conducted starting in December 2025. The population of this study consisted of Grade X students participating in sports extracurricular activities at Santo Petrus Private Senior High School, Sidikalang. The sample comprised 50 Grade X students involved in sports extracurricular activities. The research instrument used was a social skills questionnaire. Based on the analysis of 50 samples, the results showed that the level of students' social skills was categorized as "Fair." The percentage in the fair category was 56%, while the "Good" category accounted for 36%, and the "Poor" category was 8%. These findings indicate that students possess a fairly good level of social skills in extracurricular sports activities, such as being friendly, polite, disciplined, and socially caring.

Keywords: Survey, Social Skills, Extracurricular, Senior High School