

DAFTAR LAMPIRAN

Lampiran 1. <i>Informed Consent</i>	46
Lampiran 2. Program Latihan	46
Lampiran 3. Deskriptif Statistik Hasil <i>Pretest</i> dan <i>Posttest</i>	48
Lampiran 4. Uji Normalitas	49
Lampiran 5. Uji t	51
Lampiran 6. Tabel Distribusi Nilai t	53
Lampiran 7. Tabel Shapiro Wilk	54
Lampiran 8. Dokumentasi	55

