

ABSTRAK

Aina Putri Khalishah. 5213142001. “Hubungan Pengetahuan Bahan Makanan dan Dukungan Orang Tua dengan Hasil Praktik Kue Tradisional dari Tepung Terigu di SMK Swasta Pariwisata Imelda Medan”. Pendidikan Tata Boga. Pendidikan Kesejahteraan Keluarga. Fakultas Teknik. Universitas Negeri Medan. 2026.

Penelitian ini bertujuan untuk mengetahui : (1) Pengetahuan bahan makanan; (2) Dukungan orang tua; (3) Hasil praktik kue tradisional dari tepung terigu; (4) Hubungan pengetahuan bahan makanan dengan hasil praktik kue tradisional dari tepung terigu; (5) Hubungan dukungan orang tua dengan hasil praktik kue tradisional dari tepung terigu; (6) Hubungan pengetahuan bahan makanan dan dukungan orang tua dengan hasil praktik kue tradisional dari tepung terigu di SMK Swasta Pariwisata Imelda Medan. Waktu penelitian dilakukan November 2025. Teknik pengambilan sampel yang digunakan adalah *random sampling* dengan jumlah 40 siswa. Teknik pengumpulan data dalam penelitian adalah tes, angket dan lembar penilaian hasil praktik. Teknik analisis data secara deskriptif, tingkat kecenderungan dan uji persyaratan analisis menggunakan uji normalitas dan uji linieritas, serta uji hipotesis dengan uji korelasi *product moment*, uji parsial, dan korelasi ganda.

Hasil penelitian menunjukkan bahwa tingkat kecenderungan pengetahuan bahan makanan termasuk kategori baik sebesar 55 persen, dukungan orang tua termasuk kategori cukup sebesar 52,5 persen, dan hasil praktik kue tradisional dari tepung terigu termasuk kategori baik sebesar 72,5 persen. Hasil analisis korelasi parsial, terdapat hubungan yang positif dan signifikan antara pengetahuan bahan makanan dengan hasil praktik kue tradisional dari tepung terigu dengan nilai koefisien parsial 0,781 dan nilai $t_{hitung} > t_{tabel}$ ($7,715 > 2,023$) pada taraf signifikan 5 persen. Terdapat hubungan yang positif dan signifikan antara dukungan orang tua dengan hasil praktik kue tradisional dari tepung terigu dengan nilai koefisien parsial 0,376 dan nilai $t_{hitung} > t_{tabel}$ ($2,503 > 2,023$) pada taraf signifikan 5 persen. Hasil analisis korelasi ganda, terdapat hubungan yang positif dan signifikan antara pengetahuan bahan makanan dan dukungan orang tua dengan hasil praktik kue tradisional dari tepung terigu dengan nilai koefisien 0,889 dan nilai $F_{hitung} > F_{tabel}$ ($69,73 > 3,26$) pada taraf signifikan 5 persen.

Kata Kunci: Pengetahuan Bahan Makanan; Dukungan Orang Tua; Hasil Praktik Kue Tradisional; Tepung Terigu

ABSTRACT

Aina Putri Khalishah. 5213142001. "The Relationship Between Knowledge of Food Ingredients and Parental Support with the Results of Traditional Cake Practices from Wheat Flour at Imelda Private Tourism Vocational High School, Medan." Culinary Arts Education. Family Welfare Education. Faculty of Engineering. State University of Medan. 2026.

This study aims to determine: (1) Knowledge of food ingredients; (2) Parental support; (3) Results of traditional cake practice from wheat flour; (4) The relationship between knowledge of food ingredients and the results of traditional cake practice from wheat flour; (5) The relationship between parental support and the results of traditional cake practice from wheat flour; (6) The relationship between knowledge of food ingredients and parental support and the results of traditional cake practice from wheat flour at Imelda Medan Private Tourism Vocational School. The research was conducted in November 2025. The sampling technique used was random sampling with a total of 40 students. Data collection techniques in the study were tests, questionnaires and assessment sheets for the results of practice. The data analysis technique was descriptive, the level of tendency and the analysis requirements test used normality tests and linearity tests, as well as hypothesis testing with product moment correlation tests, partial tests, and multiple correlations.

The results showed that the trend level of food ingredient knowledge was categorized as good at 55 percent, parental support was categorized as adequate at 52.5 percent, and the results of the traditional wheat flour cake practice were categorized as good at 72.5 percent. The partial correlation analysis revealed a positive and significant relationship between food ingredient knowledge and the results of the traditional wheat flour cake practice, with a partial coefficient of 0.781 and a calculated $t_{\text{value}} > t_{\text{table}}$ ($7.715 > 2.023$) at the 5 percent significance level. There is a positive and significant relationship between parental support and the results of traditional cake practices from wheat flour with a partial coefficient value of 0.376 and a calculated $t_{\text{value}} > t_{\text{table}}$ ($2.503 > 2.023$) at a significance level of 5 percent. The results of multiple correlation analysis, there is a positive and significant relationship between knowledge of food ingredients and parental support with the results of traditional cake practices from wheat flour with a coefficient value of 0.889 and a calculated $F_{\text{value}} > F_{\text{table}}$ ($69.73 > 3.26$) at a significance level of 5 percent.

Keyword: Knowledge of Food Ingredients; Parental Support; Result of Traditional Cake Practice; Wheat Flour