

ABSTRAK

SETIA MARIOTANDEAN. Pengaruh Konseling Kelompok Teknik *Positive Reinforcement* Terhadap Kedisiplinan Mematuhi Tata Tertib Sekolah Siswa Kelas VIII SMP YPI Amir Hamzah T.A 2023/2024. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2025.

Penelitian ini bertujuan untuk mengetahui dan menganalisis pengaruh konseling kelompok teknik *positive reinforcement* terhadap kedisiplinan mematuhi tata tertib sekolah siswa kelas VIII SMP YPI Amir Hamzah T.A 2023/2024. Pendekatan penelitian ini yaitu pra-eksperimen dengan desain penelitian Kelompok Tunggal (*desain one group pretest-posttest*). Subjek dalam penelitian ini adalah siswa kelas VIII di SMP YPI Amir Hamzah dengan total sampel ada 26 responden dan melalui *screening* data diperoleh 8 siswa yang akan menjadi subjek penelitian pada layanan konseling kelompok teknik *positive reinforcement*. Metode pengumpulan data menggunakan kuesioner tertutup dengan skala kedisiplinan mematuhi tata tertib siswa. Berdasarkan hasil analisis data dengan uji *Wilcoxon* dengan bantuan SPSS *Statistic versi 25* diketahui bahwa nilai *Asymp Sig. (2-tailed)* yang diperoleh adalah $0,012 < 0,05$, dengan nilai *Z* sebesar 2,527. Karena nilai *Asymp Sig. (2-tailed)* tersebut lebih kecil atau sama dengan nilai α , maka hipotesis nol (H_0) ditolak dan hipotesis alternatif (H_1) diterima.

Kata Kunci : Kedisiplinan Mematuhi Tata Tertib, Konseling Kelompok, Teknik *Positive Reinforcement*

ABSTRACT

SETIA MARIOTANDEAN. The Influence of Positive Group Counseling Techniques Reinforcement of Discipline in Complying with School Rules of Class VIII Students of SMP YPI Amir Hamzah Academic Year 2023/2024. Skripsi. Medan: Faculty of Education. State University of Medan. 2025.

This study aims to determine and analyze the effect of positive reinforcement technique group counseling on discipline in complying with school regulations of eighth grade students of SMP YPI Amir Hamzah in the academic year 2023/2024. The research approach is pre-experimental with a Single Group research design (one group pretest-posttest design). The subjects in this study were VIII grade students at SMP YPI Amir Hamzah with a total sample of 26 respondents and through data screening, 8 students were obtained who would be the research subjects in the positive reinforcement technique group counseling service. The data collection method used a closed questionnaire with a scale of discipline in complying with student regulations. Based on the results of data analysis with the Wilcoxon test with the help of SPSS Statistics version 25, it is known that the Asymp Sig (2-tailed) value obtained is $0,012 < 0,05$, with a value of 2 of -2,527. Because the Asymp Sig. (2-tailed) value is smaller or equal to the value of α , the null hypothesis (H1) is rejected and the alternative hypothesis (H2) is accepted.

Keywords: Discipline in Complying with Rules and Regulations, Group Counseling, Technique Positive Reinforcement

