

## **ABSTRAK**

**Avcah Barilian Dani, NIM. 3211122002, Peran Asisten Rumah Tangga Dalam Struktur Pemeliharaan Keluarga di Perumahan Bumi Asri Kecamatan Medan Helvetia, Program Studi Pendidikan Antropologi, Fakultas Ilmu Sosial, Universitas Negeri Medan.**

Penelitian ini bertujuan untuk menganalisis peran Asisten Rumah Tangga (ART) dalam mendukung struktur pemeliharaan keluarga di Perumahan Bumi Asri, Kecamatan Medan Helvetia. Dalam kehidupan masyarakat urban, peran ART menjadi sangat penting karena tingginya aktivitas keluarga di luar rumah, terutama pada keluarga kelas menengah ke atas. Penelitian ini menggunakan pendekatan kualitatif dengan metode deskriptif, yang dilakukan melalui wawancara mendalam, observasi, dan dokumentasi terhadap informan yang terdiri dari ART dan keluarga yang mempekerjakan mereka. Hasil penelitian menunjukkan bahwa ART menjalankan peran penting dalam pekerjaan domestik seperti membersihkan rumah, memasak, mencuci, mengasuh anak, bahkan merawat lansia. Kehadiran ART berdampak terhadap pembagian kerja dalam rumah tangga serta memengaruhi relasi gender di dalam keluarga. Meskipun demikian, pembagian peran masih menunjukkan pola tradisional, di mana istri tetap memegang tanggung jawab manajerial terhadap pekerjaan domestik. Peran ART membantu meringankan beban kerja perempuan dalam rumah tangga, tetapi belum sepenuhnya mengubah struktur relasi kuasa dan kesetaraan gender. Dalam konteks teori Talcott Parsons, ART berfungsi menjalankan sebagian fungsi ekspresif keluarga, sehingga berperan dalam menjaga kestabilan struktur keluarga modern di lingkungan perkotaan.

**Kata Kunci: Asisten Rumah Tangga, Struktur Keluarga, Pembagian kerja.**



## ABSTRACT

**Avcah Barilian Dani, Student ID Number 3211122002, The Role of Domestic Assistants in the Family Maintenance Structure in the Bumi Asri Housing Complex, Medan Helvetia District, Anthropology Education Study Program, Faculty of Social Sciences, Medan State University.**

This study aims to analyze the role of Domestic Assistants (ART) in supporting the family maintenance structure in the Bumi Asri Housing Complex, Medan Helvetia District. In urban communities, the role of domestic assistants is crucial due to the high level of family activities outside the home, especially in upper-middle-class families. This study used a qualitative approach with descriptive methods, conducted through in-depth interviews, observations, and documentation with informants consisting of household assistants and the families who employ them. The results show that household assistants play a significant role in domestic work such as cleaning, cooking, washing, childcare, and even caring for the elderly. The presence of household assistants impacts the division of labor within the household and influences gender relations within the family. However, the division of roles still reflects traditional patterns, with the wife retaining managerial responsibility for domestic work. The role of domestic workers helps lighten women's workload in the household, but it has not yet completely changed the structure of power relations and gender equality. In the context of Talcott Parsons' theory, domestic workers serve some of the expressive functions of the family, thus playing a role in maintaining the stability of modern family structures in urban environments.

**Keywords: Domestic Assistant, Family Structure, Division of Labor.**

