

## CHAPTER V

### CONCLUSIONS AND SUGGESTIONS

#### A. Conclusions

After the data of grieving process in Meghan O'Rourke's selected poetry had been analyzed, conclusion were described as follow:

1. There were 5 stages of grieving process found in the selected poem represented in "once" anthology book. there were 25 total lines or stanzas that depicting 5 stages including 2 denial, 7 anger, 5 bargaining, 5 depression and 6 acceptance. Among them, anger was the most often appears in lines or stanzas contained in the selected poetry at "once" anthology book. The complementation of the researcher opinion had been done by described several examples accompanied by the description about specific lines or stanza and the supporting theory from Kubler-Ross and Kessler as explained above.
2. Element of poetry which is diction, tone of voice and symbols was able to be used to realized the mourning of the poet from her anthology book where the researcher had inserted examples of words or sentences contained in certain lines or stanzas that contain diction or certain symbols in the five stages of grieving which supports the researcher's initial opinion in accordance with the Kubbler-Ross and Kessler's theory of grief as explained below.

## B. Suggestions

There are several suggestions that the writer could offer to reader towards grieving process learning, they were:

1. It is suggested to the next writer who want to make wider exploration on grieving process in literary works which was important on analyzing words that came up with the ownself conclusion in the beginning until the end of the study
2. as a reference to the next study. It is also important that data of the next study could be convert into other sources of data, like movies, novel,drama,etc.
3. For anyone who read this study, especially student, it is suggested to increase and develop. Because there were still many aspects that can be studied about the grieving process. And for the sustainability for this study, it was hoped that the other writers collect more articles, books, and journals about grieving process.
4. For anyone who experiencing mourning,it is suggested to read and analyze.Because it can be an assistance to themselves to take full understandabe about mourning and to put their feeling about their mourning to some literature to help relieve their mourning.
5. For anyone who has their relative who suffer griefing,it is suggested to read and analyze,because it can be a guidance for them to help their relative without judging to early.