



APPENDICES

THE
Character Building
UNIVERSITY

APPENDIX 1

Interview Questionnaire

1. Do you feel anxious when a teacher ask you to do speaking performance?
2. What makes you feel anxious when speaking performance?
3. How anxious do you feel before speaking performance?
4. Does it affect your mastery of the material?
5. Are you trying to overcome your anxiety? And how you do that?
6. Are there any special strategies that you employ to suppress your anxiety?



APPENDIX 2

Field Note Observation

Subject	Notes
Symptoms of anxiety while speaking English	1. Reluctant to start the speaking performance, 2. Some students also looked blushed, 3. Wiping their hair or scratching their head, 4. Silent and bow before speaking, 5. Frequently looking down and up or move their body to the right and left, 6. and looks tense
The effect of anxiety symptoms	Lead the students become confuse to find sequel of material delivered in speaking or in other word student unable to delivered the message correctly to their audience
The strategys used by students	1. Bring a book 2. Take a deep breath 3. Shaking the body 4. Leaning both palms behind the wall and resting on it 5. Self-confident 6. Looking at the comfortable audience or avoid looking to the audience 7. Doing something that can trigger laughter among audience

Interview

No.	Category	Coding
1.	Kind of Anxiety	Worry R: Do you feel anxious when a teacher ask you to do speaking performance? / Apakah anda merasa cemas ketika Guru meminta anda untuk berbicara di depan kelas? S1-S12: Iya, saya khawatir kak. Cemas kali pun, soalnya suka dibuat dadakan juga. R: Seberapa besar rasa cemas itu? S1-S12: Ehmm.... cemas kali lah kak deg-degan gitu.
		Nervous R: How anxious do you feel before speaking performance? / Bagaimana kecemasan yang anda rasa ketika berbicara di depan kelas?

			S1-S10: Gugup gitu lah kak.. / S11: Kalo saya agak gugup lah kak / S12: Kadang-kadang saya gugup, kadang-kadang engga, gatau kenapa kak. R: Seperti apa contohnya? S1-S9: Yaaa...cimana ya? Ehmm misalnya bicara tuh gugup untuk mengeluarkan kata-katanya kak, dia jadi terbata-bata gitu / S10-S12: Jadi banyak diam lah kak, bingung mau ngomong apa sampe keringat dingin.
		Fear	R: What makes you feel anxious when speaking performance? / Apa yang membuat kamu merasa cemas ketika berbicara di depan kelas? S1-S12: Takut aja kak, karena tiba-tiba disuruh apalagi kalo dipanggil acak...ish ngeri kali.
2.	Effect of Anxiety	Less of Concentration	R: Does it affect your mastery of the material? S1-S7: Ngaruh sih kak, kalo udah gugup gitu kadang suka lupa apa kosa kata yang pas gitu kak. / S8-S10: Di saya berpengaruh kak, kayak misal hilang konsentrasi itu tiba-tiba. Jadi, meskipun sebelum dipanggil udah merasa siap tapi karena gugup itu tadi langsung hilang kak haha... / S11-S12: Ehmm...hilang fokus kak.
3.	Learning Strategy	Preparation : Bring a Book	R: Are you trying to overcome your anxiety? And how do you do that? S1-S12: Kalo dipanggil tiba-tiba gitu kak, paling sering bawa buku untuk jaga-jaga aja kak. Tapi itu pun kadang suka lupa halaman sumber di buku itu di mana, sangking gugup nya.
		Relaxation : Taking a Deep Breath	S1-S7: Iya kak, biasanya sebelum maju narik nafas panjang itu kak. / S12: Kalo saya pas nama saya dipanggil pasti tarik nafas gitu kak.

		Shaking the Body	S8-S9: Kalo udah cemas biasanya suka goyang – goyang badan sendiri gitu kak, gatau lebih nyaman aja gitu.
		Leaning Both Palms Behind the Wall and Resting on it	S10-S11: Kalo saya suka pegang tanga gitu kak sambil nyender di dinding, tujuannya biar sedikit santai lah kak.
		Positive Thinking: Self Confidence	S3-S8: Kalo saya kadang – kadang juga yakinkan diri aja lah kak, pasti bisa jangan takut! / S9: Iya kak, dengan harus selalu percaya diri dan yakin bisa kak. Jangan Takut!
		Peer Seeking: Looking at The Comfortable Audience or avoid looking at the audience	S4-S7: Iya kak, Nah, jadi kalau misalnya eee sudah mulai cemas-cemas saya langsung curi-curi pandang lagi ke audience yang enjoy supaya speaking saya jadi lancar lagi.
		Self Entertaining:	S9: Iya kak, ehmmm coba jadi lucu aja kak. Yaa..misalnya buat tingkah lucu yang kawan-kawan bisa ketawa aja kak
			R: Are there any special strategies that you employ to suppress your anxiety? S1-S12: Gak ada kak.

APPENDIX 3

Documentation

The researcher doing the interview the students



Picture 1



Picture 2



Picture 3

The researcher doing the observation while the learning process in the Class



Picture 4



Picture 5

Picture 6

