

ABSTRAK

Berlyana Manullang : Hubungan Motivasi Ibu dan Dukungan Suami dengan Riwayat Pemberian ASI Eksklusif di Posyandu Bangun Sari Indah 6, Kecamatan Tanjung Morawa. Skripsi. Fakultas Teknik. Universitas Negeri Medan. 2025.

Penelitian ini bertujuan untuk mengetahui : (1) Karakteristik responden; (2) Motivasi Ibu; (3) Dukungan Suami; (4) Riwayat pemberian ASI eksklusif; (5) Hubungan motivasi ibu dengan riwayat pemberian ASI eksklusif; (6) Hubungan dukungan suami dengan riwayat pemberian ASI eksklusif; (7) Hubungan motivasi ibu dan dukungan suami dengan riwayat pemberian ASI eksklusif. Tempat penelitian di Posyandu Bangun Sari Indah 6, Kecamatan Tanjung Morawa. Waktu penelitian ini pada bulan Juli – Agustus 2024. Penelitian ini menggunakan desain *cross sectional*. Teknik pengambilan sampel dilakukan dengan cara *total sampling* sejumlah 40 ibu yang memiliki anak berusia >6 bulan – 24 bulan. Teknik pengumpulan data menggunakan kuesioner berupa pertanyaan terkait motivasi ibu, dukungan suami, dan riwayat pemberian ASI eksklusif. Teknik analisis data menggunakan deskripsi data uji korelasi *rank spearman* dan uji regresi logistik.

Berdasarkan hasil penelitian ini diperoleh motivasi ibu termasuk kategori baik sebesar 45,00 persen. Dukungan suami termasuk kategori baik sebesar 62,50 persen. Riwayat pemberian ASI eksklusif termasuk kategori ibu yang tidak memberikan ASI eksklusif sebesar 75,00 persen. Berdasarkan hasil analisis korelasi *rank spearman* menunjukkan terdapat hubungan yang positif dan signifikan antara motivasi ibu dengan riwayat pemberian ASI eksklusif dengan koefisien korelasi sebesar 0,472 dan *p-value* = 0,002 pada taraf signifikan 0,05 artinya semakin tinggi motivasi ibu maka semakin baik pemberian ASI eksklusif. Berdasarkan hasil analisis korelasi *rank spearman* menunjukkan terdapat hubungan yang positif dan signifikan antara dukungan suami dengan riwayat pemberian ASI eksklusif dengan koefisien korelasi sebesar 0,356 dan *p-value* = 0,024 pada taraf signifikan 0,05 artinya semakin tinggi dukungan suami maka semakin baik pemberian ASI eksklusif. Berdasarkan hasil uji regresi logistik menunjukkan motivasi ibu memiliki hubungan positif dan signifikan dengan riwayat pemberian ASI eksklusif ($p=0,011$ ($p<0,05$)) nilai OR = 1,707. Hal ini menunjukkan setiap satu poin peningkatan skor motivasi ibu, mampu meningkatkan pemberian ASI eksklusif sebesar 1,707 kali. Hasil penelitian menunjukkan dukungan suami memiliki hubungan positif dan signifikan dengan riwayat pemberian ASI eksklusif ($p=0,017$ ($p<0,05$)) nilai OR = 1,722. Hal ini menunjukkan setiap satu poin peningkatan skor dukungan suami, mampu meningkatkan pemberian ASI eksklusif sebesar 1,722 kali. Nilai R Square diperoleh sebesar 61,50 persen.

ABSTRACT

Berlyana Manullang: The Relationship between Mother's Motivation and Husband's Support with Exclusive Breastfeeding History at Posyandu Bangun Sari Indah 6, Tanjung Morawa District. Thesis. Faculty of Engineering, State University of Medan. 2025.

This study aims to determine: (1) Respondent characteristics; (2) Mother's motivation; (3) Husband's support; (4) History of exclusive breastfeeding; (5) Relationship between mother's motivation and history of exclusive breastfeeding; (6) Relationship between husband's support and history of exclusive breastfeeding; (7) Relationship between mother's motivation and husband's support and history of exclusive breastfeeding. The research location is Posyandu Bangun Sari Indah 6, Tanjung Morawa District. The time of this research is July – August 2024. This study used a cross-sectional design. The sampling technique was carried out by total sampling of 40 mothers who had children aged >6 months - 24 months. The data collection technique used a questionnaire in the form of questions related to mother's motivation, husband's support, and history of exclusive breastfeeding. The data analysis technique used a description of the Spearman rank correlation test data and logistic regression test.

Based on the results of the study, it was obtained that mother's motivation was included in the good category at 45,00 percent. Husband's support was included in the good category at 62.50 percent. History of exclusive breastfeeding was included in the category of mothers who did not provide exclusive breastfeeding at 75,00 percent. Based on the results of the Spearman rank correlation analysis, it shows that there is a positive and significant relationship between maternal motivation and the history of exclusive breastfeeding with a correlation coefficient of 0.472 and a p-value = 0.002 at a significance level of 0.05, meaning that the higher the maternal motivation, the better the provision of exclusive breastfeeding. Based on the results of the Spearman rank correlation analysis, it shows that there is a positive and significant relationship between husband's support and the history of exclusive breastfeeding with a correlation coefficient of 0.356 and a p-value = 0.024 at a significance level of 0.05, meaning that the higher the husband's support, the better the provision of exclusive breastfeeding. Based on the results of the logistic regression test, it shows that maternal motivation has a positive and significant relationship with the history of exclusive breastfeeding ($p = 0.011$ ($p < 0.05$)) OR value = 1.707. This shows that every one point increase in the mother's motivation score can increase exclusive breastfeeding by 1.707 times. The results of the study showed that husband's support has a positive and significant relationship with the history of exclusive breastfeeding ($p = 0.017$ ($p < 0.05$)) OR value = 1.722. This shows that every one point increase in the husband's support score can increase exclusive breastfeeding by 1.722 times. The R Square value obtained was 61.50 percent.