

ABSTRAK

WIHDATUL MARHAMAH ABKHO LUBIS. Analisis Keterampilan Dasar Konseling dan Implikasinya Bagi Pengembangan Program Guru BK di SMA Negeri 11 Medan. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2024

Penelitian ini bertujuan untuk mengetahui dan menganalisis keterampilan dasar konseling Guru BK di SMA Negeri 11 Medan serta implikasinya terhadap pengembangan program Guru BK. Adapun rumusan masalah dari penelitian ini yaitu, Bagaimana keterampilan dasar konseling Guru BK di SMAN 11 Medan dan Bagaimana implikasinya terhadap pemberian layanan pengembangan program Guru BK di SMAN 11 Medan. Pendekatan penelitian ini merupakan pendekatan kualitatif dengan pendekatan deskriptif. Teknik pengumpulan data yaitu observasi, wawancara, kuesioner terbuka, dan dokumentasi. Subjek penelitian ini adalah Kepala Sekolah dan 5 Guru BK sebagai sumber data primer dan 15 siswa kelas 12 IPS 1 sebagai sumber data sekunder. Hasil penelitian yang di dapat dari bulan Agustus hingga bulan Oktober 2024, dapat disimpulkan bahwa Guru BK di SMAN 11 Medan menunjukkan keterampilan dasar konseling yang baik, seperti mendengarkan aktif dan menciptakan suasana yang aman bagi siswa. Kehadiran konselor selama memberikan layanan sangat membantu dalam membuat siswa merasa diperhatikan, yang dinilai berdasarkan aspek-aspek keterampilan dasar konseling menurut Sofyan Willis (2013) yaitu attending 6% , empati 6%, bertanya 6%, eksplorasi 7%, dorongan minimal 8%, fokus 7%, konfrontasi 6%, mengarahkan 5%, menyimpulkan sementara 8%, Genuine (jujur) 6%, paraphrasing 6%, refleksi 5%, memimpin 6%, memecahkan masalah 8%, merencanakan 5%, dan menutup 5%. Namun, terdapat beberapa area yang memerlukan perbaikan, seperti keterampilan bertanya, eksplorasi, dan perencanaan, yang dapat ditingkatkan melalui pelatihan lebih lanjut dan implementasi pendekatan konseling yang lebih responsif. Maka dari itu akan berimplikasi terhadap konteks Pemberian Layanan Pengembangan Program Guru BK di sekolah, kendala dalam pelaksanaan Program, kebutuhan Siswa, fasilitas dan anggaran, kolaborasi dan komunikasi.

Kata Kunci : Keterampilan Dasar Konseling, Pengembangan Program Guru Bimbingan dan Konseling

ABSTRACT

WIHDATUL MARHAMAH ABKHO LUBIS. Analysis of Basic Counseling Skills and Their Implications for the Development of the Guidance and Guidance Teacher Program at SMA Negeri 11 Medan. Skripsi. Medan: Faculty of Education. Universitas Negeri Medan. 2024

This study aims to determine and analyze the basic counseling skills of BK Teachers at SMA Negeri 11 Medan and their implications for the development of BK Teacher programs. The formulation of the problem of this study is, How are the basic counseling skills of BK Teachers at SMAN 11 Medan and What are the implications for the provision of BK Teacher program development services at SMAN 11 Medan. This research approach is a qualitative approach with a descriptive approach. Data collection techniques are observation, interviews, open questionnaires, and documentation. The subjects of this study were the Principal and 5 BK Teachers as primary data sources and 15 grade 12 IPS 1 students as secondary data sources. The results of the study obtained from August to October 2024, it can be concluded that BK Teachers at SMAN 11 Medan showed good basic counseling skills, such as active listening and creating a safe atmosphere for students. The presence of counselors during service delivery is very helpful in making students feel cared for, which is assessed based on aspects of basic counseling skills according to Sofyan Willis (2013), namely attending 6%, empathy 6%, asking 6%, exploration 7%, minimal encouragement 8%, focus 7%, confrontation 6%, directing 5%, concluding temporarily 8%, Genuine (honest) 6%, paraphrasing 6%, reflection 5%, leading 6%, solving problems 8%, planning 5%, and closing 5%. However, there are several areas that need improvement, such as questioning, exploration, and planning skills, which can be improved through further training and implementation of a more responsive counseling approach. Therefore, it will have implications for the context of Providing Guidance and Counseling Teacher Program Development Services in schools, obstacles in implementing the Program, Student needs, facilities and budget, collaboration and communication.

Keywords : Basic Counseling Skills, Teacher Program Development Guidance and Counseling