

DAFTAR PUSTAKA

- Abel, J. P., Buff, C. L., & Burr, S. A. (2016). Social Media and the Fear of Missing Out: Scale Development and Assessment. *Journal of Business & Economics Research (JBER)*, 14(1), 33–44. <https://doi.org/10.19030/jber.v14i1.9554>.
- Akbar, R. S., Audry Aulya, Adra Apsari, & Lisda Sodia. (2018). KETAKUTAN AKAN KEHILANGAN MOMEN (FOMO) PADA REMAJA KOTA SAMARINDA. *Psikostudia: Jurnal Psikologi*, 7(2), 38–47. <http://dx.doi.org/10.30872/psikostudia.v7i2>.
- Alessio, G., Eleonoro, G., Mark, D, G. (2023). The associations between attachment, self-esteem, fear of missing out, daily time expenditure, and problematic social media use: A path analysis model. *Journal Homepage*. 1-8.
- Alt, D. (2015). College students' academic motivation, media engagement and fear of missing out. *Computers in Human Behavior*, 49, 111–119. <https://doi:10.1016/j.chb.2015.02.057>.
- Alt, D. (2016). *Students' wellbeing, fear of missing out, and social media engagement for leisure in higher education learning environments*. Current Psychology. <https://doi:10.1007/s12144-016-9496-1>
- Alt, Dorit & Meyran Boniel-Nissim. (2018). Links between Adolescents' Deep and Surface Learning Approaches, Problematic Internet Use, and Fear of Missing Out (FoMO). Internet Interventions. <https://doi.org/10.1016/j.invent.2018.05.002>.
- Anggita Savitri, J., No, C., & Malang Sleman, K. (2019). *Impact of Fear of Missing Out on Psychological Well-Being Among Emerging Adulthood Aged Social Media Users*. 2(2), 65–72. <http://journal.uny.ac.id/index.php/pri>.
- Astuti, Chatarina Nila &Ratriana Y. E. Kusumiati. (2021). *Hubungan Kepribadian Neurotisme dengan Fear of Missing Out pada Remaja Pengguna Aktif Media Sosial*. 12(2), 245–258. <https://ejournal.undiksha.ac.id/index.php/JIBK/index>.
- Arikunto, S. (2010). Prosedur Penelitian, Jakarta. Rineka Cipta.
- Bernard, Michael E. (2013). The Strength of Self-Acceptance, 10.1007/978-1-4614-6806-6. <https://doi:10.1007/978-1-4614-6806-6>.
- Beyens, I., Frison, E., & Eggermont, S. (2016). “I don't want to miss a thing”: Adolescents' fear of missing out and its relationship to adolescents' social needs, Facebook use, and Facebook related stress. *Computers in Human Behavior*, 64, 1–8. <https://doi.org/10.1016/j.chb.2016.05.083>.

- Boeree, C. G. (2007). *Personality Theories: An Introduction.*
- Carson, S. H., & Langer, E. J. (2006). Mindfulness and self-acceptance. In *Journal of Rational - Emotive and Cognitive - Behavior Therapy*, 24(1), 29–43). <https://doi.org/10.1007/s10942-006-0022-5>.
- Cast, A. D. & Burke, P. J. (2002). *A Theory of Self-Esteem.* Social Forces, 80(3), 1041–1068. <https://doi.org/10.1353/sof.2002.0003>.
- Chaplin, J. P. (1999). *Kamus Lengkap Psikologi.* Penerjemah: Kartini Kartono. Jakarta: PT Raja Grafindo Persada.
- Desmita. (2011). *Psikologi Perkembangan Peserta Didik; Panduan Bagi Orang Tua Dan Guru Dalam Memahami Psikologi Anak Usia SD, SMP,dan SMA.* Bandung:Rosda Karya.
- Duke, E. & Montag, C., (2017). *Smartphone addiction, daily interruptions and self-reported productivity.* Addictive Behaviors Reports, 6, 90–95. <https://doi.org/10.1016/j.abrep.2017.07.002>.
- Farida, H., Warni, W. E., & Arya, L. (2021). *Self-Esteem dan Kepuasan Hidup Dengan Fear of Missing Out (FoMO) Pada REMAJA.* 4, 60–76.
- Ghufron M. Nur & Rini Risnawati S. (2010). *Teori-teori Psikologi.* Ar Ruz Media : Yogyakarta.
- Griffiths, M. D., & Kuss, D. (2017). Adolescent Social Media Addiction (Revisited). *Education and Health,* 35 (3), 49–52.
- Gunawan, Sudarmanto. (2005). *Analisis Regresi Linear Ganda Dengan SPSS.* Yogyakarta: Graha Ilmu.
- Handayani, Eka Sri, dkk. (2022). *Korelasi Antara Fomo Syndrome Dengan Self-Esteem Pada Siswa Kelas XI SMAN 1 Alalak.* Universitas Pahlawan Tuanku Tambusai. 4.
- Hardani, H., dkk. (2020). *Metode Penelitian Kualitatif & Kuantitatif.* Yogyakarta: Pustaka Ilmu.
- Hidayat, K. (2013). Pengaruh Harga Diri dan Penalaran Moral Terhadap perilaku Seksual Remaja Berapacaran Di SMK Negeri 5 Samarinda. *Jurnal Psikostudia Universitas Mulawarman*, 2(1).
- Hidayati, K.A., & M Farid. (2016). *Konsep Diri, Adversity Quotient dan Penyesuaian Diri pada Remaja,* 5(2), 141–144. <https://doi.org/10.30996/persona.v5i02.730>.
- Hurlock, E. B. 2006. *Psikologi Perkembangan Suatu Pendekatan Sepanjang Rentang Kehidupan.* Edisi Kelima. Jakarta: Erlangga.

- Husnaini, U., & Purnomo, A. S. (2006). Pengantar Statistik. Bumi Aksara: Yogyakarta.
- Intelligence, J. W. T. (2012). *Fear of Missing Out (FoMO)*. www.jwtintelligence.com/wp-content/uploads/2012/03/F_JWT_FOMOupdate_3, 21.
- Isnaini, Lutfi Ayu & Triyono. (2021). Hubungan Antara Kebutuhan Afiliasi Dengan Fear of Missing Out (FoMO) Pada Mahasiswa Pengguna Media Sosial Instagram. *Anfusina: Journal Of Psychology*. 4(1). <http://ejournal.radenintan.ac.id/index.php/anfusina>.
- Johnson, R.A & Wichern, D. W. (2007). *Applied Multivariate Statistical Analysis, Sixth Edition*. Prentice Hall International. New Jersey.
- Jordan, C. H., Hill, V.-Z., & Cameron, J. J. (2020). Encyclopedia of Personality and Individual Differences (V.-Z. Hill & T. K. Shackerford (ed.)). Springer.
- Kircaburun, K. (2016). *Journal of Education and Practice* www.iiste.org ISSN (Vol. 7, Issue 24). Online. www.iiste.org.
- Malay, Nursalim (2022). Belajar Mudah & Praktis Analisis Data dengan SPSS dan JASP. CV. Madani Jaya : Bandar Lampung.
- Mandas, A. L., & Silfiyah, K. (2022). Social Self-Esteem dan Fear of Missing Out Pada Generasi Z Pengguna Media Sosial. *Jurnal Sinestesia*, 12(1), 19–27. <https://doi.org/10.53696/27219283.78>.
- Marni, A. & Rudy Y. (2015). Hubungan antara Dukungan Sosial dengan Penerimaan Diri pada Lansia di Panti Wredha Budhi Dharma Yogyakarta. Empathy, 3(1).
- Mayank Gupta & Aditya Sharma. (2021). Fear Of Missing Out: A Brief Overview Of Origin, Theoretical Underpinnings And Relationship With Mental Health. *World Journal of Clinical Cases*, 9(19), 4881-4889. <https://www.f6publishing.com>.
- Minev, M., Petrova, B., Mineva, K., Petkova, M., & Strebkova, R. (2018). Self-Esteem In Adolescents. *Trakia Journal of Science*, 16(2), 114–118. <https://doi.org/10.15547/tjs.2018.02.007>.
- Mruk, Christopher J. (2006). *Self-Esteem Research, Theory, and Practice (Third Edition)*. Springer Publishing Company : New York.
- Negovan, V., Bagana, E., & Dinca, S. (2011). International Conference on Education and Educational Psychology (ICEEPSY 2010) Gender , age and academic standards of school differences in adolescents ' self. *Procedia - Social and Behavioral Sciences*, 12, 40–48. <https://doi.org/10.1016/j.sbspro.2011.02.008>.

- Niemiec, C. P., Lynch, M. F., Vansteenkiste, M., Bernstein, J., Deci, E. L., & Ryan, R. M. (2006). The antecedents and consequences of autonomous self-regulation for college: A self-determination theory perspective on socialization. *Journal of Adolescence*, 29(5), 761–775. <https://doi.org/10.1016/j.adolescence.2005.11.009>.
- Parista. (2008). Aspek-Aspek Penerimaan Diri. *Jurnal Psikologi*, 2, 47-48.
- Permatasari, V., & Gamayanti, W. (2016). *Gambaran Penerimaan Diri (Self-Acceptance) Pada*. www.depkes.go.id,
- Priyanka, K., Saket, S. (2020). Correlation Of Missing Out (FoMO) , Anxiety And Agrgression Of Young Adults. *International Journal of Research*, 8(05), 132-138. <https://doi.org/10.29121/granthaalayah.v8.i5.2020.107>.
- Przybylski, A. K., Murayama, K., Dehaan, C. R., & Gladwell, V. (2013). Computers in Human Behavior Motivational , emotional , and behavioral correlates of fear of missing out. *Computers in Human Behavior*, 29(4), 1841–1848. <https://doi.org/10.1016/j.chb.2013.02.014>.
- Purba, O. B dkk., (2021). Fear Of Missing Out Dan Psychological Well Being Dalam Menggunakan Media Sosial. In Universitas (Vol. 2, Issue 01).
- Putri, L. S., Purnama, D. H. & Idi, Abdullah (2019). Gaya Hidup Mahasiswa Pengidap Fear Of Missing Out Di Kota Palembang. *Jurnal Masyarakat & Budaya*, 21(2). <https://jmb.lipi.go.id/index.php/jmb/article/download/867/467>.
- Samaha, M. & Hawi, N.S. (2016). Relationships Among Smartphone Addiction, Stress, Academic Performance, And Satisfaction With Life. *Computer in Human Behavior*, 57, 321–325. <https://doi.org/10.1016/j.chb.2015.12.045>.
- Santrock, J.W. (2007). *Child development*. 11th Edition, McGraw-Hill, Boston.
- Santrock, J. W. (2012). *Life-Span Development 13th Edition*. University of Texas, Dallas: Mc Graw-Hill.
- Sari, N. M., & Purwaningsih, I. E. P. (2017). Hubungan Kebermaknaan Hidup Dengan Penerimaan Diri Pada Kaum Waria Di Yogyakarta. *Jurnal Spirits*, 3(1), 76. <https://doi.org/10.30738/spirits.v3i1.1127>.
- Savitri, J. A. (2019). Impact of Fear of Missing Out on Psychological Well-Being Among Emerging Adulthood Aged Social Media Users. *Psychological Research and Intervention*, 2(2), 23–30. <https://doi.org/10.21831/pri.v2i2.30363>.
- Schiraldi, G. R., & Brown, S. L. (2001). Primary Prevention For Mental Health: Results Of An Exploratory Cognitive-Behavioral College Course. *The Journal of Primary Prevention*, 22(1), 55–67. <https://doi.org/10.1023/A:1011040231249>.

- Sianipar, N. A., Veronika, D., & Kaloeti, S. (2019). Hubungan Antara Regulasi Diri Dengan Fear Of Missing Out (Fomo) Pada Mahasiswa Tahun Pertama Fakultas Psikologi Universitas Diponegoro. *In Jurnal Empati*, 8(1).
- Siddik, S., Mafaza, M., & Sembiring, L. S. (2020). Peran Harga Diri terhadap Fear of Missing Out pada Remaja Pengguna Situs Jejaring Sosial. *Jurnal Psikologi Teori dan Terapan*, 10(2), 127. <https://doi.org/10.26740/jptt.v10n2.p127-138>.
- Sugiyono. (2011). *Metode Penelitian Kuantitatif, Kualitatif dan R & D*. Bandung : Alfabeta.
- Supervía, P. U., Bordás, C. S., Robres, A. Q., Blasco, R. L., & Cosculluela, C. L. (2023). Empathy, Self-Esteem And Satisfaction With Life In Adolescent. *Children and Youth Services Review*, 144. <https://doi.org/10.1016/j.childyouth.2022.106755>.
- Sutanto, F., Sahrani, R., & Basaria, D. (2020). *Fear of Missing Out (FoMO) and Psychological Well-Being of Late Adolescents Using Social Media*. 478(Ticash), 463–468. <https://doi.org/10.2991/assehr.k.201209.071>.
- Tombeng, Edo Miracle & Emmanuel Satyo Yuwono. (2023). Pendidikan, J., & Konseling, D. (n.d.). Keterkaitan Self-Esteem Dengan Fear Of Missing Out (FOMO) Pada JMS Youth Yang Menggunakan Media Sosial (Vol. 5).
- Verkuyten, M. (2003). Positive and Negative Self-Esteem Among Ethnic Minority Early Adolescents: Social and Cultural Sources and Threats. *In Journal of Youth and Adolescence*, 32(4).
- Wolniewicz, C. A., Tiamiyu, M. F., Weeks, J. W., & Elhai, J. D. (2018). Problematic Smartphone Use And Relations With Negative Affect, Fear Of Missing Out, And Fear Of Negative And Positive Evaluation. *Psychiatry Research*, 262, 618–623. <https://doi.org/10.1016/j.psychres.2017.09.058>.
- Zhang, Z., Jiménez, F. R., & Cicala, J. E. (2020). *Fear Of Missing Out Scale: A self-concept perspective*. Psychology and Marketing, 37(11), 1619–1634. <https://doi.org/10.1002/mar.21406>.