

## **ABSTRAK**

**CORI NABILA SEMBIRING.** Analisis Ekspresi Emosi Anak Autisme: Kajian Teori Kognitif Di Lingkungan Sekolah UPT SLB E Negeri Pembina Tingkat Provinsi Sumut T.A 2023/2024. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2024.

Penelitian ini bertujuan mendeskripsikan representasi ekspresi emosi anak autisme dalam proses pembelajaran dengan faktor stimulus yang digunakan dalam proses pembelajaran dan mendeskripsikan respon ekspresi emosi anak autisme terhadap faktor stimulus dari interaksi sosial dengan guru dan teman sebaya di lingkungan sekolah UPT SLB E Negeri Pembina Tingkat Provinsi Sumatera Utara. Penelitian kualitatif dengan pendekatan deskriptif telah digunakan dalam penelitian ini. Peneliti menggunakan wawancara, observasi, dan dokumentasi untuk menjawab dua tujuan penelitian. Wawancara telah dilakukan kepada guru pendamping khusus dengan semi terstruktur. Observasi dilakukan selama proses pembelajaran di beberapa kelas yang sudah menjadi target penelitian. Dokumentasi yang peneliti lakukan berupa dokumen, foto, dan catatan lapangan. Melalui triangulasi dan analisis tematisasi serta konsep, penelitian ini memberikan gambaran yang komprehensif mengenai ekspresi emosi anak autisme di lingkungan sekolah. Hasil penelitian menunjukkan bahwa anak autisme mengekspresikan emosi dasar meliputi bahagia, marah, sedih, muak, takut dan terkejut dengan berbagai media yang digunakan. Kemudian, anak autisme juga merespon faktor stimulus dari interaksi sosial dengan guru dan teman sebaya berdasarkan ekspresi emosi dasar meliputi bahagia, marah, sedih, takut dan terkejut karena beragam rangsangan yang diberikan oleh guru pendamping khusus dan teman sebaya. Berdasarkan temuan hasil penelitian, disarankan bagi penelitian selanjutnya untuk melakukan penelitian jangka panjang untuk mengamati perkembangan ekspresi emosi dan interaksi sosial anak autisme guna pengembangan efektivitas strategi intervensi dan lebih lanjut mengeksplorasi faktor-faktor spesifik pendukung dan penghambat anak autisme mengekspresikan emosi di lingkungan sekolah.

**Kata Kunci :** Anak Autisme, Ekspresi Emosi dasar, Proses Pembelajaran, Interaksi Sosial.

## **ABSTRACT**

**CORI NABILA SEMBIRING.** Analysis Of Emotional Expression In Children With Autism : A Study Of Cognitive Theory In The School Environment Of The UPT SLB E Negeri Pembina At The Province Level Of North Sumatera T.A 2023/2024. Skripsi. Medan: Faculty of Education. Universitas Negeri Medan. 2024.

This research aims to describe the representation of emotional expressions of children with autism in the learning process with stimulus factors used in the learning process and to describe the response of emotional expressions of children with autism to stimulus factors from social interactions with teachers and peers in the school environment of UPT SLB E Negeri Pembina Level North Sumatra Province. Qualitative research with a descriptive approach has been used in this research. Researchers used interviews, observation, and documentation to answer two research objectives. Interviews were conducted with special assistant teachers in a semi-structured manner. Observations were carried out during the learning process in several classes that had become research targets. The documentation carried out by researchers is in the form of documents, photos and field notes. Through triangulation and thematization and concept analysis, this research provides a comprehensive picture of the emotional expression of children with autism in the school environment. The research results show that children with autism express basic emotions including happiness, anger, sadness, disgust, fear and surprise with the various media used. Then, children with autism also respond to stimulus factors from social interactions with teachers and peers based on basic emotional expressions including happiness, anger, sadness, fear and surprise due to various stimuli provided by special accompanying teachers and peers. Based on the research findings, it is recommended for further research to conduct long-term research to observe the development of emotional expression and social interaction in children with autism in order to develop the effectiveness of intervention strategies and further explore specific factors supporting and inhibiting children with autism expressing emotions in the school environment.

**Keywords :** Children with Autism, Basic Emotional Expression, Learning Process, Social Interaction.