

CHAPTER V

CONCLUSIONS AND SUGGESTIONS

This chapter consisted of conclusions and suggestions. After finding the phases of cultural shock and the cultural elements experienced by coastal (Tanjung Balai) students who studied at Universitas Negeri Medan using the Samovar et al. (2010).

A. Conclusions

The conclusions were the answer to the research question. Some conclusions were found by the researcher, which were as follows:

1. There were four phases of culture shock experienced by coastal (Tanjung Balai) students who studied at Universitas Negeri Medan. The phases were described through Samovar et al (2010) theory.
 - a. Optimistic phase, this phase where coastal (Tanjung Balai) students felt joy, hope, and euphoria when entering a new environment. This phase contained the excitement from an impression of the friendliness of Medan residents and the beauty of Medan city.
 - b. Cultural phase, in this phase where coastal (Tanjung Balai) students experienced the cultural difference and felt anxiety, awkwardness, and confusion between their hometown and the host's culture such as confusion about language and the culinary.
 - c. Recovery phase was the third phase containing the capability to learn a language and to get used to the culinary.
 - d. Adjustment phase was the last phase containing the enjoyment of the person to

participate fully in the new environment.

2. There were two cultural elements experienced by coastal (Tanjung Balai) students who studied at Universitas Negeri Medan.

- a. Value

The value of cultural elements was hospitality. Coastal (Tanjung Balai) students felt amazed by the hospitality of Medan people when entering a new environment in Medan for the first time.

- b. Language

The language was a tool for communicating about cultures with one another. The language was one of the cultural elements. The dialect of the language was used by coastal (Tanjung Balai) students different from the host's culture. The difficulty in understanding the vocabulary that coastal students never heard of (Tanjung Balai) was a challenge for them.

B. Suggestions

At the end of the thesis, a number of suggestions were also provided by the researcher as follows:

- i. For the next researchers, the researcher proposed that they conducted research on the same topic of culture shock and learned more about culture in order to conduct more particular research on culture shock.
- ii. For the readers, The researcher proposed that individuals used the research message to learn more about cultural shock. Because it could be useful information to learn about cultural differences before moving from one city to another.