

ABSTRACT

MARNI TUMANGGER. "Relationship between Self-Management and Learning Achievement of Students of Public Education Department, Medan State University.

This research was conducted with the aim of knowing the relationship between Self-Management and Learning Achievement of Students of the Public Education Department, Medan State University, Stambuk 2021. This research is included in correlational research which aims to see the relationship between two or more symptoms. The sample in this study were all students majoring in Public Education, Stambuk 2021 Classes A and B, totaling 57 students. The sampling technique is total sampling where the entire population is selected as the research sample. Self-management data collection techniques (X) using questionnaires and learning achievement (Y) through Semester II student GPA results. Data analysis techniques using product moment correlation statistics and t test. Based on the results of the analysis of student learning achievement, there were 38 (66.7%) students who had a GPA in the criteria with praise and there were 19 students (33.3%) who entered the criteria very satisfying, and there were no students who had a GPA <3.00. In student time management 63%, human relations 42%, Self-perspective 18%. The stages of self-management are 61% self-monitoring, 70% self-evaluation, 37% reinforcement, elimination or punishment stages. The results of calculations through the correlation test show that the relationship between self-management and learning achievement is obtained $r_{\text{count}} = 0.743 > r_{\text{table}} (0.256)$ so it can be concluded that the two variables have a correlation in a positive direction. Based on testing the hypothesis using the t test, the results of the tcount test were 8.243 by comparing it to the ttable value of 2.00, meaning $t_{\text{count}} > t_{\text{table}}$. These results indicate that there is a significant relationship between Self-Management and Learning Achievement of students of the Department of Public Education, Medan State University, proven to be true and acceptable.

Keywords: Self Management, Learning Achievement

ABSTRAK

MARNI TUMANGGER. “Hubungan Manajemen Diri Dengan Prestasi Belajar Mahasiswa Jurusan Pendidikan Masyarakat Universitas Negeri Medan.

Penelitian ini bertujuan untuk mengetahui hubungan Manajemen Diri dengan Prestasi Belajar Mahasiswa Jurusan Pendidikan Masyarakat Universitas Negeri Medan stambuk 2021. Penelitian ini termasuk kedalam penelitian korelasional yang bertujuan untuk melihat hubungan antara dua gejala atau lebih. Sampel dalam penelitian ini adalah seluruh mahasiswa jurusan Pendidikan Masyarakat stambuk 2021 kelas A dan B berjumlah 57 mahasiswa. Teknik pengambilan sampel adalah *total sampling* dimana seluruh populasi dipilih sebagai sampel penelitian. Teknik pengumpulan data Manajemen Diri (X) menggunakan angket dan Prestasi Belajar (Y) melalui hasil IPK mahasiswa Semester II. Teknik analisis data menggunakan statistik korelasi *product moment* dan uji t. Berdasarkan hasil analisis prestasi belajar mahasiswa terdapat 38 (66,7%) mahasiswa memiliki IPK pada kriteria dengan pujian dan terdapat 19 mahasiswa (33,3%) masuk kriteria sangat memuaskan, serta tidak terdapat mahasiswa memiliki IPK <3,00. Dalam pengelolaan waktu mahasiswa 63%, hubungan antar manusia 42%, Perspektif diri 18%. Tahap-tahap manajemen diri pada pemantauan diri 61%, evaluasi diri 70%, tahap penguatan, penghapusan atau hukuman 37%. Hasil perhitungan melalui uji korelasi menunjukkan bahwa hubungan manajemen diri dengan prestasi belajar diperoleh $r_{hitung} = 0,743 > r_{tabel} (0.256)$ maka dapat disimpulkan bahwa kedua variabel tersebut terdapat korelasi dengan arah yang positif. Berdasarkan pengujian hipotesis menggunakan uji t diperoleh hasil uji t_{hitung} sebesar 8,243 dengan membandingkan kepada nilai $t_{tabel} 2,00$ artinya $t_{hitung} > t_{tabel}$. Hasil tersebut menandakan bahwa terdapat hubungan signifikan antara Manajemen Diri dengan Prestasi Belajar mahasiswa Jurusan Pendidikan Masyarakat Universitas Negeri Medan terbukti kebenarannya dan dapat diterima.

Kata kunci: Manajemen Diri, Prestasi Belajar