

ABSTRAK

Rista Martha Lena Simanjuntak / 5143144016: *Perilaku Siswa Terhadap Sanitasi dan Hygiene dalam Praktik Perawatan Kulit Wajah Siswa Kelas X SMK Negeri 10 Medan*. Skripsi. Fakultas Teknik Universitas Negeri Medan. 2020

Sanitasi dan *hygiene* dibutuhkan dalam praktik perawatan kulit wajah. Namun kenyataannya proses belajar pada praktik perawatan kulit wajah siswa kelas X Tata Kecantikan SMK Negeri 10 Medan masih belum maksimal karena masih banyak siswa yang tidak memperhatikan sanitasi dan *hygiene*. Tujuan penelitian ini adalah untuk mengetahui perilaku siswa kelas X Tata Kecantikan SMK Negeri 10 terhadap sanitasi dan *hygiene* dalam praktik perawatan kulit wajah. Perilaku siswa terhadap sanitasi seperti persiapan lingkungan area kerja, menjaga kebersihan alat, menjaga kebersihan kosmetik, menjaga kebersihan lenan dalam praktik perawatan kulit wajah. Perilaku siswa terhadap *hygiene* perorangan seperti persiapan beautician, dan persiapan klien. Dan praktek perawatan kulit wajah secara manual. Penelitian yang digunakan adalah penelitian deskriptif. Berdasarkan data pengamatan diperoleh rata-rata (mean) 28,82 dan standar deviasi (SD) 57,99. Indikator menyiapkan lingkungan area kerja 51,4% Sangat Baik, 42,8% Baik, 5,71% Cukup. Indikator menyiapkan facial bed yang bersih 91,4% Sangat Baik, 2,85% Baik, 5,71% Cukup. Indikator menyiapkan spons face 100% Baik. Indikator cara pengambilan kosmetik 37,1% Sangat Baik, 57,1% Baik, 5,71% Cukup. Indikator steril alat 28,5% Sangat Baik, 60% Baik, 11,4% Cukup. Indikator menggunakan baju kerja dan masker 48,5% Sangat Baik, 31,4% Baik, 14,2% Cukup, 5,71% Kurang. Indikator mencuci tangan dengan sabun 74,2% Sangat Baik, 25,7% Baik. Indikator tidak menggunakan pewarna kuku dan kuku pendek 91,4% Sangat Baik, 8,57% Baik. Indikator kelengkapan persiapan klien 100% Sangat Baik.

Kata Kunci: Sanitasi dan *hygiene*, perawatan kulit wajah



ABSTRACT

Rista Martha Lena Simanjuntak/5143144016: *Students behavior towards sanitation and hygiene in the practice of facial skin care for class X Students of SMK Negeri 10 Medan*. Essay. Faculty of Engineering, State University of Medan 2020.

Sanitation and hygiene are needed in the practice of facial skin care. However, the reality of the learning process in the practice of facial skin care for students of class X Beauty Care at SMK Negeri 10 Medan is not yet optimal because there are still many students who do not pay attention to sanitation and hygiene. The purpose of this research is to find out the behavior of Grade X students of Beauty Procedure at State Vocational School 10 towards sanitation and hygiene in the practice of facial skin care. Students' behavior towards sanitation such as preparation of the work area environment, maintaining the cleanliness of the equipment, maintaining cosmetic hygiene, maintaining linen cleanliness in the practice of facial skin care. Student behavior towards personal hygiene such as beautician preparation, and client preparation. And practice facial skin care manually. The research used is descriptive research. Based on observational data obtained an average (mean) of 28.82 and a standard deviation (SD) of 57.99. Indicators setting up the work area environment 51.4% Very Good, 42.8% Good, 5.71% Sufficient. Indicators of preparing a clean facial bed 91.4% Very Good, 2.85% Good, 5.71% Sufficient. The indicator prepares a 100% good sponge sponge. Indicators of how to take cosmetics 37.1% Very Good, 57.1% Good, 5.71% Sufficient. Sterile indicator tool 28.5% Very Good, 60% Good, 11.4% Sufficient. Indicators using work clothes and masks 48.5% Very Good, 31.4% Good, 14.2% Sufficient, 5.71% Less. Indicator of washing hands with soap 74.2% Very Good, 25.7% Good. The indicator does not use nail dyes and short nails 91.4% Very Good, 8.57% Good. Indicator of completeness of client preparation 100% Very Good.

Keywords: Sanitation and hygiene, facial skin care