

## **ABSTRACT**

**PUTRI AMARALDA TINESSA UJUNG. Analysis of Gross Motor Ability of Children 5-6 Years Old in Circuit Games in Kab. Pakpak Bharat. Thesis. Teacher Education For Early Childhood Education. Medan State University, 2023.**

This study aims to describe the gross motor skills of children aged 5-6 years including elements of flexibility, balance and coordination of children's movements in PAUD MASTER Kab. Pakpak Bharat. This research is a qualitative descriptive study. The data collection technique was carried out using observation techniques. The instrument used is an observation sheet. The results showed that the gross motor skills of children in circuit games from the element of flexibility showed that the element of flexibility of children aged 5-6 years in PAUD MASTER Kab. Pakpak Bharat is included in the very well developed category (BSB). The gross motor skills of children in the circuit game of balance elements show that the balance element of children aged 5-6 years in PAUD MASTER Kab. Pakpak Bharat is included in the very well developed category (BSB). The gross motor skills of children in circuit games from coordination elements show that the coordination elements of children aged 5-6 years in PAUD MASTER Kab. Pakpak Bharat is included in the category of developing as expected (BSH). Based on the results of the gross motor skills of children aged 5-6 years in circuit games at PAUD MASTER Kab. Pakpak Bharat showed general results with an average score of 16 which was included in the very well developed category (BSB), meaning that children were able to play circuit games with flexibility, balance, and coordinated movements when playing at circuit game posts. The research findings high gross motor skills of children are caused by children's daily activities where children are freed to play and explore movements in their environment.

**Keywords: Gross Motor Ability, Circuit Game, Age 5-6 Years**

## **ABSTRAK**

**PUTRI AMARALDA TINESSA UJUNG. Analisis Kemampuan Motorik Kasar Anak Usia 5-6 Tahun Pada Permainan Sirkuit Di Kab. Pakpak Bharat. Skripsi. Pendidikan Guru Pendidikan Anak Usia Dini. Universitas Negeri Medan, 2023.**

Penelitian ini bertujuan untuk mendeskripsikan kemampuan motorik kasar anak usia 5-6 tahun meliputi unsur kelenturan, keseimbangan dan koordinasi gerak anak di PAUD MASTER Kab. Pakpak Bharat. Penelitian ini merupakan penelitian deskriptif kualitatif. Teknik pengumpulan data dilakukan menggunakan teknik observasi. Instrumen yang digunakan adalah lembar observasi. Hasil penelitian menunjukkan bahwa kemampuan motorik kasar anak pada permainan sirkuit dari unsur kelenturan menunjukkan hasil bahwa unsur kelenturan anak usia 5-6 tahun di PAUD MASTER Kab. Pakpak Bharat termasuk pada kategori berkembang sangat baik (BSB). Kemampuan motorik kasar anak pada permainan sirkuit dari unsur keseimbangan menunjukkan hasil bahwa unsur keseimbangan anak usia 5-6 tahun di PAUD MASTER Kab. Pakpak Bharat termasuk pada kategori berkembang sangat baik (BSB). Kemampuan motorik kasar anak pada permainan sirkuit dari unsur koordinasi menunjukkan hasil bahwa unsur koordinasi anak usia 5-6 tahun di PAUD MASTER Kab. Pakpak Bharat termasuk pada kategori berkembang sesuai harapan (BSH). Berdasarkan hasil kemampuan motorik kasar anak usia 5-6 tahun pada permainan sirkuit di PAUD MASTER Kab. Pakpak Bharat menunjukkan hasil secara umum dengan skor rata rata 16 termasuk pada kategori berkembang sangat baik (BSB), artinya anak mampu bermain permainan sirkuit dengan lentur, seimbang, dan terkoordinasi geraknya pada saat bermain di pos-pos permainan sirkuit. Diperolehnya temuan penelitian, tingginya kemampuan motorik kasar anak disebabkan oleh aktivitas sehari-hari anak dimana anak yang dibebaskan dalam bermain dan mengeksplor gerak di lingkungannya.

**Kata Kunci : Kemampuan Motorik Kasar, Permainan Sirkuit, Usia 5-6 Tahun**