

ABSTRACT

Wulandari, Ayunda. Registration Number : 2171121004. An Analysis of Students' Strategies to Cope with Speaking Anxiety at Eleventh Grade Students of SMAN 15 Medan. A Thesis. English Education Study Program. State University of Medan. 2021.

This study is aimed to know the level of students' speaking anxiety and investigate students' strategies to cope with speaking anxiety in an EFL classroom. A total of 25 eleventh grade students of XI IPA 7 at SMAN 15 Medan were involved in this study. This research used a descriptive qualitative design. The researcher used two kinds of technique to collect the data, Foreign Language Classroom Anxiety Scale questionnaire developed by Horwitz et al. (1986) and interviews. The result of this research showed that most of the students are at moderate level, as many as 19 (76%) of the 25 students, this shows that more than half of the students are at a moderate level, 4 (16%) students are at high anxiety level and only 2 (8%) students are at low level anxiety. This research also showed that there are 19 students (76%) out of 25 students who choose to use positive thinking strategies as a strategy that they think is able to overcome their anxiety. This makes the positive thinking strategy the most widely used strategy by students, followed by the preparation strategy (64%), relaxation strategy (56%), and peer-seeking strategy (8%). In this study, there were no students who used the resignation strategy as a strategy to overcome speaking anxiety.

Keywords : Students' Strategies, Speaking Anxiety, Anxiety Level

