

KORESPONDENSI ARDI NUSRI

Submission:

← 📧 ⌚ 🗑️ 📧 ⌚ 🔄 📧 🗑️ ⋮ 3 dari banyak < > 🖨️ ✉️

[IJEMST] Submission Acknowledgement Eksternal Kotak Masuk ✕ 🖨️ ✉️

[IJEMST] Submission Acknowledgement Editor
kepada saya ▾

🌐 Inggris ▾ > Indonesia ▾ [Terjemahkan pesan](#) Nonaktifkan untuk: Inggris ✕

Dear Ardi Nusri:

Thank you for submitting the manuscript, "Development of Physical Exercise E-book and Management of Diet in Football Athletes" to International Journal of Education in Mathematics, Science and Technology. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site.

Manuscript URL:
<https://www.ijemst.net/index.php/ijemst/author/submission/3167>

If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Ismail Sahin
International Journal of Education in Mathematics, Science and Technology
Editorial Office

Revisi:

[IJEMST] Revision Article Eksternal Kotak Masuk ✕ 🖨️ ✉️

[IJEMST] Revision Article
kepada saya ▾

🌐 Inggris ▾ > Indonesia ▾ [Terjemahkan pesan](#) Nonaktifkan untuk: Inggris ✕

Dear Ardi Nusri:

Please revision paper submitting the manuscript, "Development of Physical Exercise E-book and Management of Diet in Football Athletes" to International Journal of Education in Mathematics, Science and Technology. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL:
<https://www.ijemst.net/index.php/ijemst/author/submission/3167>

1. Use the right choice of words and do not have double meanings. If you don't define each word clearly, it can confuse your readers. 2. If you are citing a source directly, use quotation marks or follow the writing guidelines in each journal you intend to publish in. 3. The statements in your article are to communicate the latest knowledge and information, not for you personally

Ismail Sahin
International Journal of Education in Mathematics, Science and Technology
Editorial Office

Revisi:

[IJEMST] Revision Article Eksternal Kotak Masuk ✕

28 November 2022 ☆ ↶ ⋮

kepada saya ▾

🌐 Inggris ▾ > Indonesia ▾ [Terjemahkan pesan](#) Nonaktifkan untuk: Inggris ⌵

Dear Ardi Nusri:

Please revision paper submitting the manuscript, "Development of Physical Exercise E-book and Management of Diet in Football Athletes" to International Journal of Education in Mathematics, Science and Technology. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL:
<https://www.ijemst.net/index.php/ijemst/author/submission/3167>

1. No way, you have to do a detailed check of the spelling and grammar of your writing. Writing carelessly is a reckless act of a researcher. 2. conducting a very limited literature review, attributing previous work to the wrong author, providing disparaging remarks on other people's publications and more 3. Please adjust to the template that we have provided on our official website page

Ismail Sahin
International Journal of Education in Mathematics, Science and Technology
Editorial Office
International Journal of Education in Mathematics, Science and Technology

Revisi:

[IJEMST] Revision Article Eksternal Kotak Masuk ✕

20 December 2022 ☆ ↶ ⋮

kepada saya ▾

🌐 Inggris ▾ > Indonesia ▾ [Terjemahkan pesan](#) Nonaktifkan untuk: Inggris ⌵

Dear Ardi Nusri:

Please revision paper submitting the manuscript, "Development of Physical Exercise E-book and Management of Diet in Football Athletes" to International Journal of Education in Mathematics, Science and Technology. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL:
<https://www.ijemst.net/index.php/ijemst/author/submission/3167>

1. The number of words you sent is still not appropriate, namely 5000-6000 words, please complete it 2. In the research results section it looks like you missed something so we haven't been able to find anything more specific 3. Use the Mendley application to make good citations and please add international journals to the articles you submit

Ismail Sahin
International Journal of Education in Mathematics, Science and Technology
Editorial Office
International Journal of Education in Mathematics, Science and Technology

Accepted paper:

[IJEMST] Decision Article Eksternal Kotak Masuk



[IJEMST] Decision Article

6 Jan 2023 12:44 (6 hari yang lalu) ☆ ↶ ⋮

kepada saya ▾

🌐 Inggris ▾ > Indonesia ▾ Terjemahkan pesan

Nonaktifkan untuk: Inggris ✕

Dear Ardi Nusri:

Accepted paper with manuscript, "Development of Physical Exercise E-book and Management of Diet in Football Athletes" to International Journal of Education in Mathematics, Science and Technology. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site.

Manuscript URL:


<https://www.ijemst.net/index.php/ijemst/author/submission/3167>

Accepted Article

Ismail Sahin
International Journal of Education in Mathematics, Science and Technology
Editorial Office
International Journal of Education in Mathematics, Science and Technology
(IJEMST)

Publish Article: <https://www.ijemst.net/index.php/ijemst/article/view/3167>

ijemst.net/index.php/ijemst/article/view/3167



International Journal of Education in Mathematics, Science and Technology

HOME ABOUT LOGIN REGISTER SEARCH CURRENT ARCHIVES ANNOUNCEMENTS IN PRESS ARTICLE TEMPLATE

Home > Article in Press > Nusri

Development of Physical Exercise E-book and Management of Diet in Football Athletes

Ardi Nusri, Esi Emilia, Tyas Permatasari, Yatty Destani Sandy, Caca Pratiwi, Erni Rukmana, Latifah Rahman Nurfazriah

Abstract

This research was carried out at the Sports Science Study Program, Faculty of Sports Science, Medan State University, and the Surrounding Medan Football Association (PSMS). The respondents in this study were ten athletes and four football coaches. The model that will be used is a Four-D (4D) model consisting of four (4) stages, namely, Define (defining), Design (design), Develop (development), and Disseminate (deployment). The results showed that most (> 95%) of respondents needed an E-Book on physical exercise and diet management for football athletes. They agreed that all physical training materials in the indicators mentioned must be in the E-book. The validation results of the material show that the material presented in the e-book is very suitable (3.67) with what is needed today and is ideal for use. The results of validation of the media show that this e-book media is included in the category of very suitable both for the completeness of presentation and the feasibility of graphics and can be used as an electronic medium for football sports. The readability test results received an average assessment of 3.75, meaning that the e-book can be declared very legible and suitable for use. The results of the different tests showed significant differences in the years before and after being given the intervention of physical training and diet E-books for Football Athletes. Athletes' knowledge has increased, with an average knowledge increase score of 19.4 points. Suggestions for future improvement and development of e-books are like adding more exciting images and multiplying case examples.

Keywords

Development Physical exercise, E-book management, Diet football

Full Text: PDF

References

Nusri, A., Emilia, E., Permatasari, T., Sandy, Y.D., Pratiwi, C., Rukmana, E., & Nurfazriah, L.R. (2023). Development of physical exercise e-book and management of diet in football athletes. International Journal of Education in Mathematics, Science, and Technology (IJEMST), 11(2), 493-505. <https://doi.org/10.46328/ijemst.3167>

OPEN JOURNAL SYSTEMS

Journal Help

USER

Username: drhartono
Password: *****
 Remember me
Login

NOTIFICATIONS

- View
- Subscribe

JOURNAL CONTENT

Search: _____
Search Scope: All
Search

Browse

- By Issue
- By Author
- By Title


FONT SIZE

INFORMATION

- For Readers
- For Authors
- For Librarians

Indeksasi: <https://www.scopus.com/sourceid/21100896316>

← → ↻ [scopus.com/sourceid/21100896316](https://www.scopus.com/sourceid/21100896316) 🔍 🏠 ☆ ☰ 🗨️

 **Scopus** Preview 🔍 [Author Search](#) [Sources](#) [?](#) [🏠](#) [Create account](#) [Sign in](#)

Source details Feedback > [Compare sources](#)

International Journal of Education in Mathematics, Science and Technology
Scopus coverage years: from 2018 to Present
Publisher: International Society for Technology, Education, and Science
E-ISSN: 2147-611X
Subject area: [Mathematics: Mathematics \(miscellaneous\)](#) [Social Sciences: Education](#)
Source type: Journal

[View all documents >](#) [Set document alert](#) [Save to source list](#) [Source Homepage](#)

CiteScore 2021	2.8
SJR 2021	0.361
SNIP 2021	1.442

[CiteScore](#) [CiteScore rank & trend](#) [Scopus content coverage](#)

i Improved CiteScore methodology
CiteScore 2021 counts the citations received in 2018-2021 to articles, reviews, conference papers, book chapters and data papers published in 2018-2021, and divides this by the number of publications published in 2018-2021. [Learn more >](#)

CiteScore 2021 📄 | CiteScoreTracker 2022 🕒