# Management Analysis on Gateball Sport Coaching in Pergatsi North Sumatera

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### Management Analysis on Gateball Sport Coaching in Pergatsi North Sumatera

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#### ABSTRACT

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This research aimed to analyze and describe the management of Gateball sport coaching in Pergatsi North Sumatera. This research used descriptive qualitative approach method. The data was collected by conducting interview, observation and documentation. Furthermore, the data was processed by using data analysis techniques, namely data reduction, data display, verification and drawing conclusions. The research subjects in this research were administrators, coaches and arhletes in Pergatsi North Sumatera. By conducting research using CIPP (Context, Input, Process, Product) the results showed that: 1) The management of gateball sports in Pergatis North Sumatera at the context stage had not been implemented maximally, 2) The management of gateball sports in Pergatsi North Sumatera at the input stage was running quite well, but there was still a need for improvement in terms of making standardization guidelines for coaches and referees. In addition, it was necessary to improve in terms if financial managemen, 3) The management of gateball sports in Pergatsi North Sumatera at the evelopment program, namely the training program, nurseries and increase achievement which were not implemented maximally, 4) The management of gateball sports in Pergatsi North Sumatera at the pronum evel, but it needed improvement in terms of the addition of the club, the addition of national coaches and referees, achievements at the national level and the intonation of the sport of gateball to the general public, as well as to to the students starting from the elementary level to the tertiary level must be improved.

Keywords: Coaching analysis, Sport coaching, Gateball.

#### 1. INTRODUCTION

Sport is a physical activity that contains the nature of the game and contains struggles with oneself, others, and nature that have certain goals [1]. Sports in Indonesia is currently growing rapidly. It can be proven that Indonesia can compete with other countries in terms of sports achievements. Indonesian people are starting to realize how important exercise is. In addition to exercising to keep the body healthy and fit, it turns out that sport has become a lifestyle and even sport today can be a goal that improves the standard of living through sports achievements that are involved. Seeing the rapid development of sports, Indonesia must foster and develop sports through a sports system to achieve healthy and accomplished Indonesian people.

There are many obstacles that cause the condition of not developing sports coaching in Indonesia. The main obstacle is the loose linkage of the various sub-systems as well as the discontinuity of training in the context of longterm coaching and the weak foundation in sports coaching is seen as the main root of the fragility of the achievement sports coaching system in Indonesia. Another obstacle is the available facilities which are very decisive for the implementation of coaching and will directly affect the quality of the training. Then, the application of science and technology in sports development is still weak. Furthermore, the system of rewards and security for athletes and coaches has not received attention. In fact, this system is very strategic as a supporting factor in ensuring the sustainability of long-term development [2].

Gateball is a unique type of sport, because it is played simultaneously between recreational purposes while achieving achievements [3]. Gateball sport which is also a recreational sport and achievement is expected to achieve achievement, so coaching is carried out the same as other sports by empowering sports associations, developing and enhancing sports development that is national and regional in nature and organizing competitions in stages and in a sustainable manner [4].

The implementation of sports coaching must be considered both government support and applying science and technology in fostering sports. Achievement sports coaching system cannot be ignored that to achieve maximum results from a performance is necessary to have a National Sports Development System which includes ten policy pillars: 1) financial support, 2) sports institutions consist of

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the structure and content of integrated sports policies, 3) issues (participation), 4) achievement coaching, (promotion and identification of talent), 5) elite or top achievements (a reward and sense of security system), 6) training facilities, 7) trainer procurement and development, 8) national competition, 9) research, and 10) environment, media sponsorship [5].

Everything related to this sports coaching component is the task of North Sumatra's PERGATSI. Currently, the socialization and development of gateball sports development programs in North Sumatra can be seen that es of the North Sumatra Pergatsi have been formed, such as the Medan City Pergatsi, Binjai Pergatsi, Tanjung Balai Pergatsi, and Karo Pergatsi. The current goal of PERGATSI North Sumatra is to promote this sport so that it is known by the public so that by getting to know this sport there will be a lot of love and love for this sport which will then give birth to potential athletes who will make achievements.

#### 2. INTRODUCTION TO GATEBALL SPORT COACHING

#### 2.1. Sport Coaching

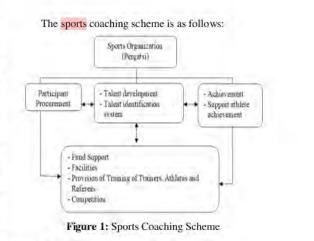
Coaching is an effort or action taken to change a situation well to get the goals to be achieved optimally [6]. In general, coaching occurs through the process of letting go of things that are inhibiting, and learning knowledge with new skills that can improve the standard of living and work better. Similarly, coaching means efforts, or actions and activities that are carried out efficiently and effectively to obtain better results [7].

Coaching is an organized effort or action that is carried out in order to achieve a better goal through the process of planning, organizing, financing, coordinating, implementing, and monitoring and evaluating activities.

#### 2.2. Sport Development

Coaching in a long-term sports system based on a pyramid, the initial stage begins with massing sports among the community with the motto that has been proclaimed by the government, namely "Socializing sports and cultivating the community", nurturing, increasing achievement.

The development of sports in Indonesia, especially achievement sports, is part of efforts to improve the quality of Indonesian people aimed at improving the physical and spiritual health of the entire community, as well as developing sports achievements that can generate a sense of national pride. Coaching and development of sports achievements is carried out and directed to achieve sports achievements at the regional, national and international levels. In developing sports achievements, it is necessary to continue to carry out sports coaching as early as possible through talent search and scouting, breeding, education and sports training based on science and technology more effectively and efficiently as well as improving the quality of sports organizations both at the central and regional levels.



#### 3. METHOD

This study is a descriptive study with qualitative approach. Qualitative descriptive research type used in this research is intended to obtain in-depth information about the actual condition of management training, as well as factors that

This research is specifically directed at the descriptive qualitative research design using the CIPP method (Stuflebeam's) in terms of Context, Input, Process and Product stages. This means that to obtain accurate and objective information about the analysis of gateball sports development in North Sumatra, with the consideration of trying to explain the Pergatsi pattern or method in gateball sports coaching management starting from the process and input to the results.

In this study, the research subjects were human resources in the North Sumatra PERGATSI management office, who works as the chairman, head of regional development sector, coaches, and athletes.

The organizational structure of PERGATSI North Sumatra is as shown in the following figure:

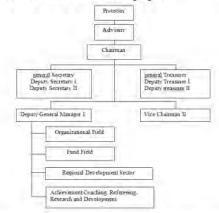


Figure 2: Organizational Structure of PERGATSI

Advances in Social Science, Education and Humanities Research, volume 591

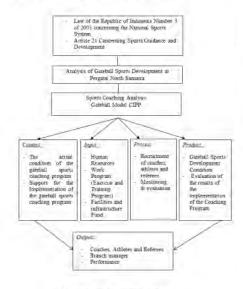
The object of research in this study is the analysis of the implementation of gateball sports development which includes:

- 1. Context: Background of the coaching program
- 2. Input: Resources to implement the program

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- Process: Activities carried out in the coaching program
- Product (Result): Condition of gateball development in North Sumatra, results of the Implementation of the Coaching Program (Achievement).

The Research Design is stated as follows:



#### Figure 3: Research Design

#### 4. RESULT AND DISCUSSION

The process of developing gateball sports in North Sumatra which is the decision maker and the one who determines the policy is the central Pergatsi. Then the North Sumatra Pergatsi implements policies that have been determined from the central Pergatsi which includes the General Chair, General Secretary, General Treasurer and involves fields such as organization, funding, regional development, achievement coaching, refereeing, research and development and the coaches.

To find out how Pergatsi North Sumatra is the implementer of gateball sports development in North Sumatra, previous researchers have observed that gateball is one of the new sports in North Sumatra, a recreational sport as well as an achievement sport. This sport is still being developed on campus and BBPJN and in several schools (SMA).

#### 4.1. Context

The background of the formation of the gateball sports development organization in North Sumatra, is based on the Decree of the General Chairperson of the All-Indonesian Gateball Association Number: 22/Pergatsi/XI-2016 concerning the Personnel Composition of the Provincial Management of the All-Indonesian Gateball Union of North Sumatra (Pengprov PERGATSI North Sumatra).

The purpose of the gateball sports coaching program carried out by the North Sumatran Provincial Pengprov Pergatsi is to refer to the PERGATSI ART (Budget) namely: a. disseminate and promote the sport of gateball.

- b. instilling pride in Indonesian youth to learn a new sport in Indonesia, namely gateball so that it can be a filter against the entry of negative influences that are not in accordance with national identity.
- c. Looking for reliable athletes in the future and in preparation for participating in regional, national and international events.

#### 4.2. Input

#### 4.2.1. Human Resources

Based on research in the field, it was found that for the procurement of trainers, referees and athletes, Pengprov carried out by conducting an upgrading first, namely upgrading of coaches and referees.

#### 4.2.2. Work Program

Based on observations and research in the field, The training programs compiled by the achievement development sector are short-term training programs, medium-term training programs and long-term training programs,

#### 4.2.3. Facilities and Infrastructure

Based on field research, Pergatsi North Sumatra has complete facilities and infrastructure and the equipment is in good condition, even the North Sumatra Pergatsi secretariat office has two fields for training.

#### 4.2.4. Fund

Pergatsi North Sumatra has a source of funds for the construction of gateball sports. The first source of funds is from KONI then there are also funds obtained from volunteers and there are some personal funds issued by the chairman himself. The funds are used for the implementation of the event.

#### 4.3. Process

#### 4.3.1. Recruitment

The process of recruiting coaches and referees carried out by Pergatsi North Sumatra, namely Pengprov selects coaches and referees from each regional representative and then conducts a competency test.



#### 4.3.2. Monitoring Evaluation

Based on the results of the statement from the sources above, the researchers concluded that the coaching programs such as massing, breeding and improving achievement were still in the socialization stage, coaching for trainers followed the reference from Pergatsi, coaching athletes for Pergatsi North Sumatra in collaboration with KONI.

#### 4.4. Product

The coaching program that has been implemented by Pergatsi North Sumatra is to socialize gateball in the North Sumatra area and has formed 11 branch managers in districts/cities. Pergatsi North Sumatra has implemented human resource development programs, namely trainer training, referee training, and athlete coaching. The training of trainers and referees has been carried out in Medan City and Deli Serdang Regency. Based on the results of interviews and observations that the number of coaches and referees reported was 51 people, namely 25 coaches and 26 referees.

#### 4.5. Output

The results that have been achieved by Pergatsi North Sumatra are: 1) Establishing 11 regional heads in regencies and cities, namely in Medan, Karo, Labuhan Batu, Binjai, Langkat, Asahan, Deli Serdang, Tobasa, Taput and Tapsel, Humbahas, 2) Print coaches and referees with a total of 50 people who have coach and referee licenses.

#### 5. CONCLUSION

This study discusses the analysis of gateball sports management in the Pergatsi Provincial Government of North Sumatra, using the CIPP model, namely context, input, process and product. From the results of this study, it can be concluded as follows:

- The management of sports development at the Pergatsi Provincial Government of North Sumatra in terms of context has been running quite well, but still needs improvement in the implementation of the organizational goals of the North Sumatra Pergatsi Provincial Government.
- The management of sports development at the Pergatsi Provincial Government of North Sumatra in the input aspect has gone quite well, but still needs improvement in terms of making standardization guidelines for coaches and referees.
- 3. The management of gateball sports development at the Pergatsi Provincial Government of North Sumatra in the process aspect has gone quite well, but still needs to be improved in terms of coaching programs, namely massing, breeding and improving gateball sports achievements.

4. The management of gateball sports development at the Pergatsi Provincial Government of North Sumatra in the product aspect is quite good, but needs to be improved in terms of adding regional heads, adding national coaches and referees, and achievements at the national level and the introduction of gateball sports to the general public.

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