

ABSTRAK

TEDDY RUDY HARTO. S. Pengembangan Alat Bantu Latihan *Accuracy Shooting* Pada Permainan Futsal. *Tesis*. Medan: Program Pascasarjana Universitas Negeri Medan, 26 Januari 2023.

Tujuan penelitian ini adalah mengembangkan alat bantu latihan *accuracy shooting* dalam permainan futsal pada pemain ekstrakurikuler di SMP Kecamatan, Medan Labuhan. Dalam penelitian ini menggunakan Model *R and D* menurut (*Borg and Gall*). Metode penelitian ini adalah pengembangan, teknik pengumpulan data dengan lembar angket instrumen penelitian, teknik analisis data dengan persentase. Populasi dari penelitian ini seluruh pemain ekstrakurikuler. Alat bantu telah dirangkai kemudian divalidasi oleh 2 ahli. Ahli materi, dan ahli pelatih. Hasil penilaian uji validasi ahli dinyatakan valid dan dapat digunakan dengan jumlah persentase 86,66% ahli pelatih, 82,35% ahli materi. Ujicoba awal lapangan berjumlah 8 pemain, ujicoba lapangan utama berjumlah 38 pemain. Dalam pengisian angket pengguna pelatih dan pemain di dapat hasil lembar penilaian instrumen angket subjek pengguna pelatih dan pemain dengan persentase 98,6% menyatakan tingkat pengoperasian, kejelasan, kemenarikan, efisiensi, efektifitas, daya guna, desain sudah efektif sehingga dinyatakan kategori layak atau valid. Melalui tahap penelitian dan penilaian validasi para ahli bahwa alat sudah sesuai dan layak untuk digunakan pemain, sehingga dapat disimpulkan bahwa alat bantu latihan *accuracy shooting* pada permainan futsal sudah valid dan dapat digunakan untuk proses latihan dalam permainan futsal.

Kata Kunci: *Accuracy Shooting*, Alat Bantu, Futsal, Latihan



ABSTRACT

TEDDY RUDY HARTO. S. Development of Accuracy Shooting Training Tools in Futsal Games. *Thesis*. Medan: Medan State University Postgraduate Program, 26 January 2023.

The purpose of this study was to develop an *accuracy shooting* training tool in futsal games for extracurricular players at SMP Kecamatan, Medan Labuhan. In this penelitian using the R and D Model according to (*Borg and Gall*). This research method is development, data collection techniques with research instrument questionnaire sheets, data analysis techniques with percentages. The population of this study was all extracurricular players. The aids have been assembled then validated by 2 experts. Material experts, and trainer experts. The results of the expert validation test assessment are declared valid and can be used with a percentage of 86.66% of trainer experts, 82.35% of material experts. The initial trial of the field is 8 players, the trial of the main field is 38 players. In filling out the questionnaire of coach and player users in can the results of the assessment sheet of the questionnaire instrument subject of coach and player users with a percentage of 98.6% stating the level of operation, clarity, attractiveness, efficiency, effectiveness, usability, design have been effective so that they are declared worthy or valid categories. Through the stage of research and validation assessment of experts that the tool is appropriate and suitable for players to use, so that it can be concluded that the tool *Accuracy shooting* training in futsal games is valid and can be used for the training process in futsal games.

Keywords: *Accuracy Shooting, Tools, Futsal, Exercise*

