

## ABSTRAK

M.PRAYOGA TARIGAN, NIM 6173311034 “EFEKTIFITAS PROSES PEMBELAJARAN DARING MATA PELAJARAN PJOK PADA MASA PANDEMI COVID-19 DI SMP-IKHWANUL MUSLIMIN KEC.PERCUT SEI TUAN TAHUN 2021”

(Pembimbing Skripsi : Doris Apriani Ritonga, S.Psi, M.A), Skripsi : Fakultas Ilmu Keolahragaan, Universitas Negeri Medan 2021.

Penelitian Ini Bertujuan Untuk Mengetahui Efektifitas Proses Pembelajaran daring Mata Pelajaran PJOK Pada Masa Pandemi Covid-19 Di SMP-It Ikhwanul Muslimin Kec.Percut Sei Tuan. Jenis penelitian ini merupakan penelitian deskriptif kuantitatif dengan metode survei. Teknik pengumpulan data dalam penelitian ini menggunakan instrumen angket dan teknik analisis data menggunakan statistik deskriptif dengan persentase. Populasi dalam penelitian ini berjumlah 100 Siswa di Sekolah SMP-It Ikhwanul Muslimin dengan menggunakan teknik Sampling Kuota sehingga penentuan jumlah sampel berdasarkan banyaknya populasi berjumlah 100 Siswa SMP di Sekolah SMP-It Ikhwanul Muslimin.

Berdasarkan hasil penelitian secara keseluruhan disimpulkan bahwa Efektifitas Proses Pembelajaran Daring Mata Pelajaran PJOK Pada Masa Pandemi Covid-19 Di SMP-Ikhwanul Muslimin Kec.Percut Sei Tuan T.A. 2020/2021 masuk dalam kategori efektif 63% atau 63 siswa, kategori sangat efektif 13% atau 13 siswa, kategori tidak efektif 21% atau 21 siswa, dan kategori sangat tidak efektif persentase 3% atau 3 siswa. Hasil tersebut diartikan sebagian Efektifitas proses Pembelajaran Daring Mata Pelajaran PJOK Pada Masa Pandemi Covid-19 di SMP-Ikhwanul Muslimin Kec.Percut Sei Tuan T.A. 2020/2021 menyatakan efektif.

**Kata Kunci:** Efektifitas, Proses Pembelajaran Daring, PJOK

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## ABSTRACT

**M.PRAYOGA TARIGAN, NIM 6173311034 "EFFECTIVENESS OF ONLINE LEARNING PROCESSES OF PJOK LESSONS DURING THE COVID-19 PANDEMIC IN SMP-IKHWANUL MUSLIMIN KEC. PERCUT SEI TUAN IN 2021"**  
(Thesis Supervisor : Doris Apriani Ritonga, S.Psi, M.A), Thesis : Faculty of Sports Science, Medan State University 2021.

This study aims to determine the effectiveness of the online learning process for PJOK subjects during the Covid-19 pandemic at the Ikhwanul Muslimin Junior High School, Kec. Percut Sei Tuan. This type of research is a quantitative descriptive study with a survey method. The data collection technique in this study used a questionnaire instrument and the data analysis technique used descriptive statistics with percentages. The population in this study amounted to 100 students at the Ikhwanul Muslimin SMP-It School using the Quota Sampling technique so that the determination of the number of samples was based on the large population of 100 SMP-It Ikhwanul Muslimin Schools.

Based on the results of the overall study, it was concluded that the effectiveness of the online learning process for PJOK subjects during the Covid-19 pandemic at the Muslim Brotherhood Middle School, Kec. Percut Sei Tuan T.A. 2020/2021 is in the effective category of 63% or 63 students, the very effective category is 13% or 13 students, the ineffective category is 21% or 21 students, and the very ineffective category is 3% or 3 students. These results are interpreted in part by the effectiveness of the online learning process for PJOK subjects during the Covid-19 pandemic at the Muslim Brotherhood Middle School, Percut Sei Tuan T.A. 2020/2021 declared effective.

*Keywords: Effectiveness, Online Learning Process, PJOK*

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