

ABSTRAK

DEVI PERMATA SARI. Hubungan Kecepatan Dan Kelincahan Terhadap Hasil *Close Dribble* Dalam Permainan *Hockey Indoor* Pada Atlet *Hockey Putra* Binaan Federasi *Hockey* Indonesia (FHI) Kota Binjai Tahun 2021
(Pembimbing Skripsi : NONO HARDINOTO)

SKRIPSI : Fakultas Ilmu Keolahragaan, UNIMED 2022.

Penelitian ini bertujuan untuk mengetahui hubungan kecepatan dan kelincahan terhadap kemampuan *close dribble* atlet *hockey*. Populasi dalam penelitian ini adalah seluruh atlet *hockey* putra binaan Federasi *Hockey* Indonesia (FHI) Kota Binjai tahun 2021 yang berjumlah 14 orang. Jumlah sampel 10 orang diperoleh dengan teknik *purposive sampling*. Hasil analisis statistik pertama menunjukkan koefisien korelasi 0,07. Koefisien determinasi menjelaskan bahwa kecepatan memberikan pengaruh sebesar 0,49%. Berdasarkan hasil uji - t dua arah diketahui bahwa $t_{\text{Hitung}} < t_{\text{Tabel}}$ dimana ($0,07 < 1,68$) sehingga disimpulkan terdapat hubungan yang tidak signifikan dari pada kecepatan (X_1) terhadap kemampuan *close dribble* atlet *hockey* (Y) pada atlet *hockey* putra binaan Federasi *Hockey* Indonesia (FHI) Kota Binjai tahun 2021. Hasil analisis statistik kedua menunjukkan koefisien korelasi 0,34. Koefisien determinasi menjelaskan bahwa kelincahan memberikan pengaruh sebesar 11,56% terhadap kemampuan *close dribble* atlet *hockey*. Berdasarkan hasil uji - t dua arah diketahui bahwa $t_{\text{Hitung}} < t_{\text{Tabel}}$ dimana ($0,34 > 1,68$) sehingga disimpulkan terdapat hubungan yang tidak signifikan dari pada kelincahan (X_2) terhadap kemampuan *close dribble* atlet *hockey* (Y) pada atlet *hockey* putra binaan Federasi *Hockey* Indonesia (FHI) Kota Binjai tahun 2021. Hasil analisis statistik ketiga menunjukkan koefisien korelasi sebesar 0,05. Berdasarkan hasil signifikansi yaitu uji F diketahui bahwa $F_{\text{hitung}} = 0,009 < F_{\text{tabel}} 1,68$ dapat korelasi atau hubungan yang tidak signifikan antara kecepatan dan kelincahan terhadap kemampuan *close dribble* atlet *hockey* putra binaan Federasi *Hockey* Indonesia (FHI) Kota Binjai tahun 2021.

Kata Kunci: *Hockey*, Kecepatan, Kelincahan, *Close Dribble*



ABSTRACT

**DEVI PERMATA SARI. The Relationship of Speed and Agility to Close Dribble Results in Indoor Hockey Games on Men's Hockey Athletes fostered by the Indonesian Hockey Federation (FHI) Binjai City in 2021
(Thesis Advisor: NONO HARDINOTOT)
Thesis: Faculty of Sport Science, UNIMED 2022.**

This study aims to determine the relationship between speed and agility to the close dribble ability of hockey athletes. The population in this study were all male hockey athletes fostered by the Indonesian Hockey Federation (FHI) in Binjai City in 2021, totaling 14 people. The number of samples of 10 people was obtained by purposive sampling technique. The results of the first statistical analysis showed a correlation coefficient of 0.07. The coefficient of determination explains that speed has an effect of 0.49%. Based on the results of the two-way t-test, it is known that $t_{Count} < t_{Table}$ where $(0.07 < 1.68)$ so that it can be concluded that there is an insignificant relationship between speed (X_1) on the close dribble ability of hockey athletes (Y) in the male hockey athletes fostered by the Federation. Indonesian Hockey (FHI) Binjai City in 2021. The results of the second statistical analysis show a correlation coefficient of 0.34. The coefficient of determination explains that agility has an effect of 11.56% on the close dribble ability of hockey athletes. Based on the results of the two-way t-test, it is known that $t_{Count} < t_{Table}$ where $(0.34 > 1.68)$ so that it is concluded that there is an insignificant relationship than agility (X_2) to the close dribble ability of hockey athletes (Y) in the male hockey athletes fostered by the Federation. Indonesian Hockey (FHI) Binjai City in 2021. The results of the third statistical analysis show a correlation coefficient of 0.05. Based on the results of the significance, namely the F test, it is known that $F_{count} = 0.009 < F_{table} 1.68$ there is an insignificant correlation or relationship between speed and agility on the close dribble ability of the male hockey athletes fostered by the Indonesian Hockey Federation (FHI) Binjai City in 2021.

Keypoint: Hockey, Speed, Agility, Close Dribble