

ABSTRAK

Rizky Arief Sya'ban. NIM. 8156118050. "Pengembangan Instrumen Penilaian Materi Aktivitas Senam Ritmik Pada Mata Pelajaran PJOK SMA Kelas XI". Tesis. Medan: Program Pascasarjana Universitas Negeri Medan. Juni 2020

Penelitian ini dilaksanakan di SMA Swasta Eria Medan Tahun Ajaran 2019/2020. Penelitian di SMA Eria Medan telah dilaksanakan pada bulan Februari sampai dengan April 2020. Tahapan penelitian ini menggunakan model ADDIE (*Analysis, Design, Development, Implementation and Evaluation*) dengan tujuan utama penelitian ini adalah pengembangan instrumen penelitian pada materi aktivitas senam ritmik.

Jenis penelitian yang digunakan adalah penelitian pengembangan (*Research and Development*), dengan sampel ahli pembelajaran/guru PJOK uji coba oleh satu guru dan siswa. Hasil yang diperoleh diketahui bahwa pengembangan instrumen penilaian berbasis proyek pada materi aktivitas gerak senam ritmik peserta didik di SMA Swasta Eria berhasil dilaksanakan, pada tahapan ini dilakukan oleh tim penilai yaitu validasi ahli, kepraktisan penggunaan pengembangan instrumen penilaian dinyatakan praktis pada kategori sangat baik dan baik dan peserta didik juga memberikan tanggapan berdasarkan angket, memperoleh nilai rata-rata 87,64% dengan kategori sangat praktis dan efektivitas instrumen penilaian berbasis proyek pada materi aktivitas gerak senam ritmik peserta didik SMA, hasil yang diperoleh dinyatakan efektif dengan hasil yang diperoleh (a) menyatakan bahwa rata-rata hasil lebih besar dari 80%; (b) Respon yang positif terhadap komponen buku penilaian sesuai dengan ketentuan bahwa minimal 80% dari subjek yang diteliti memberikan tanggapan dan kegiatan pembelajaran; dan (c) ketuntasan peserta didik mencapai 28 peserta didik (93,33%) artinya peserta didik mampu menuntaskan pembelajaran. Dengan demikian, pengembangan instrumen penilaian materi senam ritmik layak digunakan pada proses pembelajaran.

Kata Kunci: Instrumen Penilaian, Berbasis Proyek, Aktivitas Senam Ritmik



ABSTRACT

Rizky Arief Sya'ban. NIM. 8156118050. "Development of Instrument Evaluation Material for Rhythmic Gymnastics Activities in High School Class XI PJOK Subjects". Thesis. Medan: Graduate program Universitas Negeri Medan. June 2020

This research was conducted at Eria Medan High School in Academic Year 2019/2020. Research at Eria Medan High School has been carried out in February to April 2020. This research stage uses the ADDIE model (Analysis, Design, Development, Implementation and Evaluation) with the main objective of this research is the development of research instruments on rhythmic gymnastic activity material.

The type of research used was research and development, with a sample of PJOK learning experts/ teachers who were piloted by one teacher and student. The results obtained are known that the development of project-based assessment instruments on the material of rhythmic gymnastic activities for students in the Eria Private High School was successfully carried out, at this stage carried out by the assessment team namely expert validation, the practicality of using the development of assessment instruments was declared practical in the excellent and good categories and students also gave responses based on a questionnaire, obtaining an average value of 87.64% with the category of very practical and effective project-based assessment instruments on the material rhythmic gymnastic activities of high school students, the results obtained were declared effective with the results obtained (a) states that the average yield is greater than 80%; (b) A positive response to the assessment book component in accordance with the provision that a minimum of 80% of the subjects being investigated gave responses and learning activities; and (c) completeness of students reaches 28 students (93.33%) meaning students are able to complete learning. Thus, the development of rhythmic gymnastics assessment material assessment instruments is suitable for use in the learning process.

Key Word: Assessment Instruments, Project Bases, Rhythmic Gymnastics Activity

