



# Development of Football Learning with Tactical Approach

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# Development of Football Learning with Tactical Approach

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**Abstract.** This study aims to produce football learning products with a tactical approach based on IQF based on basic soccer courses in the form of teaching materials. This study uses a research and development approach by developing learning instructional materials with a tactical approach based on competency standards through the analysis of the needs of lecturers and students. Based on the needs analysis of football lecturers at FIK Unimed, Medan Football Specialists and Soccer course lecturers from STOK Bina Guna Medan who need a football learning guide book that is in accordance with the existing lecture achievements. Based on the tests of small groups and large groups in the soccer course class at PKO FIK Unimed Semester I, the results of the Teaching Materials for Teaching Basic Football Materials with a Tactical Approach are very efficient to be used in the lecture process. This is because young people are understood and implemented a form of training that is designed according to the actual game so that students get a more challenging experience to solve it. In addition to improving the learning process, soccer learning textbook products with this tactical approach can improve the basic techniques of football skills for PKO students in the first semester of the 2018/2019 academic year

**Keywords:** Learning, Tactical Approach, Football.

## 1 Introduction

The soccer course is one of the subjects contained in the IQF-based curriculum in the number of Sports Coaching Education (PKO) in the Faculty of Sport Science, Medan State University. The existence of the football course itself is not only as a supporting course but is one of the core courses in the PKO Department. Football courses in the PKO Department are one of the conditional courses which consist of semester I to semester IV, namely: Basic Football, Development of Football Skills, Physical Physical Conditions, and Tactics and Football Strategy. Students who pass Basic Football in the first semester, the student can only take the Soccer Skills Development course in the second semester, while students who do not pass are not allowed to take the Soccer Skills Development course.

The learning process of basic football courses so far has been done in the field using the drill approach, where the learning process is only focused on mastering the basic technical skills of mere football, so that when entering the game level students experience difficulties. These difficulties are like fear when mastering the ball so that the ball is easily taken away by the opponent. In this case the researcher estimates that the cause is due to the experience of students when following the learning process is not faced with a situation similar to the actual

football game. So that students can only master basic technical skills, while the football playing technique cannot, this will also have an impact on the learning process of football in the next semester.

In connection with these problems, the researchers want to overcome these problems by conducting research on the development of football learning with a tactical approach. Where the tactical approach itself is a learning approach, the implementation is carried out by applying situations such as in the actual game.

Soccer Football is a game that is done by kicking a football that is contested between players in order to put the ball into the opponent's goal and defend his own goal so as not to concede the ball (Fauzi, 2013: 3). It is known that the basic techniques in football games include: kicking, stopping the ball, heading, herding, throwing in, the goalkeeper technique. To be able to have good basic engineering skills, a systematic training program is needed, so that it will get automatic movement in playing.

Based on the needs analysis, it is then stated in the subject matter into GBPP.

The basic football courses consist of the following 8 topics;

1. Football Definition (1) Definition of Football, (2) Purpose of Football Games, (3) Procedures for Playing Football
2. Ball Feeling contains; (1) Theory about Ball Feeling, (2) The Purpose of Ball Feeling, (3) Exercise Ball Feeling
3. Dribbling (Dribbling) (1) Dribbling Theory, (2) Dribbling Goals, (3) Dribbling Exercises
4. Kicking (Kicking)
  - a. Shorth Passing (Short Feed)
  - b. Long Passing
  - c. Crossing
  - d. Shooting (Shooting into the goal)
5. Heading
6. Throw-in
7. Goal Kepeer (Goalkeeper)

## 2 Manuscript preparation

### 2.1 Development of soccer learning with a tactical approach

In the teaching and learning process a tactical approach can be used as one of the answers to the lack of interest and motivation of students in participating in learning, often we meet with lecturers of football courses or lecturers of other sports courses to let the students play alone. This is one of the reasons why students feel less motivated and enthusiastic in participating in soccer learning.

Learning with a tactical approach is designed to encourage students to solve tactic problems in the game. The tactic problem is essentially the application of technical skills in game situations. By using a tactical approach, students are better able to understand the link between techniques and tactics in a game so that students will more easily apply it in a real game.

In football games, the skills of each player are inseparable from one team unit and are not used individually. In the ability to kick, control the ball and win the ball from the opponent must be able to be aligned with other goals. In other words, the skills possessed by a player,

will not be able to achieve the goal if it is alone. Because of that we meet a lot, a player who has good skills and talents is not played by his coach, this is because the player cannot cooperate with team mates in the match. With a tactical training approach there will be a training process that prioritizes teamwork, because in this tactical approach is a game aimed at training playing techniques that are tailored to the needs of the player or student, so that in the training / learning process the player or students play enthusiastically.

Sucipto (2001: 3) states that a tactical approach is an approach to learning technical skills and is also applied in game situations.

## 2.2 Development of teaching materials

Dwiyogo (2004) states that the steps of the product development process are needs analysis, product development, and product testing. These three steps show the sequence of time and development activities. This can be confirmed by the fact that development research is a research approach that is linked to the design and development work and has the aim to develop in the design of environmental needs, formulation of the curriculum, achievement of the success of observation and learning. Basically, soccer learning instructional materials with a tactical approach developed are aimed at improving the results of learning itself. Teaching materials are a set of metrics that are arranged systematically both written and unwritten so as to create an environment that allows students to learn.

The instructional materials that are prepared are very important to overcome the limitations of the learning books of football courses so far. This is because teaching materials have several advantages including: (1) increase motivation and interest in reading, (2) contain material according to the needs of the needs, (3) use flexible learning patterns; (4) can be re-studied at any time; (5) accommodate various difficulties; (6) provide a summary; (7) has a communicative writing style (Hunter, 1997)

## 3 Method

This research is planned to be carried out at the Faculty of Sports Science, Medan State University Jl. Willem Iskandar Pasar 5 Medan Estate. Need analysis is done by observing several basic football lecturers in the Sports Coaching Department and majoring in Physical Education and Recreation.

This study uses a research and development approach or development research. This study begins with an analysis of the needs of users as material for redesigning material. Followed by collecting materials to compile a log book on basic soccer material.

This research was conducted to produce log book products in the form of football learning teaching materials with a tactical approach. Activities carried out are detailed steps in the implementation of Research and Development research as follows;

- 1) Potential Identification, Problems and Needs Researchers made preliminary observations at the Faculty of Sports Science to find out potential and problems. Preliminary observations were made using the interview method to the lecturers of basic football courses, using guidelines for identifying potential, problems and needs.
- 2) Log Book Validation soccer learning materials with a tactical approach by material experts, media experts, and subject lecturers. Revision Look Book football learning instructional materials with a tactical approach Log Book design development teaching

materials for football learning with tactical approaches and instruments Data collection or preliminary information, 3) Small scale trials,

- 4) Log Book Revisions soccer learning materials with tactical approaches by researchers ,
- 5) Large-scale trials,
- 6) Log Book Revisions, teaching materials for soccer learning with a tactical approach,
- 7) The final product of the Log Book teaching materials for soccer learning with a tactical approach.

#### 4 Result

The results of this development research are the development of a log book teaching materials for soccer learning with a tactical approach to the Basic Football course. Where the tactical approach itself is a learning approach, the implementation is carried out by applying situations such as in the actual game. With the log book, the process of learning basic soccer courses so far that has been done in the field using the drill approach can work well, where the learning process is only focused on mastering basic technical skills of soccer, so that when entering the game level students experience difficulties. These difficulties are like fear when mastering the ball so that the ball is easily taken away by the opponent. In this case the researcher estimates that the cause is due to the experience of students when following the learning process is not faced with circumstances similar to the actual football game. So that students can only master basic technical skills, while the football playing technique cannot, this will also have an impact on the learning process of football in the next semester.

The results of the validation and responses regarding the importance of developing a log book for teaching materials for soccer learning with a tactical approach to the Basic Football course, testers and testers showed that 80% said that a much needed 15% was needed and only 5% stated that it was not needed. Based on the results of this survey it can be believed that the development of a log book teaching materials for soccer learning with a tactical approach to the Basic Football course is needed.

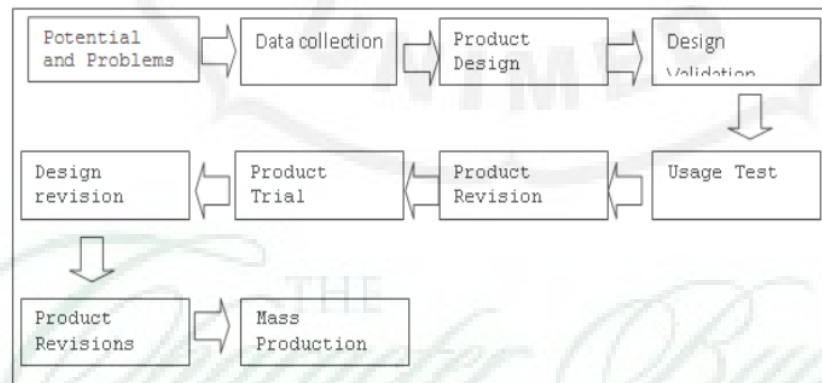


Figure 1. The Process of The Study

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