

Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

**[OAMJMS] Submission Acknowledgement**

2 messages

**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Tue, Dec 1, 2020 at 2:08 AM

Novita Sari Harahap:

Thank you for submitting the manuscript, "The Effect Physical Activity and Red Dragon Fruit (Hylocereus Polyrhizus) in Red Blood Cell and Haemoglobin in Trained " to Open Access Macedonian Journal of Medical Sciences. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Submission URL: <https://www.id-press.eu/mjms/authorDashboard/submission/5590>  
Username: novitasariharahap

If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Prof. Dr Mirko Spiroski

**NSH** <novitahrp74@gmail.com>  
To: "Prof. Dr Mirko Spiroski" <mspiroski@id-press.eu>

Tue, Dec 1, 2020 at 2:26 AM

Prof. Dr Mirko Spiroski

I have question how I get my manuscript can publish immediately, because for my promotion as a lecturer, is there a way and how. If I choose fast track review, can publish in December 2020.  
Thankyou

Best regard  
Novita Sari Harahap  
[Quoted text hidden]



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

**[OAMJMS] Regular Publication Fee 2020**

2 messages

**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
Reply-To: "Prof. Dr Mirko Spiroski" <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Fri, Dec 25, 2020 at 7:43 PM

Dear Novita Sari Harahap,

Please find details for your Regular Publication Fee of 400 € (EUR) for the manuscript "The Effect Physical Activity and Red Dragon Fruit (Hylocereus Polyrhizus) in Red Blood Cell and Haemoglobin in Trained " [oamjms.2020.5590], which should be prepared for publication in Open Access Maced J Med Sci (OAMJMS) and should be transferred in the next seven days.

If you intend to cancel your publication, please, send me information.

You can transfer Regular Publication Fee:

- online with the credit card by the following link: <https://www.id-press.eu/mjms/pubfees>.
- or transfer Regular Publication Fee by the bank account:

Beneficiary: Scientific Foundation SPIROSKI, Rajko Zhinzifov No 48, Skopje, Republic of Macedonia. IBAN CODE: MK07210722000034890, VAT Number: 4030004519877

Beneficiary's Bank: NLB BANKA AD SKOPJE, SWIFT code = TUTNMK22, Address = Mother Teresa 1, Country = Macedonia

Details: DOI = OAMJMS.2020.5590

Please, note that enclosed invoice and online transfer are different accounts, but both are legitimate!

Please, include your document of the transfer on the website.

Cordially,  
Prof. Dr Mirko Spiroski


**NSH** <novitahrp74@gmail.com>  
To: "Prof. Dr Mirko Spiroski" <mspiroski@id-press.eu>

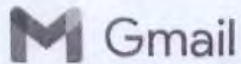
Mon, Dec 28, 2020 at 3:09 PM

Dear,  
Prof. Dr Mirko Spiroski

I have transferred for my regular publication fee of 400 € (EUR) for the manuscript "The Effect Physical Activity and Red Dragon Fruit (Hylocereus Polyrhizus) in Red Blood Cell and Haemoglobin in Trained " [oamjms.2020.5590].  
Thankyou for accepted my paper for publication in Open Access Maced J Med Sci (OAMJMS).

[Quoted text hidden]

 **payment Macedonia.pdf**  
465K



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

**[OAMJMS] Editor Decision**

1 message

**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Fri, Dec 25, 2020 at 7:44 PM

Novita Sari Harahap (Author):

We have reached a decision regarding your submission to Open Access Macedonian Journal of Medical Sciences, "The Effect Physical Activity and Red Dragon Fruit (Hylocereus Polyrhizus) in Red Blood Cell and Haemoglobin in Trained ", Manuscript ID = OJS5590.

Our decision is to: Accept your manuscript for publication in OAMJMS.

SciRev (<https://scirev.org/>) offers you the possibility to share your experience with the scientific review process with your colleagues (left search engine) and to select an efficient journal for submitting your manuscripts (right search engine). Because we would like to increase the quality of the review process, please register and submit your experience with the review process of your article published in Open Access Macedonian Journal of Medical Sciences in the SciRev (<https://scirev.org/questionnaire/macedonian-journal-of-medical-sciences/>).



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

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**[OAMJMS] New notification from Open Access Macedonian Journal of Medical Sciences**

1 message

Sat, Dec 26, 2020 at 8:42 PM

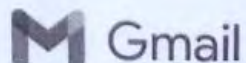
**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
Reply-To: "Prof. Dr Mirko Spiroski" <mspiroski@yahoo.com>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

You have a new notification from Open Access Macedonian Journal of Medical Sciences:

An issue has been published.

Link: <https://www.id-press.eu/mjms/issue/current>

Prof. Dr Mirko Spiroski



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

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**[OAMJMS] New notification from Open Access Macedonian Journal of Medical Sciences**

1 message

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**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
Reply-To: "Prof. Dr Mirko Spiroski" <mspiroski@yahoo.com>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

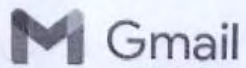
Mon, Dec 28, 2020 at 4:26 PM

You have a new notification from Open Access Macedonian Journal of Medical Sciences:

There is new activity in the discussion titled "[OAMJMS] Regular Publication Fee 2020" regarding the submission "The Effect Physical Activity and Red Dragon Fruit (Hylocereus Polyrhizus) in Red Blood Cell and Haemoglobin in Trained".

Link: <https://www.id-press.eu/mjms/authorDashboard/submission/5590>

Prof. Dr Mirko Spiroski



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

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**[OAMJMS] New notification from Open Access Macedonian Journal of Medical Sciences**

1 message

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**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
Reply-To: "Prof. Dr Mirko Spiroski" <mspiroski@yahoo.com>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

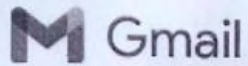
Fri, Jan 1, 2021 at 1:35 PM

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New announcement.

Link: <https://www.id-press.eu/mjms/announcement/view/74>

Prof. Dr Mirko Spiroski



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

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**[OAMJMS] Editor Decision**

1 message

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**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Sat, Jan 2, 2021 at 3:57 PM

Novita Sari Harahap (Author):

The editing of your submission, "The Effect Physical Activity and Red Dragon Fruit (Hylocereus Polyrhizus) in Red Blood Cell and Haemoglobin in Trained ," Manuscript ID = OJS5590 is complete. We are now sending it to production.

Submission URL: <https://www.id-press.eu/mjms/authorDashboard/submission/5590>

### Copyright Form

**Manuscript Number: OJS5590**

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**The Article cannot be published until this signed Agreement is received by OAMJMS.**

**SECTION A: Author's Warranty** (Please print your details)

Name: Novita Sari Harahap

Address: Setiabudi Pasar 2 , Komplek Astoria no.30 Medan, North Sumatera, Indonesia


Article title: The Effect Physical Activity and Red Dragon Fruit (*Hylocereus Polyrhizus*) in Red Blood Cell and Hemoglobin in Trained People

Names of all authors in the order in which they appear in the Article:

Nurhayati Simatupang, Suprayitno Suprayitno

In consideration of the publication of the Article in the above Journal, I hereby warrant and undertake:

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Author:  Date: 4 January 2021

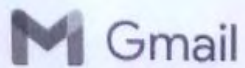
**SECTION B: Copyright Assignment**

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Author: Signed:  Date: 4 January 2021

In signing this form, the signee asserts that any authors not signing have authorised the signee to do so on their behalf, and that the manuscript submitted has been approved by these authors in the form in which it has been submitted, and that the warranties given above have been read and agreed by all authors.





Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

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**[OAMJMS] Editor Decision**

1 message

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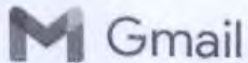
**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Sat, Jan 2, 2021 at 3:57 PM

Novita Sari Harahap (Author):

The editing of your submission, "The Effect Physical Activity and Red Dragon Fruit (*Hylocereus Polyrhizus*) in Red Blood Cell and Haemoglobin in Trained ," Manuscript ID = OJS5590 is complete. We are now sending it to production.

Submission URL: <https://www.id-press.eu/mjms/authorDashboard/submission/5590>



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

**[OAMJMS] Proofreading Request (Author)**

2 messages

Sun, Jan 3, 2021 at 2:21 PM

**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
Reply-To: "Prof. Dr Mirko Spiroski" <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Dear Novita Sari Harahap:

Your submission "The Effect Physical Activity and Red Dragon Fruit (*Hylocereus Polyrhizus*) in Red Blood Cell and Haemoglobin in Trained " to Open Access Macedonian Journal of Medical Sciences now needs to be proofread by following these steps.

1. Click on the Submission URL below.
2. Log into the journal and view **PROOFING INSTRUCTIONS**
3. Click on **VIEW PROOF** in Layout and proof the galley in the one or more formats used.
4. Enter corrections (typographical and format) in Proofreading Corrections using "Mark up text with edits" or "Use annotation and drawing markup tools to add comments in PDFs".
5. Save corrected Galley Proof with the addition "Corrected" to the file name (i.e., OAMJMS-8A-3gp0.pdf should be saved as OAMJMS-8A-3gp0-Corrected.pdf).
6. Click on the link "Add Discussion", define Subject "Corrected Galley Proof", write text in the field Message, Upload File in the field Attached Files.
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Submission URL: <https://www.id-press.eu/mjms/authorDashboard/submission/5590>  
Username: {\$authorUsername}

Prof. Dr Mirko Spiroski  
Open Access Macedonian Journal of Medical Sciences, Rajko Zhinzifov No. 48,1000 Skopje  
mspiroski@id-press.eu


Wed, Jan 6, 2021 at 12:47 AM


**NSH** <novitahrp74@gmail.com>  
To: "Prof. Dr Mirko Spiroski" <mspiroski@id-press.eu>

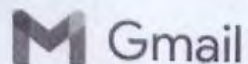
Dear Prof. Dr. Mirko Spiroski  
I have done corrected Galley Proof and sign Copyright form

Best regard  
Novita Sari Harahap  
[Quoted text hidden]

**2 attachments**

 **OAMJMS-8A-166gp0-Corrected.pdf.pdf**  
202K

 **5590-Copyright Form.docx**  
227K



Novita Sari Harahap &lt;novitahrp74@gmail.com&gt;

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**[OAMJMS] Your Article was Published**

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**Prof. Dr Mirko Spiroski** <mspiroski@id-press.eu>  
Reply-To: "Prof. Dr Mirko Spiroski" <mspiroski@id-press.eu>  
To: Novita Sari Harahap <novitahrp74@gmail.com>

Tue, Feb 23, 2021 at 11:54 AM

Dear Novita Sari Harahap,

Please note that your paper "The Effect of Physical Activity and Red Dragon Fruit (*Hylocereus polyrhizus*) in Red Blood Cell and Hemoglobin in Trained People" [oamjms.2020.5590], was published in Open Access Maced J Med Sci (OAMJMS).

Thank you for your fine contribution. On behalf of the Editors of the Open Access Macedonian Journal of Medical Sciences, we look forward to your continued contributions to the Journal.

Cordially,  
Prof. Dr Mirko Spiroski,  
Editor-in-Chief