

DAFTAR GAMBAR

	Hal
Gambar 1 : <i>Lateral Run</i>	15
Gambar 2 : <i>Lateral run two feach</i>	15
Gambar 3 : Crossover	16
Gambar 4 : <i>Alternatif step</i>	16
Gambar 5 : Carioca	17
Gambar 6 : Front back	17
Gambar 7 : <i>zig – zag shufle</i>	18
Gambar 8 : <i>Running straight</i>	18
Gambar 9 : <i>Kerangka berpikir</i>	21

UNIVERSITAS NEGERI
MEDAN
UNIMED

THE
Character Building
UNIVERSITY