

ABSTRAK

DESTRI ANGGRAINI LUBIS, NIM: 1133351050. Pengaruh Layanan Konseling Kelompok Teknik Latihan Asertif Terhadap Pengurangan Sikap *Projection* pada Siswa Kelas XI KI SMK Negeri 3 Medan Tahun Ajaran 2016/2017. Skripsi. Jurusan Psikologi Pendidikan dan Bimbingan. Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2017.

Tujuan penelitian ini adalah untuk mengetahui pengaruh layanan Konseling Kelompok Teknik Latihan Asertif Terhadap Pengurangan Sikap *Projection* pada Siswa Kelas XI Kimia Industri di SMK Negeri 3 Medan Tahun Ajaran 2016/2017. Penelitian ini merupakan penelitian kuantitatif dengan jenis *Quasi experimental* dan desain *Pretest-posttest one group design*. Populasi dalam penelitian ini adalah siswa kelas XI Kimia Industri. Sampel ditarik dengan menggunakan metode *purposive sampling* sebanyak 8 orang yang berasal dari kelas XI Kimia Industri. Data penelitian ini dikumpulkan dengan menggunakan angket sikap *projection* berjumlah 34 item pernyataan yang telah valid dan reliabel kemudian data dianalisis menggunakan uji Wilcoxon. Dari analisis data diperoleh $J_{hitung} = 10$ dengan $\alpha = 0,05$, adapun $J_{tabel} = 4$. Dari data tersebut terlihat bahwa $J_{hitung} > J_{tabel}$ dimana $10 > 4$ Artinya hipotesis diterima. Data *pretest* sikap *projection* diperoleh skor rata-rata 107,625, sedangkan data *posttest* sikap *projection* diperoleh skor rata-rata sebesar 73,75. Artinya skor rata-rata siswa setelah mendapat layanan konseling kelompok teknik latihan asertif lebih rendah sikap *projection* nya dari pada sebelum mendapat layanan konseling kelompok teknik latihan asertif. Layanan konseling kelompok teknik latihan asertif memberikan kontribusi sebesar 46% terhadap pengurangan sikap *projection* siswa kelas XI Kimia Industri SMK Negeri 3 Medan.

Kata Kunci : Konseling Kelompok, Teknik Latihan Asertif, Sikap *Projection*

ABSTRACT

DESTRI ANGGRAINI LUBIS, NIM: 1133351050. The Influence of Group Counseling Service with Assertive Training Technique on Projection Attitudes Reduction of Student Class XI Industrial Chemistry at State Vocational High School 3 Medan Academic Year 2016/2017. Thesis. Department of Educational Psychology and Guidance. Faculty of Science Education. State University of Medan. 2017.

The purpose of this research is to determine the effect of group counseling service with assertive training techniques on reduction of projection attitudes on students class XI industrial chemistry at State Vocational High School 3 Medan academic year 2016/2017. This research is a quantitative research with experimental quasi type and pretest-posttest one group design. Population in this research is class XI industrial chemistry. Samples are drawn by using purposive sampling method as many as 8 people who come from class XI of industrial chemistry. The data of this study were collected by using questionnaire of projection attitudes amounting to 34 items of statements that have been valid and reliable then the data were analyzed using wilcoxon test. From the data analysis obtained j count = 10, with $\alpha = 0.05$, while j table = 4. From the data it is seen that j arithmetic > j table where $10 > 4$ mean hypothesis accepted. Pretest data projection attitude obtained an average score of 107.625, while posttest data attitude projection obtained average score of 73.75. It means that the average score of students after receiving group counseling service assertive training techniques is lower the projection attitude than before getting group counseling services with assertive training techniques. Group counseling services assertive training techniques contributed 46% to the reduction of projection attitude of students class XI industrial chemistry State Vocational High School 3 Medan.

Keywords: Group Counseling, Assertive Training Technique, Projection Attitude