PREFACE

Praise and gratitude the authors say to almighty God, because of all his blessings and gifts, the authors can complete this thesis well. This thesis intented to fulfill on of the requirements in completing the study at Science of Sport Faculty, Medan State University.

Author realized that in the process of writing and completion of the thesis, the author received many suggestions and constructive criticism from various parties. Therefore, in this good occasion the author would like to express thankful and highest appreciation to the honorable :

- 1. Prof. Dr. Syawal Gultom, M.Pd, as the head of Medan State University.
- Dr. Budi Valianto, M.Pd, as the Dean of Science of Sport Faculty, Drs. Suharjo, M.Pd, as 1st Vice Dean, Syamsul Gultom, S.K.M, M.Kes as 2nd Vice Dean, and Drs. Mesnan, M.Kes, AIFO as 3rd Vice Dean.
- 3. Fajar Apollo Sinaga, S.Si, M.Si, Apt and Zulaini, S.K.M, M.Kes as the head and secretary of Science of Sport Department.
- 4. Indah Verawati, S.Psi, MA, as my beloved supervisor who have suggestion, instruction, and motivation to complete this thesis.
- 5. Drs. Ardi Nusri, M.Kes, AIFO, and Dr. Nurhayati Simatupang, M.Kes, as thesis examiner lecturer who have give the author suggestions, advice, instructions, so the author can complete the thesis.

- 6. All of the lecturer, accounting staff, and library staff, who have given convenience in administration and borrowing the reference book in completing this thesis.
- 7. Head of Perfect Unimed Soccer School, Mr. Ardi Nusri, and all the player who give permission, support, and motivation to completed the research and thesis.
- 8. Especially, this thesis I dedicated for both of my parents, my father Mr. J. Lumban Gaol, and my mom N. Sinaga, S.Pd. who raised me, pray for me, educate, taught, motivated, enthusiastic and support me to be able to college and be a devout child to parents, family, community, nation, especially to God. Thank you so much Mom and Dad.
- 9. For my beloved brother and sister, Patricia Adelina Lumban Gaol, Robby Natanael Lumban Gaol, and Sarah Yohana Lumban Gaol, who give me spirit and motivation to complete this thesis.
- 10. All of my family, for all of the pray, and motivation to complete my college.
- 11. For my beloved young brother Rezky Adrian Lumban Gaol, and my inspired Amanguda, Antonius Lumban Gaol, S.Pd, my uncle Hendrat Sinaga, which has been called to God's side. Thanks for all your prayer, may you rest in peace in eternal heaven. We really miss you.
- 12. My special one, Fitriyanti Banjarnahor, who give me motivations and suggestions to complete this thesis.

- 13. All of my classmates, IKOR B 2013, thanks for all your support and friendship.
- 14. For all of my friends, thanks for the motivation.

May God give the best for all of us, and may God grant our prayers, and hopefully we can reach our dreams and ambitions. Finally, the author hope that may this thesis is useful for all the people who see and read this thesis. Thank you so much.

Medan, September 2017

Author,

Tyson F. Lumban Gaol