REFERENCES

- Al-Zoubi, Z.H., et al. (2013). "The Relationship between Optimism-Pessimism and Personality Traits among Students in the Hashemite University". *Journal of 2International Studies*. 6, 8, 71-82.
- Bahrami, H., et al. (2015). "Study of Relationship between Optimism, Pessimism and Coping Strategies with Mental Health among University Students of Lorestan". Open Journal of Social Sciences. 3, 190-195.
- Chang, E.C., et al. (1997). "Optimism and Pessimism as Partially Independent Constructs: Relations to Positive and Negative Affectivity and Psychological Well-Being". *Personality and Individual Differences*. 23, 433-440.
- Elovainio, M., et al (2005). "Optimism and Pessimism as Predictors of Change in Health After Death or Onset of Severe Illness in Family". *Journal of Health Psychology*. 24, 4, 413-421.
- Fox, Elaine. (2013). Rainy Brain, Sunny Brain : The New Science of Optimism and Pessimism. London : Arrow Books.
- Gallagher, Barry B. (2008). *The Secret of Life Power*. USA : Nightengale Media LCC Company.
- Green, John. (2012). *The Fault In Our Stars*. New York : Dutton Children's Books.
- Kiecolt-Glaser, et al. (1997). "Distinguish Optimism From Pessimism in Older Adults: Is It More Important to Be Optimistic or Not to Be Pessimistic?". Journal of Personality and Social Psychology. 73, 6, 1345-1353.
- Liang, Chyi-lyi (Kathleen). (2013). "Enterpreneurial Characteristics, Optimism, Pessimism, and Realism – Correlation or Collision?". Journal of Business and Entrepreneurship. 22, 1, 1-22.

- Norem, J.K., & Cantor, N. (1983). "Defensive Pessimism: Harnessing Anxiety as Motivation". *Journal of Personality and Social Psychology*. 51, 1208-1271.
- Pulford, B.D. (2009). "Is Luck on My Side? Optimism, Pessimism, and Ambiguity Aversion". *Quarterly Journal of Experimental Psychology*. 62, 6, 1079-1087.
- Scheier, M.F., Carver, C.S. (1992). "Effects of Optimism and Psychological and Physical Well-Being: Theoretical Overview and Empirical Update". *Cognitive Therapy and Research*. 16, 201-228.
- Scheier, M.F., Carver, C.S., et al. (2001). "Optimism, Pessimism, and Psychological Well-Being". In E.C. Chang (ed)., *Optimism and Pessimism: Implications for Theory, Research, and Practice* (pp. 189-216) washington, DC: American Psychological Association.
- Schofield, P., et al. (2004). "Optimism and Survival in Lung Carcinoma Patients". *Cancer*. 100, 1276-1282.
- Sillent Night, et al. 2015. *Optimistic and Pessimistic Adolescence : A Comparison of Physical Fitness and Physiological Variables.* Hamburg : Anchor Academic Publishing.
- TenHouten, Warren D. 2007. *A General Theory of Emotions and Social Life*. London & New York : Routledge Taylor and Francis Group.
- Tomakowsky, J., et al. (2001). "Optimistic Explanatory Style and Dispositional Optimism in HIV-Infected Men". Journal of Psychosomatic Research. 51, 577-587.