

## DAFTAR LAMPIRAN

Lampiran	Hal
1. Tabel Biodata Atlet .....	40
2. Tabel Program Latihan.....	42
3. Tabel Post Test Power Otot Tungkai .....	42
4. Tabel Deskripsi Data.....	48
5. Tabel Uji Normalitas.....	51
6. Tabel Uji Homogenitas .....	54
7. Tabel Pengujian Hipotesis 1.....	56
8. Tabel Pengujian Hipotesis II.....	63
9. Tabel Pengujian Hipotesis III.....	70
10. Tabel Foto Kegiatan.....	74
11. Tabel Absensi Atlet.....	80

THE  
*Character Building*  
UNIVERSITY