

DAFTAR LAMPIRAN

Lampiran	
1. Lampiran 1. Program Latihan <i>Ladder Drill</i>	42
2. Lampiran 2. Mencari Rata-rata Simangan Baku dan Simpangan Baku <i>Pre-test Latihan Ladder Drill Terhadap Speed, Agility</i> dan <i>Quickness</i>	44
3. Lampiran 3. Mencari Rata-rata Simangan Baku dan Simpangan Baku <i>Pre-test Latihan Ladder Drill Terhadap Speed, Agility</i> dan <i>Quickness</i>	46
4. Lampiran 4. Data <i>Pre-test</i> dan <i>Post-test</i> Latihan <i>Ladder Drill</i> Terhadap <i>Speed, Agility</i> dan <i>Quickness</i>	48
5. Lampiran 5. Uji Normalitas Data <i>Pre-test</i> Terhadap <i>Speed</i>	49
6. Lampiran 6. Uji Normalitas Data <i>Post-test</i> Terhadap <i>Speed</i>	50
7. Lampiran 7. Uji Normalitas Data <i>Pre-test</i> Terhadap <i>Agility</i>	51
8. Lampiran 8. Uji Normalitas Data <i>Post-test</i> Terhadap <i>Agility</i>	52
9. Lampiran 9. Uji Normalitas Data <i>Pre-test</i> Terhadap <i>Quickness (Visual)</i> ...	53
10. Lampiran 10. Uji Normalitas Data <i>Post-test</i> Terhadap <i>Quickness (Visual)</i>	54
11. Lampiran 11. Uji Normalitas Data <i>Pre-test</i> Terhadap <i>Quickness (Audio)</i> .	55
12. Lampiran 12. Uji Normalitas Data <i>Post-test</i> Terhadap <i>Quickness (Audio)</i>	56
13. Lampiran 13. Uji Homogenitas	57
14. Lampiran 14. Hipotesis Pertama	60
15. Lampiran 15. Hipotesis Kedua	62
16. Lampiran 16. Hipotesis Ketiga	65
17. Lampiran 17. Dokumentasi Penelitian	69