

ABSTRAK

Zakiyatul Mu'minah, NIM 5193343036: Analisis Kemampuan Membuat Pola Rok Lipit Hadap Pada Siswa Kelas X Desain Dan Produksi Busana SMK Swasta Putra Anda Binjai. Skripsi. Program Studi Pendidikan Tata Busana, Jurusan Pendidikan Kesejahteraan Keluarga, Fakultas Teknik, Universitas Negeri Medan.2026

Pada pembelajaran tata busana di SMK swasta Putra Anda Binjai peserta didik diharapkan dapat menguasai keterampilan praktik, salah satunya yaitu keterampilan membuat pola rok lipit hadap. Namun, masih ditemukan kendala, seperti kurangnya pemahaman terhadap langkah pembuatan pola, penggunaan tanda-tanda pola, ketepatan ukuran, serta kerapian hasil pola. Penelitian ini bertujuan untuk menganalisis kemampuan peserta didik kelas X Desain dan Produksi Busana SMK Swasta Putra Anda Binjai dalam membuat pola rok lipit hadap.

Penelitian ini menggunakan metode deskriptif dengan pendekatan kuantitatif. Populasi sekaligus sampel penelitian berjumlah 30 peserta didik yang ditentukan menggunakan teknik total sampling. Instrumen penelitian berupa lembar pengamatan hasil pembuatan pola rok lipit hadap yang telah diuji validitas dan reliabilitasnya. Penilaian dilakukan oleh tiga orang penilai berdasarkan sepuluh indikator penilaian. Data yang diperoleh dianalisis menggunakan statistik deskriptif dalam bentuk skor, persentase, dan kategori penilaian.

Hasil penelitian menunjukkan bahwa kemampuan siswa dalam membuat pola rok lipit hadap berada pada kategori sangat baik. Berdasarkan hasil penilaian, sebanyak 20 siswa (67%) memperoleh nilai 90–100 dengan kategori sangat baik, 9 siswa (30%) memperoleh nilai 79–89 dengan kategori baik, dan 1 siswa (3%) memperoleh nilai 70–78 dengan kategori cukup baik. Nilai rata-rata yang diperoleh siswa adalah 92, yang termasuk dalam kategori sangat baik. Meskipun demikian, masih terdapat beberapa siswa yang mengalami kesulitan pada aspek ketepatan ukuran, penggunaan tanda-tanda pola, dan kerapian hasil pola. Dengan demikian, dapat disimpulkan bahwa kemampuan siswa kelas X Desain dan Produksi Busana SMK Swasta Putra Anda Binjai dalam membuat pola rok lipit hadap berada pada kategori sangat baik, namun masih diperlukan peningkatan pada beberapa aspek agar seluruh siswa mampu mencapai hasil yang lebih optimal.

Kata Kunci : Kemampuan Siswa, Pola Rok Lipit Hadap

ABSTRACT

Zakiyatul Mu'minah, Student ID Number 5193343036, Analysis of the Ability to Make a Pleated Skirt Pattern for Grade X Students of Fashion Design and Production at Putra Anda Private Vocational School, Binjai. Thesis. Fashion Design Education Study Program, Family Welfare Education Department, Faculty of Engineering, Medan State University. 2026

In the Fashion Design program at SMK Swasta Putra Anda Binjai, students are expected to master practical skills, one of which is the ability to construct a box-pleat skirt pattern. However, several challenges remain, including limited understanding of the pattern-making procedures, improper use of pattern markings, inaccuracies in measurements, and insufficient neatness in the completed pattern. This study aimed to analyze the ability of Grade X students in the Fashion Design and Production program at SMK Swasta Putra Anda Binjai to construct a box-pleat skirt pattern.

This study employed a descriptive quantitative research design. The population consisted of 30 Grade X students, all of whom were selected as the research sample using the total sampling technique. The research instrument was an observation sheet used to assess the completed box-pleat skirt patterns, which had been tested for validity and reliability. The assessment was conducted by three raters based on ten evaluation indicators. The collected data were analyzed using descriptive statistics, including scores, percentages, and performance categories.

The findings revealed that the students' ability to construct a box-pleat skirt pattern was categorized as very good. Based on the assessment results, 20 students (67%) achieved scores ranging from 90 to 100 and were classified as very good, 9 students (30%) obtained scores ranging from 79 to 89 and were classified as good, while 1 student (3%) achieved a score between 70 and 78 and was classified as fairly good. The overall mean score was 92, indicating a very good level of performance. Nevertheless, some students still encountered difficulties in terms of measurement accuracy, the use of pattern markings, and the neatness of the completed pattern. Therefore, it can be concluded that the ability of Grade X students in the Fashion Design and Production program at SMK Swasta Putra Anda Binjai to construct a box-pleat skirt pattern is generally very good, although further improvement is needed in several aspects to enable all students to achieve more optimal learning outcomes.

Keywords: Students' Ability, Knife Pleat Skirt Pattern.