

ABSTRAK

Suci Nur Abdillah. NIM. 5193143004. Efektivitas Penggunaan Media *Pocket Book* Materi Pembuatan Pola Dasar Busana Pada Kelas X Jurusan Tata Busana SMK Negeri 1 Beringin. Skripsi. Pendidikan Tata Busana. Universitas Negeri Medan.

Proses pembelajaran pembuatan pola dasar busana di kelas X Jurusan Tata Busana SMK Negeri 1 Beringin masih menghadapi beberapa kendala. Pembelajaran cenderung menggunakan buku paket dan metode ceramah sehingga siswa kurang aktif, mudah merasa bosan, serta mengalami kesulitan memahami langkah-langkah pembuatan pola dasar busana yang membutuhkan ketelitian dan keterampilan praktik. Kondisi tersebut berdampak pada belum optimalnya hasil praktik siswa. Oleh karena itu, diperlukan media pembelajaran yang mampu menyajikan materi secara ringkas, sistematis, dan mudah dipahami. Salah satu media yang dapat digunakan adalah *Pocket Book*. Penelitian ini bertujuan untuk mengetahui efektivitas penggunaan media *Pocket Book* terhadap hasil praktik pembuatan pola dasar busana siswa kelas X Jurusan Tata Busana SMK Negeri 1 Beringin.

Penelitian ini menggunakan metode pre-eksperimen dengan desain *One Group Pretest–Posttest Design*. Populasi penelitian berjumlah 60 siswa kelas X Jurusan Tata Busana SMK Negeri 1 Beringin Tahun Ajaran 2025/2026. Sampel penelitian berjumlah 35 siswa yang ditentukan menggunakan teknik *cluster sampling*, dengan menetapkan kelas X Busana 1 sebagai kelas sampel penelitian. Data dikumpulkan melalui lembar penilaian hasil praktik yang mencakup aspek ketepatan pengukuran, ketepatan perhitungan ukuran, ketepatan menggambar pola, kesesuaian bentuk pola, kerapian pola, ketepatan langkah kerja, ketepatan waktu, dan hasil akhir. Analisis data meliputi statistik deskriptif, uji normalitas menggunakan Chi Kuadrat, dan analisis *N-Gain*.

Hasil penelitian menunjukkan bahwa rata-rata hasil praktik meningkat dari 70 pada *pretest* menjadi 89 pada *posttest*. Hasil uji normalitas menunjukkan bahwa data berdistribusi normal. Hasil analisis *N-Gain* sebesar 60% berada pada kategori sedang. Dengan demikian, dapat disimpulkan bahwa media pembelajaran *Pocket Book* efektif dalam meningkatkan hasil praktik pembuatan pola dasar busana pada siswa kelas X Jurusan Tata Busana SMK Negeri 1 Beringin.

Kata Kunci: Media *Pocket Book*, Hasil Praktik, Pola Dasar Busana

ABSTRACT

Suci Nur Abdillah. NIM. 5193143004. The effectiveness of Pocket Book learning media on the practical learning outcomes of basic garment pattern making among Grade X students of the Fashion Design Department at SMK Negeri 1 Beringin. Undergraduated Thesis. Fashion Design Education. Universitas Negeri Medan.

The learning process for basic garment pattern making in Grade X of the Fashion Design Department at SMK Negeri 1 Beringin still faces several challenges. Learning activities tend to rely on textbooks and lecture-based methods, causing students to be less active, easily bored, and have difficulty understanding the step-by-step process of basic garment pattern making, which requires accuracy and practical skills. This condition has resulted in less-than-optimal student practical learning outcomes. Therefore, learning media that can present the material in a concise, systematic, and easily understandable manner are needed. One such medium is a Pocket Book. This study aimed to determine the effectiveness of Pocket Book learning media on the practical learning outcomes of basic garment pattern making among Grade X students of the Fashion Design Department at SMK Negeri 1 Beringin.

This study employed a pre-experimental method using a One-Group Pretest–Posttest Design. The population consisted of 60 Grade X students in the Fashion Design Department at SMK Negeri 1 Beringin during the 2025/2026 academic year. The sample comprised 35 students selected through cluster sampling, with Class X Fashion Design 1 designated as the research sample. Data were collected using a practical performance assessment sheet covering the aspects of measurement accuracy, size calculation accuracy, pattern drawing accuracy, pattern conformity, neatness of the pattern, accuracy of work procedures, time management, and final product quality. Data analysis included descriptive statistics, the Chi-Square normality test, and N-Gain analysis.

The results showed that the mean practical score increased from 70 in the pretest to 89 in the posttest. The normality test indicated that the data were normally distributed. Therefore, the alternative hypothesis (H_a) was accepted and the null hypothesis (H_0) was rejected. The N-Gain analysis produced a score of 60%, which falls into the moderate category. It can therefore be concluded that the Pocket Book learning media is effective in improving the practical learning outcomes of basic garment pattern making among Grade X students of the Fashion Design Department at SMK Negeri 1 Beringin.

Keywords: Media Pocket Book, Practice Result, basic garment pattern