

ABSTRAK

HANIFA RAIHAN FAKHIRA PURBA, Pengaruh Intensitas Keaktifan Organisasi Terhadap *Psychological Well-Being* Mahasiswa Universitas Negeri Medan. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2026.

Penelitian ini bertujuan untuk mengetahui apakah terdapat pengaruh intensitas keaktifan organisasi terhadap *psychological well-being* mahasiswa Universitas Negeri Medan. Penelitian ini menggunakan metode kuantitatif dengan pendekatan kuantitatif. Populasi dalam penelitian ini sebanyak 871 mahasiswa. Sehingga diambil sampel penelitian sebanyak 90 orang, ditentukan menggunakan rumus slovin dengan teknik *random sampling*. Uji validitas instrumen menggunakan rumus *Pearson Product Moment*, sedangkan uji reliabilitas menggunakan teknik *Cronbach Alpha*. Teknik analisis data yang digunakan adalah regresi linier sederhana. Hasil analisis regresi diperoleh persamaan $Y = 47,289 + 0,673 X$. Hasil uji t menunjukkan bahwa intensitas keaktifan organisasi berpengaruh terhadap *psychological well-being* dengan nilai t yaitu 9,044 dan Nilai signifikansi (Sig.) untuk variabel intensitas keaktifan organisasi sebesar $< 0,001$, yang berarti lebih kecil dari 0,05 sehingga hipotesis dalam penelitian ini diterima. Nilai koefisien determinasi (R^2) sebesar 0,482, yang berarti intensitas keaktifan organisasi memberikan pengaruh terhadap *psychological well-being* sebesar 48,2%. Dengan begitu dapat disimpulkan intensitas keaktifan organisasi memberikan pengaruh signifikan yang positif terhadap *psychological well-being* mahasiswa Universitas Negeri Medan.

Kata Kunci: Intensitas Keaktifan Organisasi, *Psychological Well-Being*

ABSTRACT

HANIFA RAIHAN FAKHIRA PURBA, The Effect of Organizational Activity Intensity on the Psychological Well-Being of Students at State University of Medan. Skripsi. Medan: Faculty of Education. State University of Medan. 2026.

This study aims to determine whether there is an effect of organizational activity intensity on the psychological well-being of students at State University of Medan. This research uses a quantitative method with a correlational approach. The population in this study consisted of 871 students. A sample of 90 respondents was selected using the Slovin formula with a random sampling technique. Instrument validity was tested using the Pearson Product Moment formula, while reliability was tested using the Cronbach Alpha technique. The data analysis technique used was simple linear regression. The results of the regression analysis obtained the equation $Y = 47.289 + 0.673X$. The results of the t-test show that organizational activity intensity has an effect on *psychological well-being*, with a t-value of 9.044 and a significance value (Sig.) for the organizational activity intensity variable of < 0.001 , which is less than 0.05, so the hypothesis in this study is accepted. The coefficient of determination (R^2) is 0.482, which means that organizational activity intensity contributes 48.2% to *psychological well-being*. Thus, it can be concluded that organizational activity intensity has a significant positive effect on the psychological well-being of students at State University of Medan.

Keywords: Organizational Activity Intensity, Psychological Well-Being

