

DAFTAR TABEL

Tabel 3.1 Rancangan Penelitian Pola M-S.....	24
Tabel 4.1 Data Pre-Test <i>Groundstroke</i> atlet club tenis Goenrich	31
Tabel 4.1 Data Post-Test <i>Groundstroke</i> atlet club tenis Goenrich.....	31

