

ABSTRAK

Rinaldi Bahri Lubis, NIM: 6203311003 "Pengembangan Variasi Latihan Passing Pendek Sepakbola Pada Sekolah Sepak Bola (SSB) Ps Goti" (Dosen Pembimbing Skripsi : Bangun Setia Hasibuan, S.Pd., M.Or.). Skripsi : Fakultas Ilmu Keolahragaan Universitas Negeri Medan 2025

Penelitian ini bertujuan untuk mencari tahu bagaimana Pengembangan Variasi Latihan Passing Pendek Sepakbola Pada Sekolah Sepak Bola (SSB) PS Goti.

Penelitian ini menggunakan pendekatan kualitatif dan kuantitatif serta menggunakan metode penelitian pengembangan *Research & Development* (R&D), Teknik pengambilan sampel dengan menggunakan teknik *Random Sampling*, Penyusunan sampel uji coba pada penelitian ini dengan tahap uji coba tahap I (uji coba kelompok kecil) dan uji tahap II (uji coba kelompok besar), Teknik analisis data digunakan untuk menganalisis data yang diperoleh melalui angket validasi dari para pembelajaran sepak bola dan praktisi pelatih, data juga diperoleh dari angket respon atlet

hasil penelitian ini menunjukkan. Passing Silang Berlian dengan 3 pemain (Diamond Pass with 3 player) layak digunakn dengan catatan perlunya perbaikan di segi Kemenarikan Tampilan Materi. Dalam penelitian ini Passing kontrol passing di dalam kotak layak digunakn dengan catatan perlunya perbaikan di segi Kejelasan Isi Materi, Kemudahan Pemahaman Materi, Kemenarikan Tampilan Materi, Kesesuain Bahasa Materi. Dalmpenelitian ini Passing Dengan 2 Pemain di Tengah Bergantian layak digunakn dengan catatan perlunya perbaikan di segi Kemenarikan Tampilan Materi. Dpenelitian ini Passing Dengan Mencari Target layak digunakn dengan catatan perlunya perbaikan di segi Kemenarikan Tampilan Materi

Kata Kunci : Pengembangan, Variasi dan Passing Pendek

ABSTRACT

Rinaldi Bahri Lubis, NIM: 6203311003 "Development of Short Passing Football Training Variations at the PS Goti Football School (SSB)" (Thesis Supervisor: Bangun Setia Hasibuan, S.Pd., M.Or.). Thesis: Faculty of Sport Science, State University of Medan 2025 This study aims to find out how to Develop Short Passing Football Training Variations at the PS Goti Football School (SSB).

This study uses a qualitative and quantitative approach and uses the Research & Development (R&D) development research method, Sampling techniques using the Random Sampling technique

Preparation of trial samples in this study with trial stage I (small group trial) and test stage II (large group trial), Data analysis techniques are used to analyze data obtained through validation questionnaires from football learning and coaching practitioners, data is also obtained from athlete response questionnaires

The results of this study show. Diamond Cross Passing with 3 players is feasible to use with the note that there is a need for improvement in terms of the Appeal of the Material Display. In this study, the control passing in the box is feasible to use with the note that there is a need for improvement in terms of the Clarity of the Content of the Material, Ease of Understanding the Material, the Appeal of the Material Display, and the Suitability of the Material Language. In this study, Passing with 2 Players in the Middle Alternating is feasible to use with the note that there is a need for improvement in terms of the Appeal of the Material Display. In this study, Passing by Finding a Target is feasible to use with the note that there is a need for improvement in terms of the Appeal of the Material Display

Keywords: Development, Variation and Short Passing