

ABSTRAK

Mhd. Aqil hasyim. NIM: 6193311047, “Pengembangan Model Latihan Dribbling Futsal Berbasis Media Audiovisual Di SMA Negeri 7 Medan”. Pembimbing: Usman Nasution. Skripsi: Fakultas Ilmu Keolahragaan UNIMED 2024.

Penelitian ini bertujuan untuk mengembangkan Model Latihan Dribbling Futsal dengan menggunakan Media Audiovisual di SMA Negeri 7 Medan. Metode yang digunakan adalah penelitian dan pengembangan (Research and Development). Partisipan penelitian terdiri dari 24 siswa yang aktif dalam ekstrakurikuler futsal di SMA Negeri 7 Medan. Instrumen penelitian meliputi pedoman wawancara, angket, dan observasi. Validitas model latihan dribbling futsal ini dinilai oleh ahli materi dengan skor 97,00% (kategori sangat baik) dan ahli media dengan skor 94,66% (kategori sangat baik). Produk ini diuji coba pada siswa yang mengikuti ekstrakurikuler futsal di SMA Negeri 7 Medan. Hasil uji skala kecil menunjukkan persentase 79,67% (kategori baik), sementara hasil uji skala besar menunjukkan persentase 98,08% (kategori sangat baik). Berdasarkan hasil uji lapangan yang menunjukkan produk ini masuk dalam kategori sangat baik, maka model latihan dribbling futsal berbasis media audiovisual ini dinyatakan layak untuk digunakan sebagai sumber latihan dribbling futsal di SMA Negeri 7 Medan.

Kata Kunci: Model Latihan, Media Audiovisual.

ABSTRACT

Mhd. Aqil Hasyim. Student ID: 6193311047, "Development of an Audiovisual-Based Futsal Dribbling Training Model at SMA Negeri 7 Medan". Advisor: Usman Nasution. Thesis: Faculty of Sports Science, UNIMED 2024.

This study aims to develop an Audiovisual-Based Futsal Dribbling Training Model for SMA Negeri 7 Medan. The research follows a Research and Development (R&D) methodology. The subjects of the study were 24 students from the school's futsal extracurricular program. Instruments used in the study included interview guidelines, questionnaires, and observations. The training model's feasibility was validated by experts, with material experts giving a score of 97.00% (very good) and media experts giving a score of 94.66% (very good). The product was tested on the futsal extracurricular students at SMA Negeri 7 Medan. Small-scale testing yielded a score of 79.67% (good), while large-scale testing yielded a score of 98.08% (very good). Based on field implementation tests, which rated the product as very good, the audiovisual-based futsal dribbling training model developed is considered suitable as a training resource at SMA Negeri 7 Medan.

Keywords: Training Model, Audiovisual Media.