

ABSTRAK

Muhammad Ferdi Hakim Siregar, NIM 6223311026, “Perbedaan Pengaruh Model Pembelajaran *Deep Learning* Dan Gaya Mengajar Resiprokal Terhadap Hasil Belajar *Dribble* Bola Basket Kelas VIII SMP Negeri 9 Binjai”, Skripsi Jurusan Pendidikan Jasmani Kesehatan dan Rekreasi, Fakultas Ilmu Keolahragaan, Universitas Negeri Medan 2026.

Penelitian ini bertujuan untuk menganalisis perbedaan pengaruh model pembelajaran *deep learning* dan gaya mengajar *resiprokal* terhadap hasil belajar *dribble* bola basket kelas VIII SMP Negeri 9 Binjai. Penelitian ini menggunakan metode eksperimen semu dengan desain *two-group pretest-posttest*. Teknik pengambilan sampel dalam penelitian ini menggunakan teknik *purposive sampling*. Sampel dalam penelitian berjumlah 60, yaitu 30 siswa (kelas eksperimen) dan 30 siswa (kelas kontrol). Instrumen penelitian menggunakan tes keterampilan *dribble* bola basket. Analisis data dilakukan dengan uji t-test. Hasil penelitian menunjukkan bahwa 1) Terdapat pengaruh yang signifikan model pembelajaran *Deep Learning* terhadap hasil belajar *dribble* bola basket pada siswa kelas VIII SMP Negeri 9 Binjai, terlihat dari nilai signifikan ($0,000 < 0,05$) dan juga nilai t hitung $> t$ tabel ($70,007 > 2,045$), 2) Terdapat pengaruh yang signifikan gaya mengajar *resiprokal* terhadap hasil belajar *dribble* bola basket pada siswa kelas VIII SMP Negeri 9 Binjai, terlihat dari nilai signifikan ($0,000 < 0,05$) dan juga nilai t hitung $> t$ tabel ($14,697 > 2,045$), 3) Terdapat perbedaan pengaruh antara model pembelajaran *Deep Learning* dan gaya mengajar *Resiprokal* terhadap hasil belajar keterampilan *dribble* bola basket pada siswa kelas VIII SMP Negeri 9 Binjai, terlihat dari nilai signifikan ($0,000 < 0,05$) dan juga nilai t hitung $> t$ tabel ($3,905 > 2,0017$), sehingga model pembelajaran *Deep Learning* lebih baik daripada gaya mengajar *Resiprokal* dalam meningkatkan keterampilan *dribble* bola basket.

Kata Kunci: *Deep Learning*; Gaya Mengajar *Resiprokal*; Keterampilan *Dribble*; Bola Basket

ABSTRACT

Muhammad Ferdi Hakim Siregar, NIM 6223311026, "The Difference in the Effect of the Deep Learning Model and the Reciprocal Teaching Style on the Learning Outcomes of Basketball Dribbling in Eighth Graders of SMP Negeri 9 Binjai," Thesis, Department of Physical Education, Health and Recreation, Faculty of Sport Science, Medan State University 2026.

This study aims to analyze the differences in the effects of the deep learning model and the reciprocal teaching style on the learning outcomes of basketball dribbling in eighth graders of SMP Negeri 9 Binjai. This study used a quasi-experimental method with a two-group pretest-posttest design. The sampling technique used was purposive sampling. The sample size was 60: 30 students (experimental class) and 30 students (control class). The research instrument used a basketball dribbling skills test. Data analysis was performed using a t-test. The results of the study show that 1) There is a significant influence of the Deep Learning learning model on the learning outcomes of basketball dribbling in class VIII students of SMP Negeri 9 Binjai, seen from the significant value ($0.000 < 0.05$) and also the calculated t value $> t$ table ($70.007 > 2.045$), 2) There is a significant influence of the reciprocal teaching style on the learning outcomes of basketball dribbling in class VIII students of SMP Negeri 9 Binjai, seen from the significant value ($0.000 < 0.05$) and also the calculated t value $> t$ table ($14.697 > 2.045$), 3) There is a difference in the influence between the Deep Learning learning model and the Reciprocal teaching style on the learning outcomes of basketball dribbling skills in class VIII students of SMP Negeri 9 Binjai, seen from the significant value ($0.000 < 0.05$) and also the calculated t value $> t$ table ($3.905 > 2.0017$), so that The Deep Learning model is superior to the Reciprocal Teaching Style in improving basketball dribbling skills.

Keywords: Deep Learning; Reciprocal Teaching Style; Dribbling Skills; Basketball