

ABSTRAK

Naila Zahra Maruhawa. 5213142014. “Hubungan Kesiapan Praktik dengan Hasil Praktik Roti Manis *Gluten Free* Siswa SMK Telkom 2 Medan”. Pendidikan Tata Boga. Pendidikan Kesejahteraan Keluarga. Fakultas Teknik. Universitas Negeri Medan. 2025.

Penelitian ini bertujuan untuk menganalisis: (1) Kesiapan Praktik; (2) Hasil Praktik Roti Manis *Gluten Free*; dan (3) Hubungan Kesiapan Praktik dengan Hasil Praktik Roti Manis *Gluten Free*. Lokasi penelitian dilaksanakan di SMK Telkom 2 Medan, waktu penelitian Mei 2025. Populasi dalam penelitian ini seluruh siswa kelas XI Tata Boga. Teknik penentuan sampel secara *Total Sampling* dan jumlah sampel 42 siswa. Teknik pengumpulan data dengan angket untuk kesiapan praktik dan penilaian hasil praktik untuk hasil praktik roti manis *gluten free*. Teknik analisis data secara deskripsi data, uji kecenderungan, dan uji persyaratan analisis dengan uji normalitas dan uji linieritas, serta uji hipotesis dengan uji korelasi *product moment*.

Hasil penelitian menunjukkan bahwa tingkat kecenderungan kesiapan praktik termasuk kategori tinggi sebesar 57,14 persen. Hasil praktik roti manis *gluten free* pada tingkat kecenderungan termasuk kategori kompeten yaitu sebesar 64,29 persen. Hasil analisis korelasi *product moment* terdapat hubungan yang positif dan signifikan antara kesiapan praktik dengan hasil praktik roti manis *gluten free* dengan nilai koefisien korelasi $r_{hitung} > r_{tabel}$ ($0,89 > 0,304$) pada taraf signifikan 5 persen. Artinya, semakin tinggi kesiapan praktik siswa maka semakin tinggi juga hasil praktik roti manis *gluten free*.

Kata kunci: Kesiapan Praktik, Hasil Praktik Roti Manis *Gluten Free*



ABSTRACT

Naila Zahra Maruhawa. 5213142014. "The Relationship between Practice Readiness with the Results of Gluten Free Sweet Bread Practice of SMK Telkom 2 Medan Students". Culinary Education. Family Welfare Education. Faculty of Engineering. Medan State University. 2025.

This research aims to analyze: (1) Practice Readiness; (2) Gluten Free Sweet Bread Practice Results; and (3) Relationship between Practice Readiness and Gluten Free Sweet Bread Practice Outcomes. The research location was carried out at SMK Telkom 2 Medan, the research time was May 2025. The population in this research were all students of class XI Tata Boga. The sampling technique was total sampling and the sample size was 42 students. Data collection techniques with questionnaires for practice readiness and assessment of practice results for gluten free sweet bread practice results. Data analysis techniques are data description, tendency test, and analysis requirements test with normality test and linearity test, and hypothesis testing with product moment correlation test.

The results showed that the tendency level of practice readiness was in the high category at 57,14 percent. The results of gluten free sweet bread practice at the tendency level included the competent category, which amounted to 64,29 percent. The results of the product moment correlation analysis show that there is a positive and significant relationship between practical readiness and the results of gluten free sweet bread practice with a correlation coefficient value $r_{\text{count}} > r_{\text{table}}$ (0,89 > 0,304) at a significant level of 5 percent. This means that the higher the student's practical readiness, the higher the student's performance.

Keywords: Practice Readiness, Gluten Free Sweet Bread Practice Results

