

ABSTRAK

Muhammad Mukmin As'ari, NIM 5181142008. "Hubungan Kemandirian Belajar Dengan Hasil Praktek *Mother sauce* di SMK Putra Anda Binjai". Skripsi. Program Studi Pendidikan Tata Boga. Jurusan Pendidikan Kesejahteraan Keluarga. Fakultas Teknik. Universitas Negeri Medan. 2025.

Tujuan dari penelitian ini yaitu untuk mengetahui; (1) Kemandirian siswa, (2) Hasil praktek siswa membuat *mother sauce*. (3) Hubungan kemandirian belajar dengan hasil praktek siswa membuat materi *mother sauce*. Metode yang digunakan dalam penelitian ini adalah deskriptif korelasi. Pelaksanaan penelitian ini dilaksanakan pada bulan April – Juni 2025. Sampel dalam penelitian ini adalah siswa kelas XI Konsentrasi Kuliner berjumlah 34 siswa. Pengambilan sampel dengan cara *total sampling*. Data kemandirian belajar dikumpulkan melalui kuesioner, sedangkan data hasil praktek *mother sauce* diperoleh melalui lembar pengamatan. Analisis data menggunakan metode deskriptif dan mengikuti persyaratan analisis seperti uji normalitas, uji linearitas, dan uji hipotesis dengan teknik korelasi *product moment*.

Hasil penelitian ini menunjukkan bahwa tingkat kecenderungan kemandirian belajar siswa termasuk kategori cenderung Tinggi sebesar 94,12 persen. Tingkat kecenderungan Hasil Belajar Praktek *Mother Sauce* termasuk kategori cenderung Sangat Baik sebesar 67,65 persen. Hasil analisis korelasi *product moment* terdapat hubungan yang positif dan signifikan antar Kemandirian Belajar dengan Hasil Praktek *Mother Sauce* pada taraf signifikan 5 persen diperoleh $r_{hitung} > r_{tabel}$ yaitu $(0,420 > 0,287)$. Artinya semakin tinggi Kemandirian Belajar maka semakin tinggi juga Hasil Praktek *Mother Sauce*. Nilai koefisien determinasinya $= (0,420)^2 = 0,18$ atau 18 persen. Artinya menunjukkan bahwa besarnya kontribusi variabel kemandirian belajar terhadap hasil praktik *mother sauce* sebesar 18 persen dan sisanya 82 persen dipengaruhi oleh faktor-faktor diluar penelitian ini



ABSTRACT

Muhammad Mukmin As'ari, NIM. 5181142008. "The Relationship Between Learning Independence and Mother Sauce Practical Results at SMK Putra Anda Binjai" Thesis. Culinary Education Study Program. Family Welfare Education Department. Faculty of Engineering. State University of Medan. 2025.

The purpose of this study is to determine: (1) students' learning independence, (2) students' practical results in making mother sauce, and (3) the relationship between learning independence and students' practical results in mother sauce preparation. This research employs a correlational descriptive method. The study was conducted from April to June 2025. The sample consisted of 34 students from the 11th grade Culinary Concentration class, selected through total sampling. Data on learning independence were collected using questionnaires, while data on mother sauce practical results were obtained through observation sheets. Data analysis used descriptive methods and fulfilled analytical requirements such as normality test, linearity test, and hypothesis testing with the product moment correlation technique.

The results showed that the tendency level of students' learning independence was categorized as high at 94.12 percent. The tendency level of mother sauce practical learning outcomes was categorized as very good at 67.65 percent. The product moment correlation analysis revealed a positive and significant relationship between learning independence and mother sauce practical results at a 5 percent significance level, with a calculated r-value greater than the critical r-value ($0.420 > 0.287$). This indicates that the higher the learning independence, the better the mother sauce practical results. The value of the coefficient of determination is $(0.420)^2 = 0.18$ or 18 percent. This indicates that the contribution of the variable learning independence to the practical results of mother sauce is 18 percent, while the remaining 82 percent is influenced by factors outside of this study.

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