

ABSTRAK

Syafrian Alfi Nasution, NIM. 6211111035. *Survey Sarana Dan Prasarana Pendidikan Jasmani Di Sekolah Dasar Terpadu Muhammadiyah 36 Medan.* Skripsi. (Pembimbing : Usman Nasution) Fakultas Ilmu Keolahrahaan, Universitas Negeri Medan. 2025

Penelitian ini bertujuan untuk mengetahui tingkat kelayakan sarana dan prasarana Pendidikan Jasmani, Olahraga, dan Kesehatan (PJOK) di Sekolah Dasar Muhammadiyah 36 Medan. Latar belakang penelitian ini didasari oleh pentingnya sarana dan prasarana sebagai faktor pendukung dalam pelaksanaan pembelajaran PJOK yang efektif, aman, dan menyenangkan bagi siswa. Penelitian ini menggunakan metode deskriptif kuantitatif dengan teknik survei, di mana data dikumpulkan melalui observasi langsung, wawancara, dan dokumentasi. Populasi penelitian mencakup seluruh sarana dan prasarana PJOK yang ada di sekolah tersebut, dan sampel ditentukan dengan teknik total sampling. Data dianalisis menggunakan rumus persentase kelayakan berdasarkan standar dalam Permendiknas Nomor 24 Tahun 2007.

Hasil penelitian menunjukkan bahwa tingkat kelayakan sarana dan prasarana PJOK di SD Muhammadiyah 36 Medan mencapai rata-rata 90% dan termasuk dalam kategori “Layak Tinggi.” Aspek permainan bola besar memperoleh kelayakan 86%, permainan raket 91,6%, atletik 90%, senam 82%, dan prasarana pendukung 100%. Hasil tersebut menunjukkan bahwa fasilitas olahraga di sekolah sudah cukup memadai, terkelola dengan baik, dan mendukung pembelajaran PJOK secara optimal. Kondisi ini juga berpengaruh positif terhadap motivasi serta partisipasi aktif siswa dalam kegiatan jasmani. Penelitian ini diharapkan dapat menjadi acuan bagi pihak sekolah dan lembaga pendidikan lainnya dalam meningkatkan pengelolaan dan pengadaan sarana serta prasarana pendidikan jasmani di sekolah dasar.

Kata Kunci: Sarana dan Prasarana, Pendidikan Jasmani, Kelayakan Fasilitas, Sekolah Dasar.

ABSTRACT

Yafrian Alfi Nasution, NIM. 6211111035. Survey of Physical Education Facilities and Infrastructure at Muhammadiyah 36 Integrated Elementary School, Medan. Thesis. (Supervisor : Usman Nasution) Faculty of Sports Science, State University of Medan. 2025

This study aims to determine the feasibility level of Physical Education, Sports, and Health (PJOK) facilities and infrastructure at Muhammadiyah Elementary School 36 Medan. The research was conducted based on the importance of adequate facilities as a supporting factor for effective, safe, and enjoyable learning activities. The study employed a quantitative descriptive method using a survey approach, where data were collected through observation, interviews, and documentation. The population consisted of all PJOK facilities and infrastructure at the school, while the sample was determined using total sampling techniques. Data were analyzed using the percentage formula of feasibility based on the standards set in Ministerial Regulation No. 24 of 2007.

The results showed that the overall feasibility level of PJOK facilities and infrastructure at Muhammadiyah 36 Medan reached an average of 90%, categorized as “Highly Feasible.” The feasibility levels for each aspect were 86% for ball games, 91.6% for racket games, 90% for athletics, 82% for gymnastics, and 100% for supporting infrastructure. These results indicate that the school’s sports facilities are adequate, well-maintained, and effectively support PJOK learning activities. Such conditions also positively affect students’ motivation and active participation in physical activities. The findings of this research are expected to serve as an evaluation and reference for schools and educational institutions to improve the management and procurement of physical education facilities and infrastructure at the elementary school level.

Keywords: Facilities and Infrastructure, Physical Education, Feasibility, Elementary School.