

## ABSTRAK

**Imelda Bangun. NIM 5213342047. “Hubungan Dukungan Orang Tua Dan Tingkat Kepercayaan Diri Dengan Hasil Praktek Pengolahan Dan Penyajian Makanan di SMK Swasta Arina Sidikalang”. Pendidikan Tata Boga. Pendidikan Kesejahteraan Keluarga. Fakultas Teknik. Universitas Negeri Medan. 2025.**

Penelitian ini bertujuan untuk mengetahui: 1) Dukungan orang tua siswa pada praktik produk bolu kukus.2) Kepercayaan diri siswa pada praktik produk bolu kukus.3) Hasil praktik siswa dalam pembuatan produk bolu kukus.4) Terdapat hubungan antara dukungan orang tua dengan hasil praktik produk bolu kukus.5) Terdapat hubungan antara tingkat percaya diri dengan hasil praktik produk bolu kukus.6) Terdapat hubungan antara dukungan orang tua dan tingkat percaya diri secara bersama-sama terhadap hasil praktik produk bolu kukus. Lokasi penelitian dilaksanakan di SMK Swasta Arina Sidikalang, waktu penelitian September 2025. Populasi dalam penelitian ini terdiri dari 30 siswa. Teknik penentuan sampel secara total sampling. Teknik pengumpulan data dengan angket untuk dukungan orang tua dan tingkat kepercayaan diri, sedangkan untuk hasil praktik bolu kukus mekar melalui penilaian hasil praktik. Teknik analisis data secara deskripsi data, dan uji persyaratan analisis, dengan uji normalitas, dan uji linieritas, serta uji hipotesis dengan uji korelasi product moment, uji parsial dan korelasi ganda.

Hasil penelitian menunjukkan Tingkat kecenderungan dukungan orang tua termasuk dalam kategori cenderung cukup sebesar 76,67 persen. Tingkat kecenderungan tingkat kepercayaan diri termasuk kategori cenderung cukup sebesar 80 persen. Tingkat kecenderungan hasil praktik produk bolu kukus termasuk kategori cenderung baik sebesar 63,34 persen. Berdasarkan hasil analisis korelasi parsial. Terdapat hubungan positif dan signifikan antara Dukungan Orang Tua ( $X^1$ ) dengan Hasil Praktik Bolu Kukus Mekar (Y) dengan nilai korelasi parsial  $r_{yx1x2} = 0,470$  dan nilai koefisien korelasi parsial  $t_{hitung} > t_{tabel}$  ( $2,817 > 1,69$ ), pada taraf signifikan 5 persen. Artinya semakin tinggi Dukungan Orang Tua ( $X^1$ ), maka semakin tinggi Hasil Praktik Bolu Kukus Mekar (Y). Berdasarkan hasil analisis korelasi parsial. Terdapat hubungan positif dan signifikan antara Tingkat Kepercayaan Diri ( $X^2$ ) dengan hasil Praktik Bolu Kukus (Y) dengan nilai korelasi parsial  $r_{yx1x2} = 0,431$  dan nilai koefisien korelasi parsial  $t_{hitung} > t_{tabel}$  ( $2,527 > 1,69$ ) pada taraf signifikan 5 persen. Artinya semakin tinggi Tingkat Kepercayaan Diri ( $X^2$ ), maka semakin tinggi Hasil Praktik Bolu Kukus Mekar (Y). Berdasarkan hasil analisis korelasi ganda terdapat hubungan positif dan signifikan antara Dukungan Orang Tua ( $X^1$ ) dan Tingkat Kepercayaan Diri ( $X^2$ ) dengan Hasil Praktik Bolu Kukus Mekar (Y). diperoleh nilai korelasi ganda  $R_{yx1x2} = 0,734$  dan nilai koefisien korelasi  $f_{hitung} > f_{tabel}$  ( $15,768 > 3,35$ ) pada taraf signifikan 5% artinya semakin tinggi Dukungan Orang Tua dan Tingkat Kepercayaan Diri maka semakin tinggi Hasil Praktik Bolu Kukus Mekar siswa SMK Swasta Arina Sidikalang.

**Kata Kunci : Dukungan Orang Tua, Tingkat Kepercayaan Diri, Hasil Praktek Bolu Kukus**

## ABSTRACT

**Imelda Bangun. Student ID 5213342047. "The Relationship Between Parental Support and Self-Confidence Levels and the Results of Food Processing and Serving Practices at Arina Sidikalang Private Vocational School." Culinary Arts Education. Family Welfare Education. Faculty of Engineering, State University of Medan. 2025.**

This study aims to determine: 1) support from students' parents in the practice of steamed sponge cake products. 2) Students' self-confidence in the practice of steamed sponge cake products. 3) the results of students' practice in making steamed sponge cake products. 4) there is a relationship between parental support and the results of steamed sponge cake product practice. 5) there is a relationship between the level of self-confidence and the results of steamed sponge cake product practice. 6) there is a relationship between parental support and the level of self-confidence together with the results of steamed sponge cake product practice. The location of the study was carried out at Arina Sidikalang Private Vocational School, the research time was September 2025. The population in this study consisted of 30 students. The sampling technique was total sampling. Data collection techniques with questionnaires for parental support and self-confidence levels, while for the results of the Mekar steamed sponge cake practice through an assessment of the results of the practice. Data analysis techniques were data descriptions, and analysis requirements tests, with normality tests, and linearity tests, as well as hypothesis tests with product moment correlation tests, partial tests and multiple correlations.

The results of the study showed that the level of parental support tendency was included in the category of tending to be sufficient at 76,67 percent. The level of self-confidence tendency was included in the category of tending to be sufficient at 80 percent. The level of tendency of the results of the practice of the Mekar Steamed Sponge product was included in the category of tending to be very good at 63,34 percent. The results of the partial correlation analysis. Between Parental Support (X1) and the Results of the Mekar Steamed Sponge Practice (Y) if the Level of Self-Confidence (X2) remains the Level of Self-Confidence (X2) remains, then there is a positive and significant relationship between Parental Support (X1) and the results of the Mekar Steamed Sponge Practice (Y) with a partial correlation value of  $r_{yx1x2} = 0,470$  The results of the partial correlation analysis. Between Parental Support (X2) and the Results of Steamed Sponge Cake Practice (Y) if the Self-Confidence Level (X1) remains (X1) remains, then there is a positive and significant relationship between the Self-Confidence Level (X2) and the results of Steamed Sponge Cake Practice (Y) with a partial correlation value of  $r_{yx1x2} = 0,431$  The results of the multiple correlation analysis between Parental Support (X1) and Self-Confidence Level (X2) with the Results of Steamed Sponge Cake Practice (Y). obtained a multiple correlation value of  $R_{yx1x2} = 0,734$ , meaning that the higher the Parental Support and Self-Confidence Level, the higher the Results of Steamed Sponge Cake Practice of Arina Sidikalang Private Vocational School students.

**Keywords : *The Relationship Between Parental Support and Self-Confidence Levels and the Results of Food Processing***