

ABSTRAK

Fazlina Aulya Putri. 5213342013. “Hubungan Kepercayaan Diri Dengan Hasil Praktek Fusion Food Di SMK Putra Anda Binjai”. Pendidikan Tata Boga. Pendidikan Kesejahteraan Keluarga. Pendidikan Tata Boga. Fakultas Teknik. Universitas Negeri Medan. 2025.

Penelitian ini bertujuan untuk mengetahui: (1) Kepercayaan Diri. (2) Hasil Praktek siswa pada Fusion Food (3) Hubungan Kepercayaan Diri Dengan Hasil Praktek Fusion Food. Lokasi penelitian ini dilakukan di SMK Putra Anda Binjai. Waktu Penelitian Oktober 2025. Kelompok sasaran dalam penelitian ini seluruh pelajar kelas XI Tata Boga yang berjumlah 30 murid. Teknik penentuan sampel secara *Total Sampling*. Teknik pengumpulan data dengan kuesioner untuk mengetahui Kepercayaan Diri pada murid dan untuk hasil praktek Fusion Food melalui lembar penilaian hasil praktek. Teknik analisis data secara Deskripsi Data dengan Uji Persyaratan Analisis, Uji Normalitas dengan Uji Linieritas, serta Uji Hipotesis dengan Uji Korelasi *Product Moment*.

Hasil penelitian menunjukkan bahwa tingkat kecendrungan Kepercayaan Diri termasuk kategori tinggi sebesar 53 persen (16 siswa) dan Hasil Praktek Fusion Food termasuk kategori sangat kompeten sebesar 57 persen (17 siswa). Hasil Analisis Uji Normalitas dengan $dk=5$ pada variabel Kepercayaan Diri yakni $\chi^2_{hitung} < \chi^2_{tabel}$ ($7,0 < 11,07$) dan variabel hasil praktek Fusion Food yaitu $\chi^2_{hitung} < \chi^2_{tabel}$ ($4,75 < 11,07$) pada taraf signifikan 5 persen berdistribusi Normal. Hasil Uji Linieritas hasil Fusion food (Y) atas Kepercayaan Diri (X) dengan nilai $F_{hitung} < F_{tabel}$ yakni ialah Linier dengan bentuk persamaan regresi $Y = 93,71 + 0,20X$ pada taraf kepercayaan $\alpha = 0,05$. Koefisien arah regresi Y atas X ialah berarti karena $F_{hitung} > F_{tabel}$ ($19,91 > 4,20$), Berdasarkan hasil analisis korelasi product moment, ditemukan adanya korelasi yang positif dan signifikan antara Kepercayaan Diri dengan hasil praktik Fusion Food, dengan nilai $r_{xy} = 0,113$. Dengan demikian $r_{hitung} > r_{tabel}$ ($0,113 > 0,36$) pada taraf signifikan 5%. Dapat diamati bahwa semakin besar kepercayaan diri murid, semakin baik pula hasil yang diperoleh dalam praktik Fusion Food.

ABSTRACT

Fazlina Aulya Putri.5213342013. "The Relationship Between Self-Confidence and Fusion Food Practice Results at SMK Putra Anda Binjai" Culinary Arts Education. Family Welfare Education. Culinary Arts Education. Faculty of Engineering. State University of Medan. 2025.

This study aims to determine: (1) Self-confidence. (2) Students' practical results in fusion food. (3) The relationship between self-confidence and practical results in fusion food. This study was conducted at SMK Putra Anda Binjai. The study period was October 2025. The target group in this study was all 30 students in the 11th grade culinary arts class. The sampling technique used was total sampling. Data collection techniques included questionnaires to determine students' self-confidence and practical results in fusion food through practical result assessment sheets. Data analysis techniques included descriptive data with analysis requirement tests, normality tests with linearity tests, and hypothesis tests with product moment correlation tests.

The results of the study show that the level of self-confidence is in the high category at 53 percent (16 students) and the Fusion Food practice results are in the highly competent category at 57 percent (17 students). The results of the Normality Test Analysis with $dk=5$ on the Self-Confidence variable, namely $c^2_{count} < c^2_{table}$ ($7,0 < 11,07$) and the Fusion Food Practice Results variable, namely $c^2_{count} < c^2_{table}$ ($4,75 < 11,07$) at a significance level of 5 percent, is normally distributed. The results of the linearity test of Fusion Food results (Y) on Self-Confidence (X) with a value of $F_{count} < F_{table}$, namely Linear with the regression equation $Y = 93,71 + 0,20X$ at a confidence level of $\alpha = 0,05$. The regression coefficient of Y on X is significant because $F_{calculated} > F_{table}$ ($19,91 > 4,20$). Based on the results of the product moment correlation analysis, a positive and significant correlation was found between Self-Confidence and Fusion Food practice results, with a value of $r_{xy} = 0,113$. Thus, $r_{hitung} > r_{tabel}$ ($0,113 > 0,36$) at a significance level of 5%. It can be observed that the greater the students' self-confidence, the better the results obtained in the fusion food practice.