

## ABSTRAK

**Azikha Candya Sabitah 5213342007. “Hubungan Kemandirian Belajar Dengan Hasil Praktik *Pastry Bakery* Di SMKS Sinar Husni 1 BM”. Pendidikan Tata Boga. Pendidikan Kesejahteraan Keluarga. Fakultas Teknik. Universitas Negeri Medan. 2026.**

Penelitian ini bertujuan untuk mengetahui: (1) Kemandirian Belajar; (2) Hasil Praktik *Pastry* Dan *Bakery*; (3) Hubungan Kemandirian Belajar dan Hasil Praktik *Pastry* Dan *Bakery*. Lokasi penelitian ini di SMKS Sinar Husni 1 BM. Waktu penelitian ini dilakukan pada bulan September 2025 di SMKS Sinar Husni 1 BM dengan melibatkan 30 siswa kelas XI Tata Boga melalui teknik total sampling. Data dikumpulkan menggunakan angket (kemandirian belajar) dan lembar penilaian praktik (untuk hasil praktik *pastry* dan *bakery*). Teknik penentuan sampel secara *Total Sampling*. Teknik analisis data secara Deskripsi Data dengan Uji Persyaratan Analisis, Uji Normalitas dengan Uji Linieritas, serta Uji Hipotesis dengan Uji Korelasi *Product Moment*.

Hasil temuan Kemandirian Belajar dapat diperoleh dalam kategori cenderung Cukup sebesar 86,67 persen, dan Hasil Praktik *Pastry* dan *Bakery* termasuk kategori Baik sebesar 76,67 persen. Hasil Analisis Uji Normalitas dengan  $dk= 5$  pada variabel Kemandirian Belajar yakni  $\chi^2_{hitung} < \chi^2_{tabel}$  ( $7,55 < 11,07$ ) dan variabel hasil praktik *Pastry* dan *Bakery* yaitu  $\chi^2_{hitung} < \chi^2_{tabel}$  ( $6,73 < 11,07$ ) pada taraf signifikan 5 persen berdistribusi Normal. Hasil Uji Linieritas hasil *Pastry* dan *Bakery* (Y) atas Kemandirian belajar (X) dengan nilai  $F_{hitung} < F_{tabel}$  yakni ialah Linier dengan bentuk persamaan regresi  $Y = 76,78 + 0,85 X$  pada taraf kemandirian belajar  $\alpha = 0,05$ . Koefisien arah regresi Y atas X ialah berarti karena  $F_{hitung} > F_{tabel}$  ( $0,50 > 2,42$ ), Berdasarkan hasil analisis korelasi product moment, ditemukan adanya korelasi yang positif dan signifikan antara Kemandirian Belajar dengan hasil praktik *Pastry* dan *Bakery*, dengan nilai  $r_{xy} = 0,808$ . Dengan demikian  $r_{hitung} > r_{tabel}$  ( $0,808 > 0,361$ ) pada taraf signifikan 5%. Dapat diamati bahwa semakin besar kemandirian belajar siswa, semakin baik pula hasil yang diperoleh dalam praktik *Pastry* dan *Bakery*.

**Kata Kunci :** Kemandirian Belajar Dan Hasil Praktik *Pastry* dan *Bakery*.

## ABSTRACT

**Azikha Candya Sabitah 5213342007. "The Relationship Between Learning Independence Pastry and Bakery Practical Outcomes at SMKS Sinar Husni 1 BM." Culinary Arts Education. Family Welfare Education. Faculty of Engineering, State University of Medan. 2026.**

*This study aims to determine: (1) Learning Independence; (2) Pastry and Bakery Practical Outcomes; (3) The Relationship Between Learning Independence and Pastry and Bakery Practical Outcomes. The location of this study was SMKS Sinar Husni 1 BM. This study was conducted in September 2025 at SMKS Sinar Husni 1 BM, involving 30 11th-grade Culinary Arts students using a total sampling technique. Data were collected using a questionnaire (learning independence) and a practical assessment sheet (for pastry and bakery practical outcomes). The sampling technique used was total sampling. Data analysis techniques used were Data Description with Analysis Requirements Test, Normality Test with Linearity Test, and Hypothesis Test with Product Moment Correlation Test.*

*The findings of Learning Independence can be obtained in the category tending to be Sufficient at 86,67 percent, and Pastry and Bakery Practice Results are included in the Good category at 76,67 percent. The results of the Normality Test Analysis with  $dk = 5$  on the Learning Independence variable are  $\chi^2_{count} < \chi^2_{table}$  ( $7,55 < 11,07$ ) and the Pastry and Bakery practice results variable is  $\chi^2_{count} < \chi^2_{table}$  ( $6,73 < 11,07$ ) at a significant level of 5 percent normally distributed. The results of the Linearity Test of Pastry and Bakery results (Y) on Learning Independence (X) with a value of  $F_{count} < F_{table}$ , namely Linear with a regression equation form of  $Y = 76,78 + 0,85 X$  at a learning independence level of  $\alpha = 0,05$ . The regression direction coefficient of Y on X is significant because  $F_{count} > F_{table}$  ( $0,50 > 2,42$ ). Based on the results of the product moment correlation analysis, a positive and significant correlation was found between Learning Independence and the results of Pastry and Bakery practice, with a value of  $r_{xy} = 0,808$ . Thus,  $r_{count} > r_{tabel}$  ( $0,808 > 0,361$ ) at a significance level of 5%. It can be observed that the greater the student's learning independence, the better the results obtained in Pastry and Bakery practice.*

**Keywords:** Learning Independence with Pastry and Bakery Practice Result.