

ABSTRAK

TRI RIZKY WULANDARI. Meningkatkan Kemampuan Beradaptasi Multikultural Melalui Layanan Bimbingan Klasikal Siswa Kelas VII SMP Wage Rudolf Supratman 2 T.A 2024/2025. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2026.

Penelitian ini bertujuan untuk meningkatkan kemampuan beradaptasi multikultural melalui layanan bimbingan klasikal siswa kelas VII SMP Wage Rudolf Supratman 2 T.A 2024/2025. Metode yang digunakan adalah penelitian tindakan bimbingan dan konseling (PTBK), yang dilaksanakan dalam dua siklus, yaitu siklus I dan siklus II. Setiap siklus mencakup tahapan perencanaan, pelaksanaan, observasi, refleksi, dan evaluasi. Subjek dalam penelitian ini berjumlah 38 orang siswa kelas VII-C. Pengumpulan data dilakukan menggunakan angket kemampuan beradaptasi multikultural sebanyak 38 butir pernyataan yang telah diuji melalui uji validitas dan reliabilitas. Teknik analisis data dilakukan secara deskriptif dengan membandingkan persentase skor sebelum dan sesudah diberikan perlakuan berupa layanan bimbingan klasikal. Hasil penelitian menunjukkan bahwa sebelum diberikan tindakan, rata-rata skor kemampuan beradaptasi multikultural siswa adalah 84 dengan persentase 55%. Setelah tindakan diberikan pada siklus I, rata-rata skor meningkat menjadi 112 dengan persentase 74%, dan kembali meningkat pada siklus II menjadi 136 dengan persentase 90%. Berdasarkan hasil observasi secara keseluruhan layanan bimbingan klasikal memberikan dampak positif terhadap peningkatan kemampuan beradaptasi multikultural siswa. Siswa tidak hanya mampu memahami arti penting keberagaman, tetapi juga menunjukkan perubahan nyata dalam sikap, perilaku, dan cara berinteraksi yang lebih toleran, terbuka, serta penuh rasa saling menghormati di lingkungan sekolah. Dengan demikian, dapat disimpulkan bahwa layanan bimbingan klasikal terbukti dapat meningkatkan kemampuan beradaptasi multikultural siswa kelas VII SMP Wage Rudolf Supratman 2 T.A 2024/2025.

Kata Kunci : Kemampuan Beradaptasi Multikultural, Layanan Bimbingan Klasikal



ABSTRACT

TRI RIZKY WULANDARI. Enhancing Multicultural Adaptation Skills through Classical Guidance Services for Seventh Grade Students at SMP Wage Rudolf Supratman 2, Academic Year 2024/2025. Skripsi. Medan: Faculty of Education. Universitas Negeri Medan. 2026.

This study aims to enhance students' multicultural adaptation skills through classical guidance services provided to seventh-grade students at SMP Wage Rudolf Supratman 2 in the 2024/2025 academic year. The method employed in this research is Guidance and Counseling Action Research (PTBK), which was carried out in two cycles: Cycle I and Cycle II. Each cycle consisted of the stages of planning, implementation, observation, reflection, and evaluation. The subjects of this study were 38 students from class VII-C. Data were collected using a multicultural adaptation skills questionnaire consisting of 38 statement items that had been validated through reliability and validity testing. The data analysis technique used descriptive comparison by examining the percentage of scores before and after the intervention in the form of classical guidance services. The results showed that prior to the intervention, the average score of students' multicultural adaptation skills was 84, with a percentage of 55%. After the implementation of Cycle I, the average score increased to 112 (74%), and further increased in Cycle II to 136 (90%). Based on the overall observation results, the classical guidance services had a positive impact on improving students' multicultural adaptation skills. Students not only gained a better understanding of the importance of diversity, but also demonstrated noticeable improvements in their attitudes, behaviors, and interpersonal interactions—showing greater tolerance, openness, and mutual respect within the school environment. Therefore, it can be concluded that classical guidance services are effective in enhancing the multicultural adaptation skills of seventh-grade students at SMP Wage Rudolf Supratman 2 in the 2024/2025 academic year.

Keywords : Multicultural Adaptation Skills, Classical Guidance Services

